

# Elders December 2019



| Sunday | Monday   | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday |
|--------|--|--|---|---|--|----------|
| 1      | 2<br>Shopping and Dr<br>Appts<br>Cape Mudge            | 3<br>Shopping and Dr<br>Appts in am<br>Quinsam   | 4<br>Elders Christmas<br>Lunch Quinsam<br>Hall Noon | 5<br>Home Visits am<br>Games day 1 pm<br>Crib Yahtzee<br>Quinsam hall | 6<br>Shopping am Dr<br>Appts pm<br>Quinsam       | 7        |
| 8      | 9<br>Home Visits Cape<br>Mudge                         | 10<br>Shopping and Dr<br>Appts in am<br>Quinsam  | 11<br>Shopping and Dr<br>Appts Cape<br>Mudge        | 12<br>KDC Health<br>Forum Quinsam<br>Hall 830-4 pm                    | 13<br>KDC Health<br>Forum Quinsam<br>830-12 noon | 14       |
| 15     | 16<br>Home Visits<br>Quinsam                           | 17<br>Shopping and Dr<br>Appts in am<br>Quinsam  | 18<br>Shopping and Dr<br>Appts Cape<br>Mudge        | 19<br>Elders Lunch<br>Quinsam noon                                    | 20<br>off  | 21       |
| 22     | 23<br>Merry Christmas<br>will return<br>January 6 2020 | 24   | 25  | 26  | 27   | 28       |
| 29     | 30   | 31   | 1   | 2   | 3  | 4        |
| 5      | 6  | Notes<br>Please call if you need a ride 24 hours in advance 250-287-0613, doctors appointments I need at least a weeks notice, Thank you |   |   |  |          |