



WE WAI KAI NATION NEWSLETTER



August 27, 2025

- Notice of By-Election & List of Candidates
- Elk Draw Information
- Books & Supply Form for Students
- Save the Date: Citizenship Assembly & Membership Meeting
- Citizenship Information
- Call for Ligwildaxw Artists – Request for Proposals
- Tales from the Vault – The gift of Salmon
- Place Names – Summer Update
- Youth Group Calendars
- Beginner Pickleball Lessons at Quinsam
- Elder's Calendars
- Quinsam Elders Button Blanket Making
- Cape Mudge Button Blankets
- Revised Bingo Schedule
- Fitness Classes w/Andrea Alfred
- Duty to Report – Reporting concerns about Children & Youth
- CNB Scholarship Application
- House For Sale at Quinsam
- WWK Treaty Scholarship Application
- Environmental Stewardship Awards
- ADHD & Indigenous Strength: Understanding, Adapting, Thriving

Job Postings

There are several job postings, please see the WWK Website/WWK App or request email for a printed version!

Gate Information

For all gate inquiries please contact Shaun Inrig at 250-201-7743 or Kim Inrig at 250-201-7742 or by email gate@wewaikai.com

Status Cards

Status cards are processed on Thursdays and Fridays by appointment 250-914-1890

Animal Control

Phone number is: 236-472-1013
animalcontrol@campbellriver.ca



British Columbia
Assembly of First Nations

NOTICE OF CANDIDATES

Nominations for the upcoming BCAFN elections closed at midnight August 11, 2025. The position available is one (1) seat for BCAFN 2SLGBTQQIA+ Representative. The following candidates submitted valid nomination packages.

BCAFN 2SLGBTQQIA+ Representative - ELECTION

Orene Askew - *Squamish Nation*

Wilf J. Plasway – *Lake Babine Nation*

Based on the number of applications received, an election will be held for the BCAFN 2SLGBTQQIA+ Representative position.

Election Date – Voting is open from 10:00 am to 1:00 pm on September 25, 2025 during the BCAFN Annual General Meeting. Voting will be conducted electronically (in person or remotely).

All Candidates Forum – September 24, 2025 @ 3:30 p.m.

CONTACT INFORMATION

For any questions, please contact the Returning Officer at: ronlauferelections@gmail.com

For more information, please also visit the BCAFN Website: <http://bcafn.ca/>

A handwritten signature of Ron Laufer in cursive script, written over a horizontal line.

Signature of BCAFN Electoral Officer
Ron Laufer

August 12, 2025

NOTICE OF ELECTION

We Wai Kai First Nation Council By-Election 2025

Notice is hereby given to the Electors of We Wai Kai First Nation that a poll will be held for the By-Election of (1) Councillor and that the Poll will be open on the **21st day of September, 2025, from 8:00am to 9:00pm** in the evening at:

- Quinsam Recreation Hall, 2005 Eagle Drive, Campbell River, BC and
- Cape Mudge Administration Building, 1 We Way Road, Cape Mudge, BC

A copy of the Voter/ Electors List (posted) and Election Code are available at the We Wai Kai First Nation Administration Buildings located at 1 We Way Road, Cape Mudge, BC and the Quinsam Office at 690 Headstart Cres., Campbell River, BC.

Election Ballots are only mailed to Electors/Voters that request it. If you have not already requested an election mail in ballot package and would like to do so, please contact the Electoral Officer as soon as possible and prior to 15 days before Election Day.

If you reside on We Wai Kai lands and are unable to vote in person and would like to receive a mail in ballot package, please contact the Electoral Officer as soon as possible and prior to 15 days before Election Day.

You may also contact the Electoral Officer to confirm your contact information. It is the Electors/Voters responsibility to ensure the EO has your current contact information.

I will be at the Quinsam Recreation Hall on the 21 day of September, 2025, immediately after the close of the Poll, to count the votes and declare the results.

A list of Candidates is attached.

Given under my hand at Campbell River, BC, this 10 day of August, 2025.



Jillene West, Electoral Officer

PO Box 22012 Dogwood PO, Campbell River, BC V9W 8G7

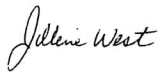
Cell: 250-203-0190 Electoralofficer@wewaikai.com

WWK Council By-Election 2025 – List of Candidates

Final List of Candidates, as of 9pm August 9, 2025.

COUNCIL

	Candidate Name
1	Assu, Ted
2	Chickite, Lorie
3	James, Brittley
4	McArthur, Cameron
5	Price, Anna Marie
6	Scow, Alvin (Bear)



Jillene West, Electoral Officer
250-203-0190; electoralofficer@wewaikai.com

ELK DRAW 2025

The WeWaiKai Nation offices are now accepting applications for this year's elk tag draw.

- ✓ Only one application per band member.
- ✓ All designated hunters must be status We Wai Kai Nation members.
- ✓ All designated hunters must have a valid FAC or Aboriginal FAC permit.
- ✓ All applicants must apply in person with the exception of out-of-town members, they may submit their names and fees by mail or e-transfer.
Please submit fees to Gail Smith, 690 Head Start Crescent,
Campbell River, BC V9H 1P9 or by e-transfer to
receivables@wewaikai.com please put Elk Draw in memo.
- ✓ All application fees (\$40.00 per applicant) are non-refundable.
- ✓ The Cape Mudge Band is not responsible for any hunting violations.
- ✓ Individuals who received a tag in 2023 are not eligible until 2026
- ✓ Individuals who received an elk tag last year are not eligible to enter until 2027.
- ✓ There will be no extensions issued.

You can enter at the

Cape Mudge Office: Mondays & Fridays from 8:00 am - 12:00 pm

Quinsam Band Office: Monday to Friday 8:30 am - 4:30 pm

Deadline: August 29, 2025 at noon! Draw will be 4:00pm on the 29th



We Wai Kai Nation

690 Head Start Crescent
Campbell River, BC
V9H 1P9

Books and Supplies Form

Kindergarten to Grade 12

Application for the upcoming school year

Books and Supply allowance can only be given to Grades K – 12 children with an ISC.

Please use a separate piece of paper if needed.

Applications will be processed on the 15th and 29th of August.

1. Full Name:					
Status Card Number:			Birthdate (M/D/Y):		
School:				Grade Entering:	
2. Full Name:					
Status Card Number:			Birthdate (M/D/Y):		
School:				Grade Entering:	
3. Full Name:					
Status Card Number:			Birthdate (M/D/Y):		
School:				Grade Entering:	
4. Full Name:					
Status Card Number:			Birthdate (M/D/Y):		
School:				Grade Entering:	
Parent(s)/Guardian(s):					
Permanent Address:					
City:			Province:		Postal Code:
Email:				Mobile:	
Where do you and your children live:	<input type="checkbox"/> Quinsam <input type="checkbox"/> Cape Mudge <input type="checkbox"/> Off-Reserve				

By signing below, I certify that the above information is true and correct.

Signature

Print Name

Date (Month/Day/Year)

Send in your completed application by mail or email.

Mail: We Wai Kai Nation, Education Department, 690 Head Start Cres. Campbell River, B.C. V9H 1P9

Email: rachel.west@wewaikai.com **Phone:** 250-914-1890 ext. 125

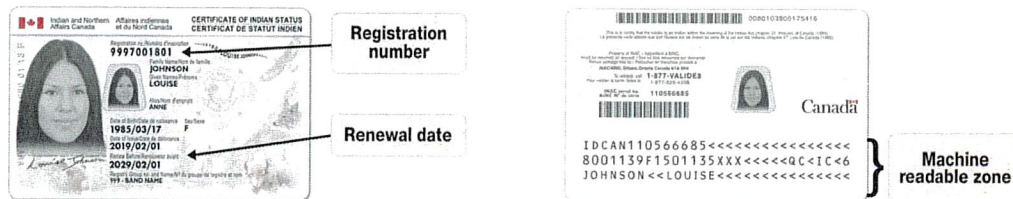
SAVE THE DATE



2025 Citizens Assembly & Membership Meeting

November 14-16, 2025

We hope you can join!



This Photo by Unknown Author is licensed under CC BY

WWK NATION CITIZENSHIP REMINDERS

MEMBERSHIP DAYS ARE THURSDAYS & FRIDAYS
8:30 AM TO 12:00 PM & 1:00 PM TO 4:30 PM

If you need help filling out forms or if you'd like to apply for the SCIS (10year card) I can help you. You can make an appointment by emailing me at membership@wewaikai.com or by calling 250-914-1890.

Just a reminder that deaths, marriages, divorces, name changes all need to be recorded.

Please contact Gail Smith if you have any questions



IMPORTANT CITIZENSHIP INFORMATION

IF YOU RECENTLY RECEIVED A 623 NUMBER FROM
INDIGENOUS SERVICES CANADA, PLEASE CONTACT
ME SO I CAN GET THE CITIZENSHIP APPLICATION
TO YOU!

THE DEADLINE FOR ADULT APPLICATIONS IS
SEPTEMBER 12, 2025.

WE ARE HOPING TO HAVE A VOTE HELD IN THE
LATE FALL

GAIL SMITH, IRA

GAIL.SMITH@WEWAIKAI.COM

250-914-1890

Calling Ligw̓íłdaŋ Artists – Request for Proposals First Nation Art at REC- REATE

First Nations Art Procurement

Strathcona Gardens Aquatic and Wellness Centre

Issue Date: August 25, 2025

Closing Date: October 31, 2025

[Download the full RFP here](#)

[Learn more about the REC-REATE project](#)

This RFP is issued by the We Wai Kai Nation, on behalf of the Strathcona Regional District (SRD), the We Wai Kai Nation, and the Wei Wai Kum First Nation, as a collaborative initiative to support the integration of Ligw̓íłdaŋ art in the Aquatic and Wellness Centre at Strathcona Gardens.

The Strathcona Regional District (SRD), in collaboration with the We Wai Kai and Wei Wai Kum First Nations, is seeking proposals from Indigenous artists or artist teams for commissioned artwork to be integrated into the new Aquatic and Wellness Centre currently under construction at Strathcona Gardens in Campbell River, BC. This project is intended to celebrate and honour the presence, stories, and contributions of the Ligw̓íłdaŋ people. To foster cultural connection and awareness for all who visit the REC-REATE Centre and to integrate cultural artistry with the facility's architectural design in meaningful ways.

As part of this initiative, we strongly encourage collaboration between members of both the We Wai Kai and Wei Wai Kum Nations. Our intent is to foster meaningful partnerships, support mentorship across generations of artists, and ensure the opportunity reaches as many community members as possible. Proposals that reflect inter-Nation collaboration and provide opportunities for learning and mentorship will be prioritized.

Submission Instructions

Proposals must be submitted no later than **October 31, 2025, at 2:00 PM (Pacific Time)**.

Hardcopy / Paper or Digital (USB) Submissions

Drop off at the We Wai Kai administrative building:
690 Headstart Crescent, Campbell River, BC V9H 1P9
Hours: 8:30 a.m. – 4:30 p.m., Monday – Friday

Electronic Submissions

By email: jen.cooley@wewaikai.com
By Dropbox: [Dropbox Submission Link](#)

Submission Requirements

- All documents must be in PDF format
- File size limits: 25 MB by email or 250 GB by Dropbox
- Late submissions will not be accepted
- You will receive a confirmation email upon receipt. If you do not receive confirmation within 24 hours, please contact jen.cooley@wewaikai.com

Important Dates

- **RFP issued:** August 25, 2025
- **Proposals due:** October 31, 2025, by 2:00 PM
- **Award announced:** by December 1, 2025
- **Final specifications required:** April 2026
- **Artwork installation:** January 2027

Eligibility

- Open to Ligw̓íłdaŋ artists or Ligw̓íłdaŋ artist teams
- Both emerging and established artists are welcome

For more information

[Strathcona Regional District | Calling Ligw̓íłdaŋ Artists – Request for Proposals - First Nation Art at REC- REATE - Strathcona Regional District](#)
[Download the full RFP here](#)

Request for Proposals (RFP)

First Nations Art Procurement Strathcona Gardens Aquatic and Wellness Centre

Issue Date: August 25 2025

Closing Date: October 31, 2025

1. INTRODUCTION

This RFP is issued by the We Wai Kai Nation, on behalf of the Strathcona Regional District (SRD), the We Wai Kai Nation, and the Wei Wai Kum First Nation, as a collaborative initiative to support the integration of Ligwítḁaʷ art in the Aquatic and Wellness Centre at Strathcona Gardens.

The Strathcona Regional District (SRD), in collaboration with the We Wai Kai and Wei Wai Kum First Nations, is seeking proposals from Indigenous artists or artist teams for commissioned artwork to be integrated into the new Aquatic and Wellness Centre currently under construction at Strathcona Gardens in Campbell River, BC.

This project is intended to celebrate and honour the presence, stories, and contributions of the Ligwítḁaʷ people. To foster cultural connection and awareness for all who visit the REC-REATE Centre and to integrate cultural artistry with the facility's architectural design in meaningful ways.

As part of this initiative, we strongly encourage collaboration between members of both the We Wai Kai and Wei Wai Kum Nations. Our intent is to foster meaningful partnerships, support mentorship across generations of artists, and ensure the opportunity reaches as many community members as possible. Proposals that reflect inter-Nation collaboration and provide opportunities for learning and mentorship will be prioritized.

2. PROJECT BACKGROUND

The REC-REATE project is the revitalization of the Strathcona Gardens Recreation Centre. The first phase, the Aquatic and Wellness Centre redevelopment project, is a major community infrastructure investment aimed at improving health, recreation, and wellness services for the region. As part of this effort, the SRD committed to ensuring Indigenous perspectives, stories, and artistry are represented prominently within the facility.

The First Nations art procurement is being developed in partnership with the We Wai Kai and Wei Wai Kum First Nations, who will play an integral role in artist selection, mentorship, and project oversight.

The selected artworks will be installed during Phase Two of the Aquatic and Wellness Centre construction.

- Phase One — construction of the new Aquatic Centre — is scheduled to be operational by September 2026.
- Phase Two will begin with the demolition of the existing pool spaces and will create new fitness and wellness areas, along with the Social Heart and entrance patio where the artworks will be featured. These new fitness and wellness spaces are planned for completion in spring 2027.

The Strathcona Regional District will cover the cost of integrating the artworks into the building design. This includes designing and building the base for the totem pole and other features in the entrance patio, as well as making sure the wall in the Social Heart can support any wall-mounted artwork.

Because integrating these elements requires coordination with the construction team, final artwork details will need to be shared with the project team in early 2026.

Key details to provide include:

- The weight and placement of any wall-mounted features,
- The diameter and height of the totem pole and other carved pieces in the entrance patio,
- Any design requirements for stamped or embossed hardscape elements.

3. ARTWORK OPPORTUNITIES

Artists are invited to submit proposals for one or both of the following opportunities:

Location details and dimensions are included in Appendix A

A. Wall Feature in the Social Heart

Location: Interior wall at the main entrance and reception area

Description: Artists are invited to propose one or more works for display along the feature wall in the Social Heart. This may include—but is not limited to—murals, carvings, painted or textile pieces, masks, framed artworks, or mixed media installations. Proposals may involve a single cohesive piece or a curated collection that conveys a shared story or theme.

Because the building was designed to meet Rick Hansen accessibility standards, it's important that proposed artwork doesn't stick out too far from the wall—especially near the floor—so the space stays safe and easy for everyone to navigate.

Design Considerations – Social Heart Feature Wall

Use of Space:

- Use of the available wall area is at the artist's discretion.

Budget Guidance:

Up to \$75,000, inclusive of artist fees, materials, fabrication, and installation.

- The final amount will depend on the scope and complexity of the proposed work. While proposals may approach the full budget, artists are encouraged to reflect fair market value in their costing.
- If there is room available in the budget, artist may also identify scalable or optional components—elements that could be added, modified, or removed depending on final costing, site coordination, or available funds.
 - Optional components may include additional artworks or smaller pieces that could be placed throughout the facility—such as corridors, waiting areas, or community rooms—to complement the main Social Heart installation and strengthen the cultural presence across shared spaces.

B. Outdoor Patio Sculptural Work

Location: Main entrance patio area

Description: Artists are invited to create one or more pieces for the entrance patio area. This space includes a raised planter and a lower garden bed, both planted with native species (see Appendix A for layout). The raised planter is well suited for a carved totem (up to 15 feet tall), and the garden bed can include a smaller carved or sculptural elements. Incorporation of stamped or embossed elements into the surrounding hardscape can also be considered.

Budget Guidance:

Up to \$75,000, inclusive of artist fees, materials, fabrication, and installation. The budget is anticipated to be divided as follows:

- Up to \$60,000 for a carved totem (up to 15') in the raised planter, and
- Up to \$15,000 for a smaller carving in the at-grade garden bed.

- Optional integration of stamped or embossed elements into the surrounding hardscape may also be included within this total. Artists may propose additional or alternative sculptural or decorative elements, as long as they align with the project vision and stay within the total budget.

Materials Note:

Wood for the patio totem will be donated by the Nations. Artists should assume delivery of the material to their studio will be coordinated and paid for by the Nation(s).

4. SUBMISSION REQUIREMENTS

Artists must submit the following:

- Artist or artist team statement and biography - maximum 500 words
- A proposal outlining the concept, inspiration, and approach for the artwork - maximum 1,000 words
- Sketches or concept drawings
- A detailed budget breakdown
- Proposed timeline
- Portfolio of past work (maximum 10 images)
- **Optional:** Description of how collaboration or mentorship is reflected in the proposal (e.g., co-design, team composition, process sharing, community engagement)

5. ELIGIBILITY

- Open to Ligwítłdaǰw artists or Ligwítłdaǰw artist teams
- Both emerging and established artists are welcome

Note to Artists: We believe that collaboration and mentorship strengthen both the art and the community. We encourage proposals that reflect partnerships between the Nations and those that provide opportunities for emerging artists to learn, grow, and contribute.

6. EVALUATION PROCESS

Proposals will be reviewed by a selection team comprised of representatives from:

- We Wai Kai Nation
- Wei Wai Kum First Nation
- Strathcona Regional District
- Member of the HCMA Architecture team who designed the facility
- A representative from the Campbell River Arts Council

7. EVALUATION CRITERIA

Criteria	Weight
Collaboration – Proposals from artist teams, especially those including members from both Nations, will be scored higher.	30%
Artistic Merit & Vision – How original, meaningful, and culturally relevant the idea is, and how well it aligns with the shared goals of the project.	25%
Feasibility – How clear and realistic the budget and timeline are, and whether the materials are suitable and safe for public use	20%
Mentorship – The extent to which the project creates opportunities for community learning and shared creative process	15%
Experience – The strength of the artist’s portfolio and the quality of past work.	10%

8. PROJECT TIMELINE

- **RFP issued:** August 25, 2025
- **Proposals due:** October 31, 2025
- **Evaluation period:** November 2025
- **Award announced:** By December 1, 2025
- **Final specifications required:** April 2026
- **Installation timeline:** January 2027

9. TERMS AND CONDITIONS

- The SRD reserves the right to accept or reject any or all proposals.
- Artists will retain intellectual property rights but grant SRD and its partners the right to publicly display and promote the work.

10. CONTACT

All inquiries and submissions should be directed to:
Sheena Fisher
Manager, Engineering Services
Strathcona Regional District
Email: sfisher@srd.ca
Phone: 250-830-6719

11. SUBMISSION INSTRUCTIONS

Proposals must be submitted no later than October 31, 2025, at 2pm (Pacific Time).

Hardcopy/ Paper or digital submission on a USB drive can be dropped off at the We Wai Kai administrative building at 690 Headstart Crescent, Campbell River, BC V9H 1P9 between the hours of 8:30am – 4:30pm – Monday - Friday.

Electronic Submission Instructions

Documents may be submitted either by email to **jen.cooley@wewaikai.com** or via Dropbox at: <https://www.dropbox.com/request/kRcPYOfdNIoTQ5r60G45>

Please ensure the following:

- All required documents must be in **PDF format**.
- File size limits: **25 MB** when submitting by email, or **250 GB** when using Dropbox.
- Late submissions will **not** be accepted.

You will receive a confirmation email upon receipt. If you do not receive confirmation within 24 hours, please contact **jen.cooley@wewaikai.com**.

12. QUESTIONS & CLARIFICATIONS

All inquiries regarding this RFP must be submitted in writing to the contact listed in Section 10 by **October 15, 2025**

Responses to all questions will be shared with all known applicants by **October 22, 2025, or before**.

Aside from the formal question and answer process, please do not contact representatives of the SRD, We Wai Kai, or Wei Wai Kum regarding this RFP during the RFP period.

13. PAYMENT SCHEDULE

The successful artist or artist team will be paid according to the following schedule:

- **50%** payment upon 50% completion of the artwork
- **50%** within 30 days of final delivery and acceptance of the artwork

Thank you to all artists who take the time to consider and respond to this opportunity. We deeply value the creativity, knowledge, and cultural insight you bring forward. Your participation helps shape a space that honours the Ligwítłdaŋw people, welcomes all who visit, and fosters learning for generations to come.

APPENDIX A

Additional Resources:

- <https://recreatesg.ca/>
- <https://srd.ca/fn-recreate-art/>

Wall Mounted Art in the Social Heart

Specifications:

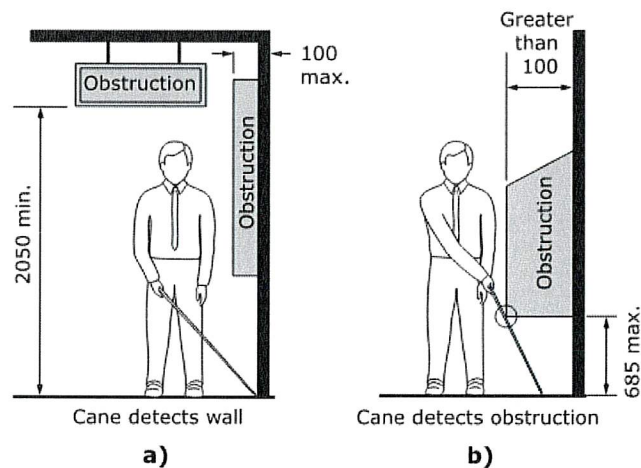
Maximum depth of artwork must be:

- No more than 15 cm deep for the first 2 metres above the finished floor, to ensure cane detectability.
- No more than 60 cm deep above 2 metres, with consideration to avoid head-level hazards
- Installations must not obstruct use of the Social Heart space or create safety risks.
- These guidelines align with CSAB651-18 accessibility standards.

B651-18

Accessible design for the built environment

Figure 8
Limits of protruding objects
(See Clauses 4.4.1.1, 4.4.2.2, and 4.4.2.3.)



(Continued)

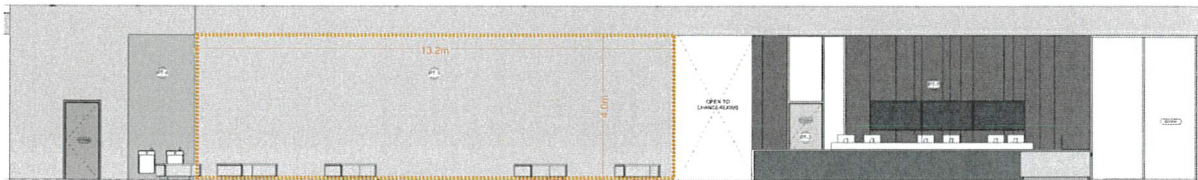
Framing & Backing Details:

- The existing wall is framed with **3 5/8" steel studs spaced 16" apart (16" o/c)**, finished in drywall.

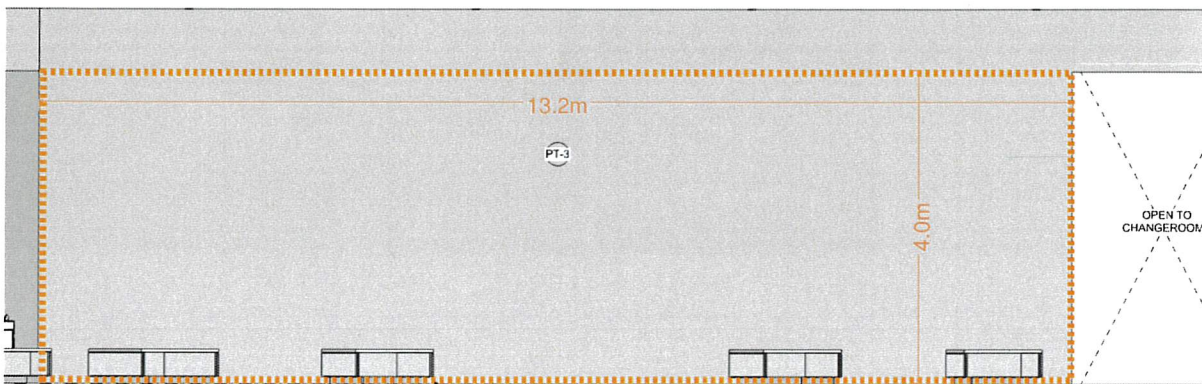
- **Plywood backing or reinforcement between studs** will be provided where required to support heavier pieces.

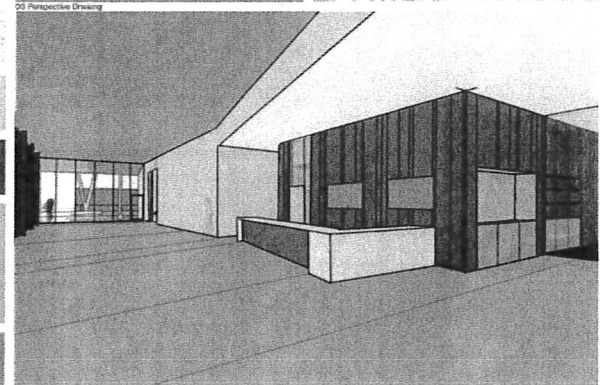
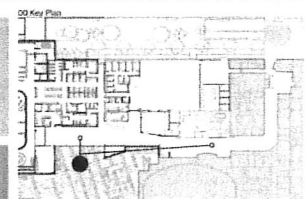
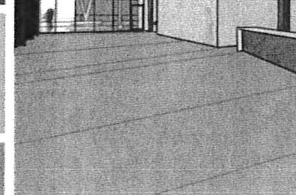
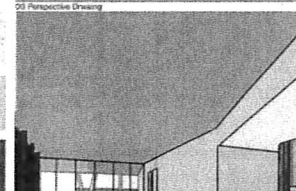
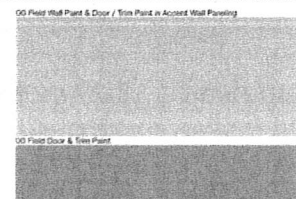
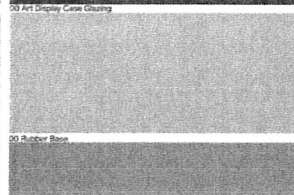
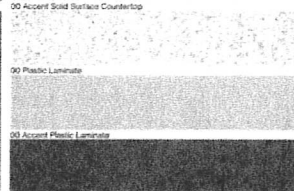
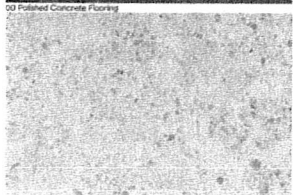
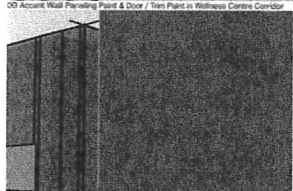
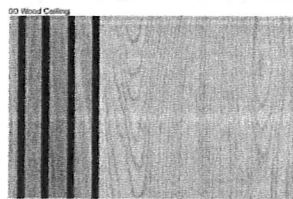
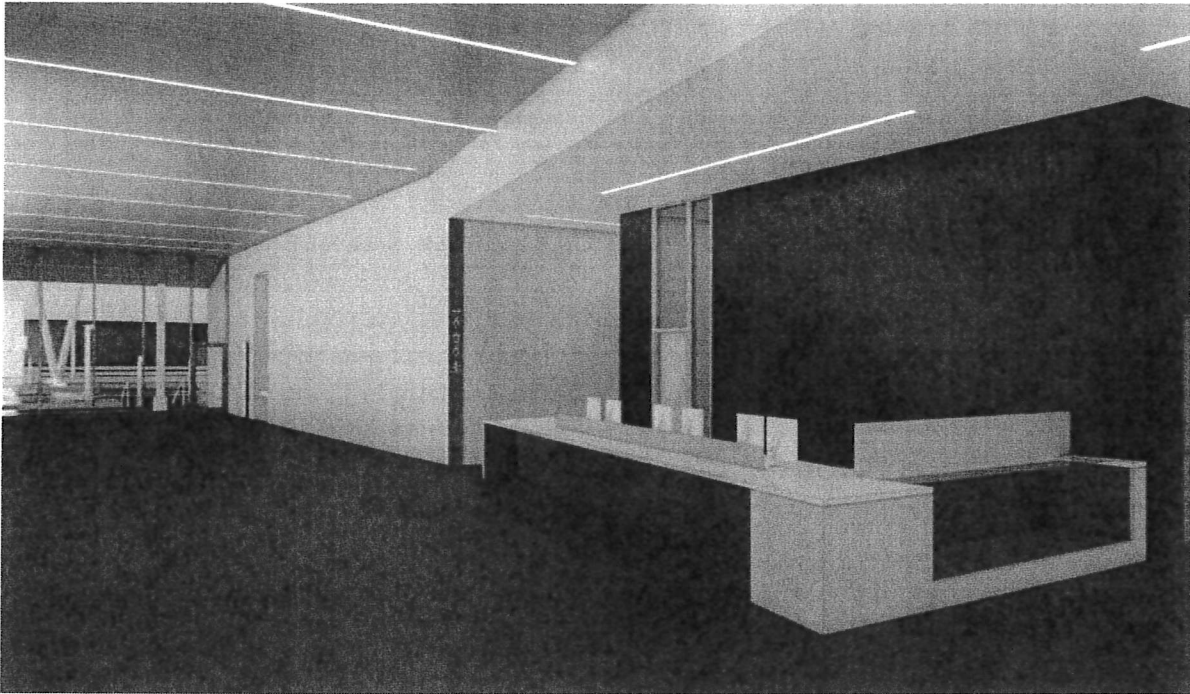
Weight Limitations:

- **Without added backing:** Maximum **200 lbs per stud**
- **With backing installed between studs:** Up to **400 lbs**, distributed across adjacent studs
- Any piece anticipated to weigh **over 200 lbs** and be **anchored to a single stud** must be clearly identified in the proposal and must **not exceed 400 lbs**.
- All artwork must be designed for **flat or flush mounting** (e.g., no cantilevered or projecting elements exceeding depth limits noted above).



- The full width of the wall is 13.27 meters - the artwork would not need to fill that entire space
- The height from floor to ceiling is 4.8 meters, however, we would recommend that the art location be limited in height to 4m above the finished floor





00 Wood Ceiling

00 Drywall Ceiling & Open Structure Paint

00 Field Wall Paint & Door / Trim Paint in Accent Wall Painting

00 Key Plan

00 Accent Wall Paneling Paint & Door / Trim Paint in Wellness Centre Corridor

00 Accent Solid Surface Countertop

00 Field Door & Trim Paint

00 Perspective Drawing

00 Plastic Laminates

00 Accent Plastic Laminates

00 Polished Concrete Flooring

00 Art Display Case Glazing

00 Window Sills

Sculpture(s) in the Entrance Patio

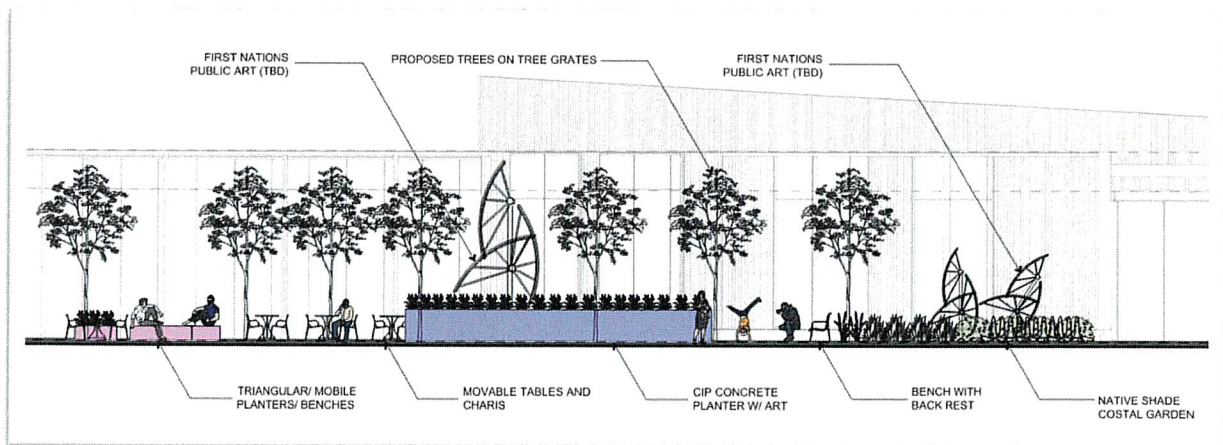
Artwork Placement:

- The entrance patio includes a raised planter and an at-grade garden bed, both planted with native species (see Appendix A for layout).
- The raised planter is well suited for a carved totem pole up to 15 feet tall.
- The at-grade garden bed may include smaller carved or sculptural elements.

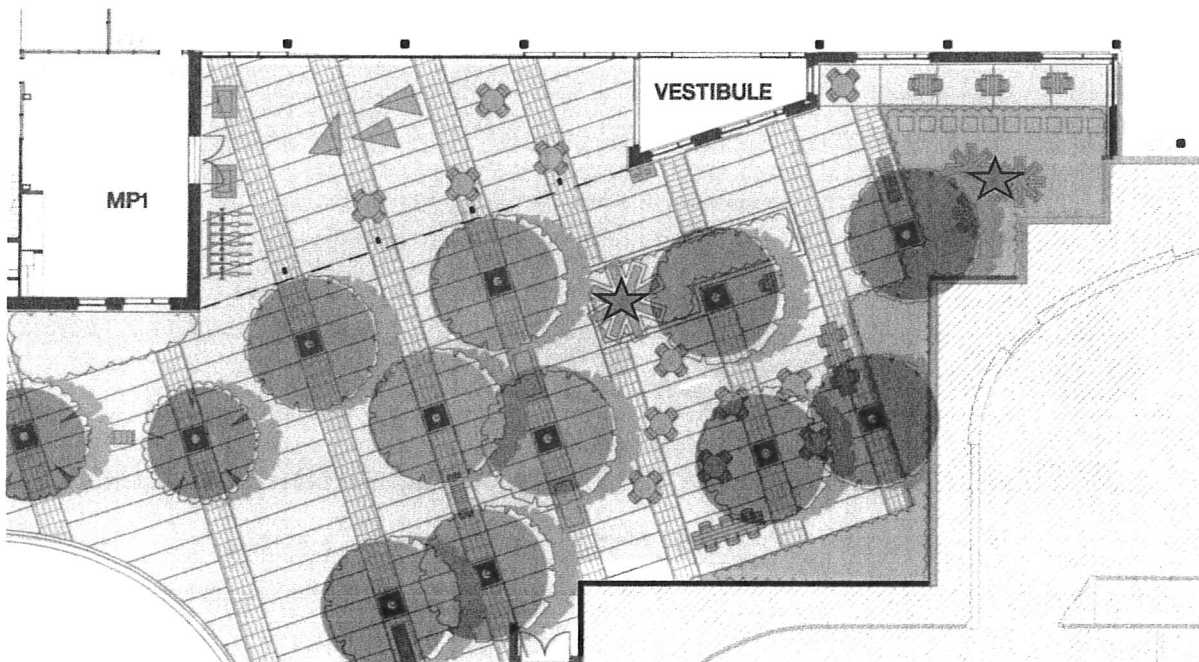
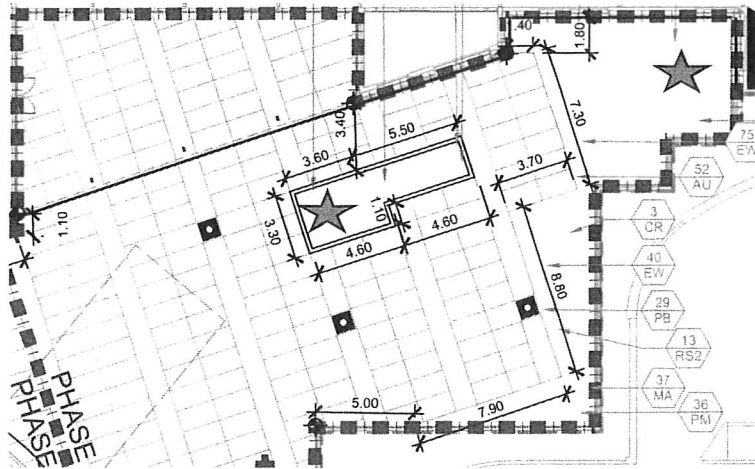
Optional: integration of stamped or embossed artwork into the surrounding hardscape is permitted.

Materials and Coordination:

- Wood for the totem pole will be donated by the Nations.
- Delivery of the material to the artist's studio will be coordinated and paid for by the Nations.



Outdoor Sculpture(s) - Dimensions



APPENDIX A

Additional Resources:

- <https://recreatesg.ca/>
- <https://srd.ca/fn-recreate-art/>

Wall Mounted Art in the Social Heart

Specifications:

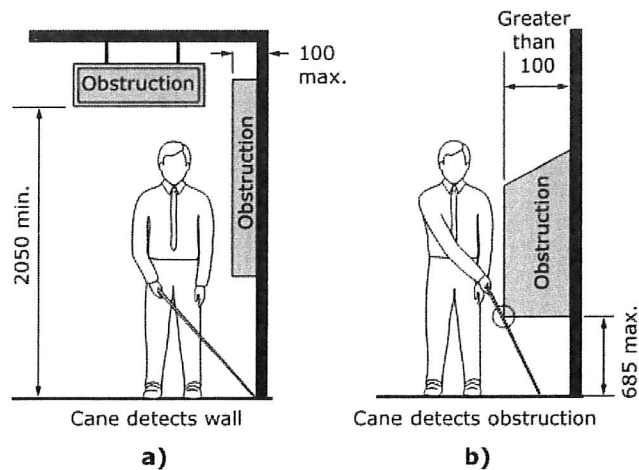
Maximum depth of artwork must be:

- No more than 15 cm deep for the first 2 metres above the finished floor, to ensure cane detectability.
- No more than 60 cm deep above 2 metres, with consideration to avoid head-level hazards.
- Installations must not obstruct use of the Social Heart space or create safety risks.
- These guidelines align with CSAB651-18 accessibility standards.

B651-18

Accessible design for the built environment

Figure 8
Limits of protruding objects
(See Clauses 4.4.1.1, 4.4.2.2, and 4.4.2.3.)



(Continued)

Framing & Backing Details:

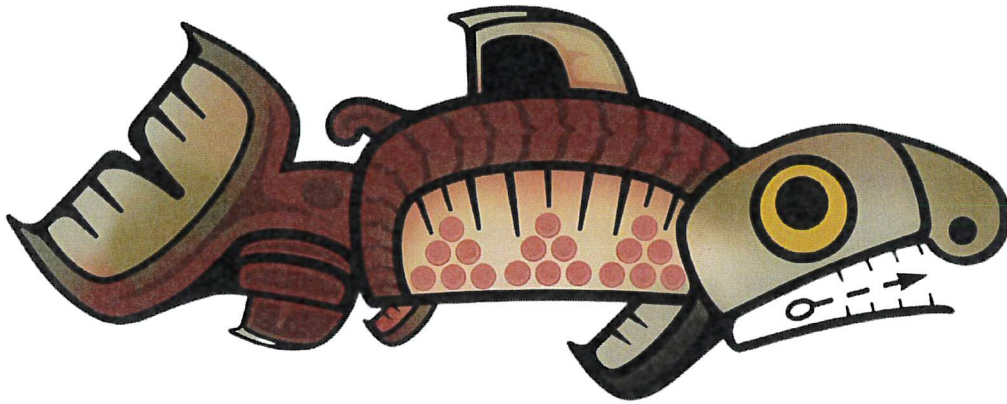
- The existing wall is framed with **3 5/8" steel studs spaced 16" apart (16" o/c)**, finished in drywall.





LIĞWILDAẖ^w RESEARCH CENTRE

We are continuing regular newsletter updates to share exciting history from our Nations with the communities. Some of you know all about these teachings, but others do not, so it is our pleasure to introduce V.2, Edition seven of; **Tales from the Vault.**



Slam'n Salmon, by Sonny Assu. 2024

The Gift of Salmon

At 6:00 a.m. Wednesday August 6th, the first Tyee of the season - a powerful Chinook weighing 32 lbs - was brought in from the waters at the mouth of the Campbell River. The catch drew the same kind of early-morning excitement that has filled the banks for generations. While visitors have celebrated these big fish for nearly a century through groups like the Tyee Club, the Liğwildaẖ^w people have welcomed the salmon since time beyond memory. Long before photographs or newspapers, the people at ʔuẖ^wstilis (Tyee Spit) marked this moment each year, honouring the first salmon as the return of an important relative.

In Liğwildaẖ^w beliefs, **Kutəla** (salmon) are not viewed as “resources” but as supernatural beings, who live in their own villages beneath the water, powerful warriors who put on their **kutəla** masks each year to travel back up the rivers. They come willingly, and offer themselves so that humans can live well, and they expect care, respect, and gratitude in return.

This is because a long time ago, there was a period of time when the people had no **kutəla**. The villages along the rivers and sea survived on other foods, but they could feel that something was missing.



LIǾWILDAǾW RESEARCH CENTRE

Then one day, a great being - some say it was **Kumugwe**, Chief of the Undersea – came and spoke to our ancestors. He told the people there was a gift waiting for them far upriver, if they were ready to receive it.

The being led the people to the headwaters, where they saw *kut̓ala* for the first time. Their silver backs flashed in the water as they swam. The people were shown how to catch them with nets and weirs, how to cook them over open fire, and how to dry them for winter. They were also taught the most important lesson, that the *kut̓ala* are our kin. They must be welcomed with ceremony and treated in a way that honours their sacrifice, so they will return year after year.

The teachings were clear: the first *kut̓ala* of the season should be carried with care, never dragged; cooked and shared so that all may taste; and the bones carefully returned to the water so the *kut̓ala* can go back to tell their relatives they were treated well. To harm the *kut̓ala* - by waste, rough handling, or greed - would risk the runs not returning.

For the people at ʔuǾwstilis, this first *kut̓ala* often came in **ǾmsǾmsdi** (August), also known as the “time of empty fish storage boxes.” By August, the dried winter stores were nearly gone, and the return of *kut̓ala* brought not only spiritual renewal, but relief from hunger. It was a season of gratitude, when careful fishing, sharing, and ceremony helped ensure the *kut̓ala* would keep their promise to return.

That promise carried responsibilities. In the past, *kut̓ala* were greeted not as quarry, but as honoured guests. This relationship was part of a broader law: be mindful, take only what you need, and care for those who care for you.

Today, even without the formal ceremony, many LiǾwildaǾw still feel the meaning of that first catch. Standing on the riverbank or the deck of a fishing boat, there’s a quiet moment of thanks, to the *kut̓ala* for finding their way home, and to the waters that have carried them since time beyond memory.

As the season unfolds, may we remember the teachings from the salmon ceremony; treat the *kut̓ala* with respect, share what we have, and care for the intricate networks that bring them back to us.

LIǾWILDAǾW

PLACE NAMES

SUMMER UPDATE

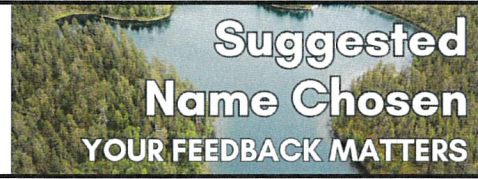
EST. 2023

AUG 2025

FREE



**Feat: Ripple Rock
Elementary Students**
SUGGESTIONS FROM YOUTH



SECOND BATCH SUBMITTED!

BC Geographic Names
Office has recieved next 7

The second batch of seven LiǾwitdaǾw place names has officially been submitted to the BC Geographical Names Office for consideration. This ongoing work is part of a community-led effort to recognize and restore traditional Likwala names in our territory. Ǿilakasla to everyone who has shared their knowledge and suggested names so far!

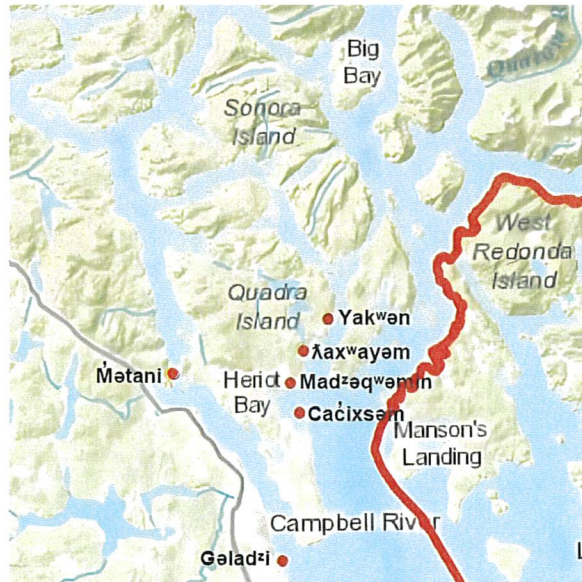


Photo Caption: Likwala place names on the map

CLIMB ON

NEW ROUTES NAMED

Get your harnesses handy for a chance to explore ǾugwǾmeyas sa bǾkǾwas (Face of the BǾkǾwas) and ǾugwǾmǾyas dzuuǾǾwa (DzuuǾǾwa's Face) at ǾǾpustoǾas (place to climb up) in the near future.

THIRD SURVEY NOW OPEN!



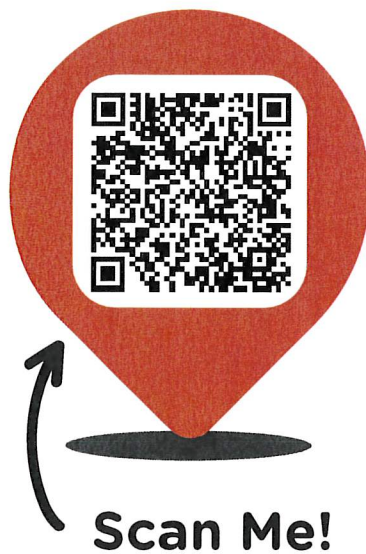
**Your feedback is
important as we
continue this work!**

The LiǾwitdaǾw Place Name Committee has prepared a third batch of 10 proposed Likwala place names for submission. A new community survey is available now to collect feedback on these names. The committee also wants to hear any suggestions on how to make the process more inclusive, such as in-person options, paper copies, and other ways to ensure all community members feel invited and supported to share their thoughts.

We Want Your Feedback, Community Voices Matter!

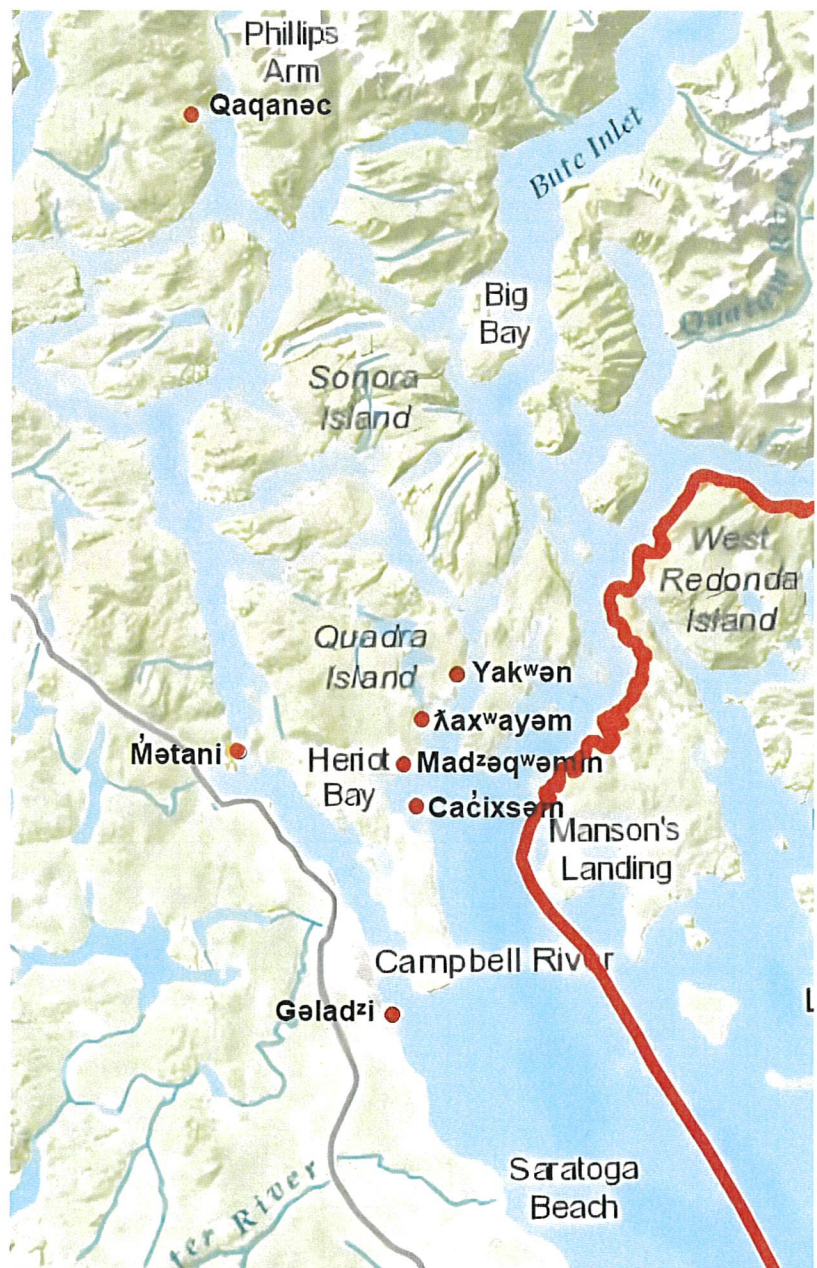
www.surveymonkey.com/r/placenames 

Share your thoughts with the Place Name Committee



Help us restore Lîkwala names to our territory by participating in this **quick survey today!**

Your opinions put Lîkwala names back on the map



August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 No Group	2
3	4 Civic Holiday no group	5 No Group	6 Movies matinee Fantastic 4 CR cinimas depart 10:00	7 Parksville Sand Castle bumper boats leave 8:00	8 Youth group 1-4pm Teen Pizza party both at the pool & gmes 6-7	9
10	11 lunch & pool 12:30-4:00	12 tie dye t-shirts meet youth room at 12:00 lunch, craft & pool 2-4pm	13 Garden party 12:30-4 meet garden	14 Fairy Adventurer and spit rock finding meet youth room 12:30	15 No regular group Teen night Saratoga Speed way meet at 3:00-8:00	16
17	18 Mini golf quadra 12:30-4:00	19 Cape Pool Quinsam & Cape BBQ hot dogs 12:30-4:00 meet at pool	20 Garden ornaments painting meet youth room 12:30-4:00	21 AIR HOUSE NANIAMO drop off 8:00-4:30	22 No regular group Teen night Rib Fest 4:00-9:00 meet at youth group 3pm	23
24	25 naniamo over night leave youth room 1pm	26 naniamo over night naniamo museum return 4:00 pm	27 End of Summer Pool Party hotdogs & hamburgers 3-7	28 Rock climbing leave youth room	29 Velocity Golfing range meet at youth room 11 am	30
31						

Cape Mudge Youth Group

Please sign up for outings

Cape Mudge youth group
Margot Assu
250-202-2889

Goals

SEPTEMBER CAPE YOUTH GROUP 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 labour day closed	2 2:45-5:30 bison tell yall day	3 2:45-5:30 Smoothie day	4 2:45-5:30 extra desert day	5 2:45-7:00 cheese pizza Movie night	6
7	8 2:45-5:30 Pardon day	9 2:45-5:30 make micro greens	10 2:45-5:30 bear day/apple picking	11 2:45-5:30 obstical course Gym	12 The Reef- 3:30-5:30 pickup at Quadra school 2:30&inCR	13
14	15 No Group	16 2:45-5:30 collect rocks day	17 2:45-5:30 Rice crispy day pickel ball	18 2:45-5:30 Paint on canvas	19 2:45-7:00 Family Pizza Night	20 Sign up required blue square
21	22 2:45-5:30 outdoor /gym day	23 2:45-5:30 checkers / games day	24 2:45-5:30 comic book day	25 2:45-5:30 comic book day continued	26 TBA	27
28	29 TBA	30 Closed for National truth and recociliation day				Note: New Cape Youth Number 250-202-6919

Quinsam Youth Group

AUGUST 2025

Contact Payton & Shannon for
sign-up 250-202-6532

MON	TUE	WED	THU	FRI
				1 The Reef 12:00- 5:30
4 NO GROUP	5 Cape pool 12:00- 5:30	6 Freakier Friday (Movie Theatre) 12:00- 5:30	7 Parkville Sandcastles, Bumper Boats & Mini Golf 9:30- 5:30	8 Beach Day 12:00-5:30
11 Outdoor Game Day Garden w/ Jocelyn 12:00- 5:30	12 Lazer Tag Coombs 9:00- 5:30	13 Sportsplex Splash Park 12:00- 5:30	14 Lake Day 12:00- 5:30	15 No Regular Group TEEN NIGHT Saratoga Speedway 2:30pm-8:00pm
18 Beach & Park @ Spit Garden w/ Jocelyn 12:00- 5:30	19 Cape pool 12:00- 5:30	20 Centennial Pool "Theme Swim" 12:00- 5:30	21 Nanaimo Airhouse 9:30- 5:30	22 No Regular Group TEEN NIGHT Rib Fest 4:30pm-9:00pm
25 Boys Day Quadra Mini Golf & Swim 12:00- 5:30	26 Girls Day Crows Nest & Ice Cream 12:00- 5:30	27 End of summer Cape Pool party 12:00- 5:30	28 Rock Climbing 12:00- 5:30	29 Velocity Driving Range 12:00- 5:30

DROP OFF WILL NOW BE AT
THE QUINSAM HALL STARTING
AUGUST 1ST

Sign-Up days are all
days highlighted in Green.



CONTACT PAYTON & SHANNON FOR SIGN-UP

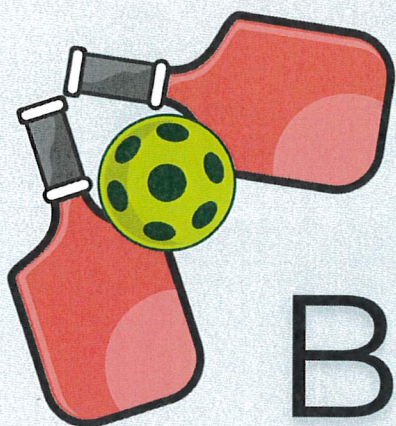
250-202-6532

QUINSAM YOUTH GROUP

SIGN-UP FOR ALL THINGS HIGHLIGHTED

SEPTEMBER

Monday	Tuesday	Wednesday	Thursday	Friday
1 HOLIDAY NO GROUP	2 YOUTH GROUP 2:30-5:30 HEALTH TOPIC TUESDAY W/ JOCELYN	3 YOUTH GROUP 2:30-5:30 ARTS AND CRAFTS	4 YOUTH GROUP 2:30-5:30 INDOOR SPORTS	5 YOUTH GROUP 2:30-5:30 ICE SKATING
8 YOUTH GROUP 2:30-5:30 CLAY/POTTERY	9 YOUTH GROUP 2:30-5:30 HEALTH TOPIC TUESDAY W/ JOCELYN	10 YOUTH GROUP 2:30-5:30 NATURE WALK	11 YOUTH GROUP 2:30-5:30 BAKING NIGHT	12 YOUTH GROUP 2:30-5:30 THE REEF
15 YOUTH GROUP 2:30-6:00PM FAMILY INDOOR MOVIE NIGHT	16 YOUTH GROUP 2:30-5:30 HEALTH TOPIC TUESDAY W/ JOCELYN	17 YOUTH GROUP 2:30-5:30 SCAVENGER HUNT	18 YOUTH GROUP 2:30-5:30 FALL APPLE PICKING	19 YOUTH GROUP 2:30-5:30 INDOOR POOL
22 YOUTH GROUP 2:30-5:30 FALL FOREST WALK	23 YOUTH GROUP 2:30-5:30 HEALTH TOPIC TUESDAY W/ JOCELYN	24 YOUTH GROUP 2:30-5:30 INDOOR GAME DAY	25 YOUTH GROUP 2:30-5:30 DECORATE FALL CUPCAKES	26 YOUTH GROUP- TEEN NIGHT 2:30-5:30 13+ VELOCITY DRIVING RANGE
29 YOUTH GROUP 2:30-5:30 MOVIE THEATRE	30 TRUTH & RECONCILIATION DAY NO GROUP			



Ages 16-99 welcome

BEGINNER



LESSONS

WeWaikai OUTDOOR Courts
5-6:30pm

August 18th
September 8th, 15th, 22nd

Contact Lisa Campbell to Sign up
lisa.campbell@wewaikai.com
250-914-1890 Ext. 116



Katrina's New Cell Phone
250-201-7732

Hours 8:30am - 4:30pm

2025 August

sign up for outings and trips
First come first serve
Limited Spaces available

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Attention!!!					
	Revised Calendar Katrina Off the 5th and Working the 8th now					
3	4 Holiday Office Closed	5 Katrina Off	6 Courtenay Day Trip/Movies 9am	7 Lunch Jiggers 12pm- 2pm	8 Shopping Appointments 9am-4pm	9
10	11 Shopping Appointments 9am-4pm	12 Shopping Appointments 9am-4pm	13 Bingo Duncan 7:30am Leave	14 Shopping Appointments 9am-4pm	15 Katrina Off	16
17	18 Shopping Appointments 9am-4pm	19 Shopping Appointments 9am-4pm	20 Nanaimo Day Trip Leave 9:00am	21 Shopping Appointments 9am-4pm	22 Bingo 11:30am- 2:00pm Quinsam Boardroom	23
24	25 Katrina Off	26 Shopping Appointments 9am-4pm	27 Elders Wide Luncheon Nanoose Leave 9:30am	28 Shopping Appointments	29 Katrina Off	30
31						

Quinsam Elders

September 2025

Katrina's New Cell Phone
250-201-7732
Hours 8:30am - 4:30pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Office Closed Labour Day	2 Shopping Appointments 9:30am-3:30pm	3 Button Blanket Quinsam Boardroom 11am-1pm	4 Selfcare Day 11:30am - 1:30pm Quinsam Hall	5 Office Day	6
7	8 Shopping Appointments 9:30am-3:30pm	9 Shopping Appointments 9:00am-1:30pm Meeting 2:30-4:30 LKT	10 Button Blanket Quinsam Boardroom 11am-1pm	11 Games and Tea 11:30am-1:30pm Quinsam Hall	12 Katrina Away	13
14	15 Katrina Away	16 Shopping Appointments 9:30am-3:30pm	17 Button Blanket Quinsam Boardroom 11am-1pm	18 Elders Luncheon Quinsam Hall 12-1:30pm	19 Office Day	20
21	22 Katrina Away	23 Katrina Away	24 Button Blanket Quinsam Boardroom 11am-1pm	25 Shopping Appointments 9:30am-3:30pm	26 Bingo Q Hall Doors Open 4pm Starts 5pm	27
28	29 LKT Luncheon 12:30-2pm Q Hall	30 Office Closed Truth & Reconciliation				

CAPE MUDGE ELDER

August 2025

SIGN UP REQUIRED DUE TO LIMITED SEATING

CONTACT MATT WILSON FOR
SIGN UP OR QUESTIONS
250-202-6924



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 11AM FERRY A-TLEGAY ELDER LUNCH 12PM	2
3	4 Stat Holiday	5 SHOPPING CR 10AM FERRY TO 2:30	6 COURTENAY MOVIE 9-3:30	7 APPOINTMENTS CR FERRY 10 & 2	8 CAPE BINGO 2:30 LUNCH 11:30	9
10	11 Office Day	12 SHOPPING CR 10 FERRY TO 2:20	13 BINGO DUNCAN 7 FERRY TO 5:30	14 APPOINTMENTS CR FERRY 10 & 2	15 MATT OFF	16
17	18 MATT OFF	19 SHOPPING CR 10AM FERRY TO 2:30	20 NANAIMO SHOPPING 9-3	21 APPOINTMENTS CR FERRY 10 & 2	22 CAPE BINGO 11AM	23
24	25 Office Day	26 SHOPPING CR 10AM FERRY TO 2:30	27 ISLAND WIDE LUNCH 9:30-3 NANOOSE	28 APPOINTMENTS CR FERRY 10 & 2	29 CAPE BINGO 2:30 LUNCH 11:30	30
31						

Cape Mudge Elders

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Office closed holiday	2 Shopping 10am to 3pm	3 Appointments 9:30 to 2pm	4 Blanket 9am to 11am	5 Bingo lunch band office 12pm till 3pm	6
7	8 office	9 Shopping 10am to 3pm	10 Appointments 9:30 to 2pm	11 Blanket 9am to 11am	12 Bingo lunch band office 12pm till 3pm	13
14	15 office	16 Shopping 10am to 3pm	17 Appointments 9:30 to 2pm	18 Blanket 9am to 11am	19 Bingo lunch band office 12pm till 3pm	20
21	22 office	23 Shopping 10am to 3pm	24 Appointments 9:30 to 2pm	25 Blanket 9am to 11am	26 Bingo set up 1pm quinsam bingo hall 4pm	27
28	29 Selfcare 11am to 2pm cape office	30 Truth and Reconciliation Day Office Closed				

DUE TO LIMITED SEATING, PLEASE CONTACT MATT FOR ALL TRAVEL DAYS/ACTIVITIES, SHOPPING --
AND APPOINTMENTS: MATT WILSON: 250-202-6924



QUINSAM ELDERS BUTTON BLANKET MAKING

4 MORE CLASSES TO FINISH UP BUTTON BLANKETS EVERY
WEDNESDAY IN SEPTEMBER.

WHERE? QUINSAM BOARDROOM

WHEN? SEPTEMBER 3RD 10TH 17TH 24TH
11:00AM - 1:00PM

Questions?

Call Katrina - 250-201-7732





ATTENTION CAPE ELDERS 😊

Summer is almost over. I hope everyone enjoyed their summer. September is approaching fast. We are going to finish our button blankets.

For one month only it will be on Thursday at the band office at 9am to 1pm Tina will be there to help anyone who needs help to finish with their blankets.

I would like to get pictures of the elders wearing their blankets to show case their creation they made.

See you all in September 😊

Matt Wilson-elder worker

WWK - Elders Bingo Fundraisers



Where: Quinsam Hall,

September 26th, 2025 5pm Doors open at 4pm

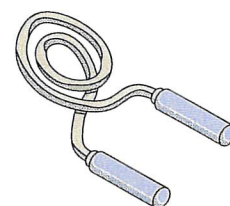
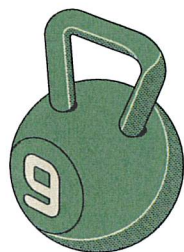
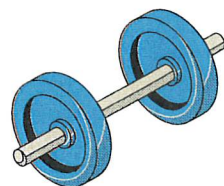
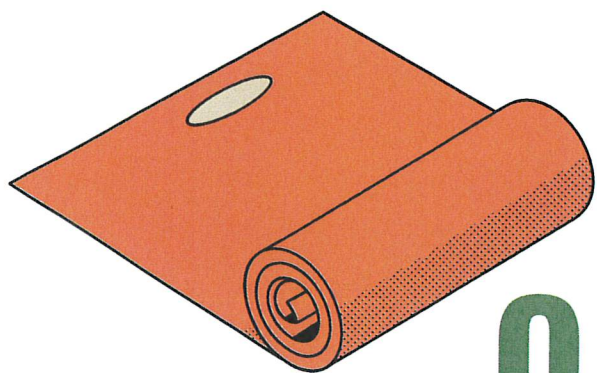
- 5- zips games \$2.00each 5pm
- Bingo starts at 5:30pm
- Books 12-up \$50, 9-up \$35, 6-up \$25
- Concession, door prizes, 50/50 draw.

❖ We Need Volunteers to Help with Bingo

If anyone would like to fundraise kids' sports, please call to run the concession Matt 250.202.6924 or Katrina 250.201.7732

Thank you for your support to WeWaiKai Elders Bingo 🍷

Upcoming: Dates October 29th and November 29th



JOIN US FOR
**ONE MORE
REP
WORKOUT**

WITH ANDREA ALFRED

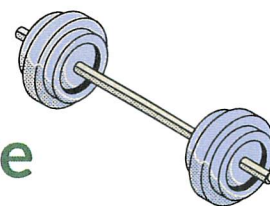
EARLY PREVENTION - Physical activity plays an essential role in quality of life; it promotes physical, mental and psychological well-being: of developing premature health problems.

Regular exercise can play a key role in reducing your risk of medical problems and health related issues, that can be particularly treated and controlled by exercise. The need for and value of exercising on a regular basis is an irrefutable fact of life (and death).

Time: 5:00pm - 6:00pm

**Where: Quinsam Hall, 2005 Eagle Drive
Campbell River**

**When: August 5, 7, 12, 14, 19, 21, 26 & 28
Tuesdays & Thursdays**



IMPROVE YOUR HEALTH FOR LONGEVITY, MOBILITY, STRENGTH & QUALITY OF LIFE

WEIGHTS + BANDS, CARDIO INTERVALS, BODYWEIGHT

EXERCISE YOUR MIND & YOUR BODY

Duty to Report

REPORTING CONCERNS ABOUT CHILDREN AND YOUTH

If you are concerned about the safety or well-being of a child or youth, it is your legal duty to report the concern to the Ministry of Children and Family Development.

**THE SAFETY OF CHILDREN
AND YOUTH IS EVERYONE'S
RESPONSIBILITY**

PHONE:

1 (800) 663-9122

CMVCLBEC





SCHOLARSHIP APPLICATION

Chan Nowosad Boates Inc. (CNB) is pleased to offer 3, \$2,500 scholarships to deserving students who are in financial need, demonstrate merit, and are active in supporting the communities in which they live.

Application Deadline: Sunday, August 31, 2025, 4:00 PM

Please note that all supporting material and the completed application form must be received by August 31, 2025 at 4:00 PM(PDT). **Incomplete or late applications will not be considered.** Scholarships will be awarded by September 30, 2025.

Eligible Recipients

We will only grant scholarships to individuals who:

- Are enrolled at an eligible post-secondary institution as a full-time student;
- Are pursuing an eligible field of study;
- Are pursuing studies that lead to a degree or to a certificate or diploma from that institution;
- Are in financial need and demonstrate merit; and
- Are a member or citizen of a First Nation that works with CNB.

Preference will be given to candidates who wish to pursue and excel in post-secondary education (at a university or college), as well as those choosing to focus on business or finance paths and those that are working to support their studies.

Examples of Ineligible Fields of Study:

- Conferences / Symposiums / Workshops
- Professional Fees / Schools
- Education at non-recognized post-secondary institutions
- Executive / Management Programs
- General Arts (Bachelor of Arts Degree)
 - Philosophy
 - Criminology
 - Psychology
- Fine Arts

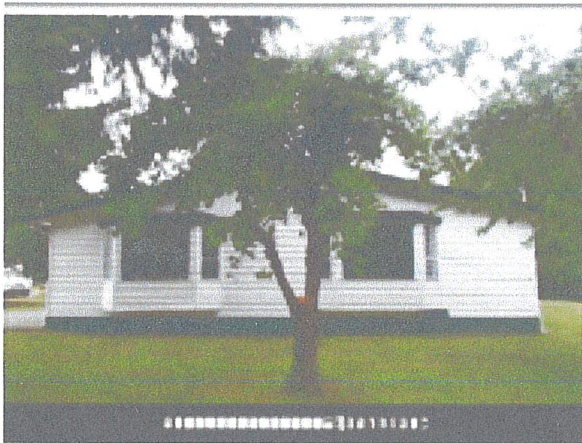
For more information
please contact
250 914-1840 reception@wewaiikai.com



House for Sale

3Bed 2 Bath House 1488 SQ FT
With 1 Bed 1 Bath Suite 952 SQ FT

Asking \$490,000.00
Call Gail 250 203 2960





We Wai Kai Treaty Society Scholarship Application

The We Wai Kai Treaty Society is please to offer 4 educational scholarships to deserving We Wai Kai Nation students who are in financial need and who demonstrate merit.

Application Deadline: August 31, 2025, 4:00 pm

Note: that all supporting material and the completed application form must be received by August 31, 2025 at 4:00PM (PDT). **Incomplete or late applications will not be considered.**

ELIGIBLE RECIPIENTS

The Society will grant scholarships only to persons who:

- Are members of the We Wai Kai First Nation;
- Are enrolled at an eligible post-secondary educational institution as a full-time student;
- Are pursuing studies that lead to a degree or to a certificate or diploma from that institution; and
- Are in financial need and demonstrate merit.

Preference will be given to candidates who wish to pursue and excel in academic pursuits with the greatest potential benefit to the welfare and advancement of aboriginal communities and causes.

Examples of Ineligible Fields of Study:

- Conferences / symposiums / workshops
- Professional Fees / schools
- Education at non-recognized post-secondary institutions
- Executive / Management programs

APPLICATIONS

Scholarship Applications will be reviewed at least once per year by the Board or by a committee formed for the purpose of making scholarship recommendations to the Board.

Scholarship Applications must conform with all requirements of the following application Form. Should you have any questions please email info@wewaikaitreaty.com.

Be sure to read this Application Form carefully, answer each question (please type or print) and sign this Application Form.

Full application available at WWK Admin Office

Who do I send the completed Application Form and support material to? All
We Wai Kai Treaty Scholarship Application Form

applications must be post mailed directly to:

**We Wai Kai Treaty Society
664 Seahawk Drive
Campbell River, BC V9H 1V8**

Or electronically submitted to **info@wewaikaitreaty.com**. Note that application packages sent electronically **must be included in one PDF document sent in a single email.**

When is my application due? Scholarship Applications and support material are due, and must be received at, the above address by no later than August 31, 2025 at 4:00 PM (PDT). **Late applications will not be considered.**

Scholarship amounts vary each year.

If you have any questions, please email info@wewaikaitreaty.com

Documents to include checklist:

- ☐ Completed application form
- ☐ Proof of enrollment: A letter from the post-secondary educational institution verifying your enrollment **OR** a copy of your current registration form
- ☐ Unofficial transcript of your last period of study included with your application package **OR** your most recent high school report card.
- ☐ 2 letters of reference must be from faculty, an academic supervisor, coach, community leader or employer **which is not** a family member.

NOMINATIONS NOW OPEN FOR

Haig-Brown

ENVIRONMENTAL STEWARDSHIP AWARDS

Know someone making a
difference for the
environment? Help us
recognize them!

Deadline: September 15

NOMINATION FORMS
www.greenwaystrust.ca



A photograph of two men in a grassy field. One man, with a beard and wearing a black long-sleeved shirt and orange gloves, is kneeling and holding a small evergreen sapling. The other man, wearing a light blue jacket and grey gloves, is also kneeling and looking at the sapling. They are in the process of planting the tree in a hole in the ground. The background is a field of green grass with some fallen leaves.

Nominations Open

**Deadline:
September 15, 2025**

**Submit completed nomination forms
to Greenways Land Trust in person, or
by email to info@greenwaystrust.ca**



UBC
Learning
Circle



First Nations Health Authority
Health through wellness



THE UNIVERSITY
OF BRITISH COLUMBIA

Centre for Excellence in
Indigenous Health

ADHD and Indigenous Strength:

Understanding, Adapting, Thriving

Presented by K'odi
(Taay.dala 'Yuuans) Taylor

Come join us in the LKT Health
Boardroom (snacks provided)

Date: September 25th, 2025

Time: 10am - 11:30am PST

- Free online webinar via Zoom



Scan to sign up

Sign up free online: www.learningcircle.ubc.ca