

# WE WAI KAI NATION

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**April 15, 2026**

## **Nation Information**

Gail Will Be Back April 27<sup>th</sup> No Status Cards Done  
Changes re: Spring Clean Up  
Street Parking  
Nuyumbalees Culture Centre Information  
Marine Plan Partnership  
Lands Updates  
New Speed Limits Coming  
Logo Contests  
Tax Prep  
Dumpster Reminder  
Post Sec Summer Student  
*Clam Harvest*

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## **Elders & Youth**

Youth & Elders Calendars  
Elders Youth Gathering  
Tutoring at Cape Mudge & Quinsam  
Bears' Lair  
Elders Youth Gathering  
ADHD Workshop

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## **Events & Other Activities**

Run The Spit  
We Wai Kai Elder's & Youth Big Bingo Fundraiser  
Ligwiltach Elder's & Youth Culture Group - Blanket Making  
Fitness Opportunities  
Home For Sale at Quinsam  
Grief And Loss Retreat  
Trades Expo  
Supporting Your Anxious Child  
Celebration Of Life For Jenny Roberts  
Celebration Of Life For Glenda Marshall  
Indigenous Entrepreneurs Gathering  
Qayola



**UPDATE:**

# COMMUNITY CLEAN UP


The community clean-up program is being revamped.

A seasonal, large-scale pick-up service will **not** be offered this year.

Instead, on-reserve members may submit receipts for landfill tipping fees and receive a one-time reimbursement of up to \$50 per household. Multiple tipping fee receipts can be included, but the **must be submitted together** in a single request.

All reimbursement requests must be submitted by **May 31, 2026** to [jason.price@wewaikai.com](mailto:jason.price@wewaikai.com)

If your banking information has changed since your last distribution, please include a void cheque with your request.



**DEADLINE: MAY 31, 2026**

# PARKING ON ROAD

To help facilitate emergency vehicles and through traffic, please make sure any vehicles that are parked in front of your house are off the road and not impeding traffic.



*Please slow down in our community.*





**We Wai Kai Nation**

501-2025 Eagle Drive  
Campbell River, BC V9H 1V8  
250-914-1890

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April 8, 2026

Notification to members re: Nuyumbalees Society.

Dear Members,

We are compelled to inform you of a change in the relationship between the Nuyumbalees Society and the Nation.

As a Nation we have been entangled in a long-standing disagreement over the amount of funds the Nations has expended to the Nuyumbalees Society. We have also expressed concern that there is no lease for the building on We Wai Kai Lands.

After numerous attempts to negotiate with the Society, reducing the amount that we could legally and realistically recover by over half and offer to start negotiating a lease, we have seen no willingness to move forward with our requests. We have also been met with accusatory comments, our name being removed from their letterhead and no recognition of the Nations unequitable share of the Nuyumbalees expenses over the course of many many years.

This leads us to believe that they no longer wish to engage with us a meaningful partner.

Due to this, we are unable to continue with the relationship as we have fiducial responsibility to our members and are only willing to stay in a relationship with partners that respect the Nation and don't take advantage of our members.

As of today, we will be removing access to the building and shutting off services to the Society.

Sincerely,

A handwritten signature in blue ink, appearing to be "D. A.", written in a cursive style.

Chief and Council



## Marine Plan Partnership

### Request for Proposals:

GRAPHIC ARTIST for the NORTH VANCOUVER ISLAND MARINE PLAN

The MaPP partners seek to contract an experienced graphic artist to design visual elements for the North Vancouver Island Marine Plan.

### Contract Information

**Scope of work:** The contractor will design new visual elements for the North Vancouver Island Marine Plan, including unique illustrations and works of Kwakwaka'wakw and/or Coast Salish art. The Contractor should be available for regular check-in calls to review status and progress against deliverables.

#### Deliverables:

1. The following designs will be provided to the MaPP partners, including two rounds of review and edits. Final designs will be provided in .png and .svg formats:
  - a. 1 cover Page, including unique art overlayed on a photograph provided by MaPP
  - b. 1 illustration of social-ecological systems in the plan area
  - c. 17 icons, full list in appendix
  - d. 5 graphics

See sample license agreement below.

**Contract Timeline** (subject to change): May-June, 2026.

*Note: Turnaround time for MaPP Partner review and feedback on materials and reports is 2 weeks.*

- **Week of May 4:** Issuance of contract; kick-off meeting with the NVI Technical Team to discuss desired graphics and visual elements.
- **Week of May 4:** Artist reviews the background materials provided including visual identity guides and content of the plan.
- **Week of May 25:** Presentation of draft designs (deliverables 1a-d), seeking input from the partners.
- **May 25-June 19:** Two rounds of review and feedback from NVI MaPP partners.
- **June 30:** Final version graphic elements submitted to the partners.

**Contract Remuneration:** Up to a contract maximum of \$7,500.00 plus GST, including any expenses.

### Background

The Marine Plan Partnership for the North Pacific Coast (MaPP) is a co-led process between 17 First Nations and the Government of the Province of British Columbia (the 'MaPP Partners'). Through a collaborative marine planning process that started in 2011, MaPP developed four sub-regional marine plans and a Regional Action Framework (RAF) for the following sub-regions: North Vancouver Island (NVI), Central Coast, North Coast, and Haida Gwaii (collectively, the 'MaPP Region'). In NVI, the partners are the Province of B.C. (represented by the Ministry of Water, Land and Resource Stewardship) and



Nanwakolas Council. For more information about MaPP please see our [website](#).

Completed in 2015, the [North Vancouver Island Marine Plan](#) includes recommendations for developing and maintaining resilient marine ecosystems and sustainable economies for NVI communities. It provides direction for managing marine areas, uses and activities administered by the provincial government. In 2026, the partners are working to amend the marine plans to be consistent with new policies and emergent priorities—these amendments are nearing completion.

The partners in NVI are seeking an experienced graphic artist to design new visual elements for the updated NVI plan. These graphic elements are intended to improve visual storytelling, enhance the reading experience, and support improved communication of plan content. Given the content and nature of the NVI plan, as well as the geographic area concerned, the partners will prefer applications from First Nations artists, especially those from Kwakwaka'wakw Nations, especially citizens of Nanwakolas member First Nations. The final designs will be consistent with MaPP's existing visual identity and style guides.

## MaPP Input

The MaPP Contract Manager(s) will provide the contracted artist with:

- MaPP's visual identity and style guides.
- Detailed descriptions of graphic elements
- Examples of similar artwork and documents

## To Apply

By April 27, please submit via e-mail a proposal that includes:

1. Cover letter or statement of qualifications.
2. Resume or Curriculum Vitae.
3. Artist portfolio.

Across these documents, please demonstrate how you meet the criteria described below.

### Contract Requirements:

- Experience designing art and graphic story-telling elements
- Identity statement confirming that the art would be produced in good faith by a Kwakwaka'wakw or Coast Salish artist
- Ability to apply visual identity guides and preserve brand identity
- Familiarity with the MaPP initiative, including the North Vancouver Island Marine Plan, considered an asset
- Knowledge of B.C. marine ecosystems considered an asset
- Flexible availability throughout the contract term to accommodate weekly planning meetings

### Send proposals to:

Re: MaPP NVI Plan Art and Graphic Design

c/o zander chila, Technical Coordinator | [zchila@mappocean.org](mailto:zchila@mappocean.org)

cc Sally Cargill, BC WLRs Co-Lead — NVI | [Sally.Cargill@gov.bc.ca](mailto:Sally.Cargill@gov.bc.ca)

cc Scott Harris, Nanwakolas Co-Lead — NVI | [ScottHarris@nanwakolas.com](mailto:ScottHarris@nanwakolas.com)

cc Phillip Akins, MaPP Operations Manager | [pakins@mappocean.org](mailto:pakins@mappocean.org)

## Artwork License Agreement (Example)

This Artwork License Agreement ("Agreement") is made between:

Artists Name:

Address:

Email:

and

Organization Name:

Address:

Email:

### Grant of Rights

The Artist grants the Marine Plan Partnership an exclusive, royalty-free, perpetual license to use the following pieces of digital art: [LIST OF WORKS]

### Use is limited to:

- Publication in the North Vancouver Island Marine Plan
- Use by the Marine Plan Partnership in print and digital materials (for example: newsletters, presentations, social media)

### Digital Art Format

The artist will provide the digital art in a format and dimensions specified by the Network partners.

### Ownership and Credit

The Artist retains full copyright ownership of the artwork. Credit will be given to the Artist in all usages.

### Compensation

A one-time fee will be paid to the Artist to develop, refine (two revisions) and complete the artwork.

### Restrictions

Artwork will not be used for any other purposes without the Artist's written consent.

### Signed:

Artists Signature

Date: \_\_\_\_\_

Organization Representative Signature

Date: \_\_\_\_\_

## List of Potential Icons

1. Co-Governance and Collaboration
  - a. Hands shaking
2. Truth and Reconciliation
3. Climate Adaptation and Restoration
4. Research and Monitoring
  - a. Drone
  - b. Magnifying glass
5. Food Security and Sovereignty
  - a. Clams
6. Conservation and Protection
7. Cultural and Heritage Resources
8. Marine Response and Pollution
  - a. Net
9. Regulatory Compliance and Enforcement
10. Education and Training
  - a. Diploma
  - b. Grad hat
11. Marine Economy and Infrastructure
  - a. Vessel?
12. Recreation and Tourism
  - a. Kayak
13. Forestry Operations
  - a. Tree
14. Aquaculture
  - a. Mussels growing on a line?
15. Fisheries Economy
  - a. Fishing boat?
  - b. Fishing rod?
16. Renewable Energy
  - a. Wind turbine?
17. Wild Aquatic Plant Harvest
  - a. Kelp
18. Ecological Health
19. Human Wellbeing



# Lands Updates:

## 1. LAWN MOWING SUPPORT FOR ELDERS

Elders (65+): please get in touch if you'd like to be added to the lawn list. Call 250-914-1890 and ask for Jonathan Mearns, or email [jonathan.mearns@wewaikai.com](mailto:jonathan.mearns@wewaikai.com)

## 2. FIREWOOD ROUNDS AVAILABLE AT CAPE MUDGE

Firewood rounds available: **FIRST COME, FIRST SERVE.** Wood is green and un-split. Accessible off Lighthouse Road, 700m before the turn off for the Tsakwa'lutan Healing Centre. Gate will be unlocked.



**Let's keep our community  
safe for everyone.**

**NEW SPEED LIMITS COMING!**

**keep an eye out for new signs**

**Thank you for watching your speed  
when driving in our residential  
and business areas.**

# Quinsam Crossing Liquor Store Logo Contest

## Eligibility

The Contest is open to current We Wai Kai members and their descendants.

Please read the rules and guidelines carefully.

## Submission Guidelines and How to Enter

1. It starts on March 30<sup>th</sup>, 2026 and closes on April 30<sup>th</sup>, 2026 at 4:30pm. Late submissions will not be considered.
2. All entries must be submitted electronically to Economic Development [simone.lamont@wewaikai.com](mailto:simone.lamont@wewaikai.com). Submissions must include the full name of the person who designed the logo, name, email address, postal address, telephone number.
3. Contestants may submit ONE original entry.
4. Each entry should be submitted in TWO formats; one in colour and one in black and white/greyscale.
5. The logo should not carry the name of the artist. The design of the logo must be original.
6. Entries are welcome from artists who have already created previous WWK logos.

## Logo Design and Guidelines and Parameters

This contest aims to design a logo to be used by the Quinsam Crossing Liquor Store, that is owned by the We Wai Nation, for all promotional purposes in the future.

The logo's design should have the We Wai Kai artistic style. It should deliver the impression of Professionalism, Ingenuity, Collaboration, and Efficiency. **This logo will be the visual representation of the campground.**

The logo must be appropriate for a liquor store and include "Quinsam Crossing Liquor Store" in its design.

Entries must be submitted as JPEG files. The winning entry must later be submitted in scalable vector graphic format for quality reproduction purposes. The colour must be CMYK, though the logo may also be produced in black and white. Contestants are advised to avoid gradients and half-tones. The logo must be easy to use, handle, resize, and manipulate for all reproduction purposes. In addition, it should be visually appealing on both small (as small as 2cm x 2cm) and large scales.

## Intellectual Property

1. The designer is responsible for proving its authenticity, should any complaints arise due to similarities, likeness, or comparison.
2. WWK Nation reserves the right to disqualify any entry based on perceived violations of intellectual property rights.
3. WWK Nation reserves the right to use the winning submission for promotional purposes in the future, including, but not limited to, display on websites, business cards, letterhead, posters, and other materials.
4. If winner is determined to have violated any rules, they will be required to forfeit or return the prize, even if the determination is made after the prize has been awarded.

## Determination of Winner and Prize

1. The winning entry will be selected by WWK Chief and Council. Their decision will be final, and no further correspondence shall be entered into.
2. Entries will be judged on their visual appeal, adherence to the concept prompting the contest, quality of design, and ease of reproduction for purposes stated above.
3. **The prize for winning entry is \$1500**
4. The winner will be notified via email and announced on the WWK Nation website and Facebook page ([www.facebook.com/wewaikaifirstnation/](http://www.facebook.com/wewaikaifirstnation/)).

If you have any questions about the rules and guidelines, please email Simone at [simone.lamont@wewaikai.com](mailto:simone.lamont@wewaikai.com)

# GOOD LUCK!!

# Comox Valley Shake and Shingle Logo Contest

## Eligibility

The Contest is open to current We Wai Kai members and their descendants.

Please read the rules and guidelines carefully.

## Submission Guidelines and How to Enter

1. It starts on March 30<sup>th</sup>, 2026 and closes on April 30<sup>th</sup>, 2026 at 4:30pm. Late submissions will not be considered.
2. All entries must be submitted electronically to Economic Development [simone.lamont@wewaikai.com](mailto:simone.lamont@wewaikai.com). Submissions must include the full name of the person who designed the logo, name, email address, postal address, telephone number.
3. Contestants may submit ONE original entry.
4. Each entry should be submitted in TWO formats; one in colour and one in black and white/greyscale.
5. The logo should not carry the name of the artist. The design of the logo must be original.
6. Entries are welcome from artists who have already created previous WWK logos.

## Logo Design and Guidelines and Parameters

This contest aims to design a logo to be used by Comox Valley Shake and Shingle, that is owned by the We Wai Nation, for all promotional purposes in the future.

The logo's design should have the We Wai Kai artistic style. It should deliver the impression of Professionalism, Ingenuity, Collaboration, and Efficiency. **This logo will be the visual representation of the shake and shingle mill.**

The logo must be appropriate for a shake and shingle mill and include "Comox Valley Shake and Shingle" in its design.

Entries must be submitted as JPEG files. The winning entry must later be submitted in scalable vector graphic format for quality reproduction purposes. The colour must be CMYK, though the logo may also be produced in black and white. Contestants are advised to avoid gradients and half-tones. The logo must be easy to use, handle, resize, and manipulate for all reproduction purposes. In addition, it should be visually appealing on both small (as small as 2cm x 2cm) and large scales.

## Intellectual Property

1. The designer is responsible for proving its authenticity, should any complaints arise due to similarities, likeness, or comparison.
2. WWK Nation reserves the right to disqualify any entry based on perceived violations of intellectual property rights.
3. WWK Nation reserves the right to use the winning submission for promotional purposes in the future, including, but not limited to, display on websites, business cards, letterhead, posters, and other materials.
4. If winner is determined to have violated any rules, they will be required to forfeit or return the prize, even if the determination is made after the prize has been awarded.

## Determination of Winner and Prize

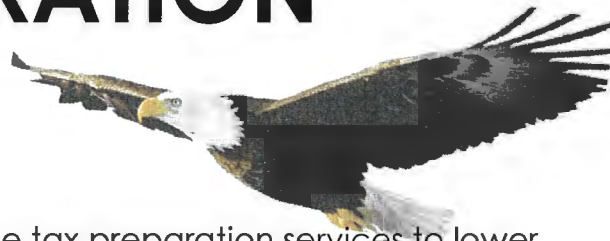
1. The winning entry will be selected by WWK Chief and Council. Their decision will be final, and no further correspondence shall be entered into.
2. Entries will be judged on their visual appeal, adherence to the concept prompting the contest, quality of design, and ease of reproduction for purposes stated above.
3. **The prize for winning entry is \$1500**
4. The winner will be notified via email and announced on the WWK Nation website and Facebook page ([www.facebook.com/wewaikaifirstnation/](http://www.facebook.com/wewaikaifirstnation/)).

If you have any questions about the rules and guidelines, please email Simone at [simone.lamont@wewaikai.com](mailto:simone.lamont@wewaikai.com)

# GOOD LUCK!!



# FREE INCOME TAX PREPARATION



CNB is pleased to offer **FREE** income tax preparation services to lower income residents in your community.

This service is available to those who earn under \$25,000 per individual or \$40,000 for a couple per year **AND** who do not have fishing, business, or rental income.

An appointment is not required to participate in this service – all correspondence will occur via email.

If you are interested in and eligible for this service, please email [samantha@cNBCpa.ca](mailto:samantha@cNBCpa.ca) to get started.

## Why should you file a tax return if you have lower income or do not owe any taxes nor expect a refund back?

If you do not file a tax return you are not eligible to receive GST credits or other provincial tax credits that may become available to you during the year. Filing your tax return ensures that you receive all cash payments and benefits that are available to yourself and your family.

Please note that the CRA has updated the authorization process, if you are interested in CNB preparing your return it is required that you have an active CRA account online **OR** can provide a Notice of Assessment from a previously filed tax year.

If you have accessed CNB's free service in a previous year it is **NOT** required that you possess an online account.



# **REMINDER:**

**COMMUNITY DUMPSTERS  
ARE NOT INTENDED  
FOR YARD WASTE.  
PLEASE FOLLOW THE POSTED  
SIGNAGE  
FOR WHAT IS AND IS NOT  
ALLOWED IN THE BINS.**

# POST SECONDARY SUMMER EMPLOYMENT



## HOW TO APPLY:

Employment Period:  
May 4 - August 28, 2026

Application Closing Date:  
April 22, 2026 @ 4:30pm

Send resumes with cover  
letter and expression of top  
3 areas of interest to:  
[rachel.west@wewaikai.com](mailto:rachel.west@wewaikai.com)

## Possible opportunities in:

- Economic Development
- Administration
- Engineering
- Forestry

High School Summer Employment  
Program Information Coming Soon



## ***A - TLEGAY FISHERIES SOCIETY***

*(representing Wei Wai Kum First Nation; We Wai Kai First Nation;  
K'omox First Nation; Kwiakah First Nation; Tlowitsis First Nation)*

**1441 – A Old Island Hwy., Campbell River, BC V9W 2E4**

**Telephone #: (250) 287-8868 Fax #: (250) 287-8414**

**e-mail: [atlegay@shawcable.com](mailto:atlegay@shawcable.com)**

**Clam Harvest Opportunity for A-Tlegay Nation Members: Wei Wai Kum, We Wai Kai, K'omoks, Tlowitsis, and Kwiakah, for individuals and elder distribution.**

**Harvest will occur at beaches within Kanish Bay/Small Inlet (Area 13-11) from 9:30am – 2pm April 20<sup>th</sup>, 2026**

**If interested in assisting with the harvest, please call the A-Tlegay office by Wednesday April 15<sup>th</sup> to arrange transportation.**

### **Elders Distribution:**

**Species: Cockle, Butter, Manila and Littleneck (if available)**

**Date: Monday, April 20<sup>th</sup>, 2026**

**Time: 3:00pm – 4:30pm**

**Place: A-Tlegay Office**

**Limited supply – First come first serve**

# April 2026

**Cape Mudge Youth/Teen Group Margot Assu 250-202-6919**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No Group	2 No Group	3 Good Friday No Group	4
5	6 Easter Monday No Group	7 Pro D Drum Workshop Campbell River 2:00-5:30 please sign up	8 Garden 3-4 teens 4-6 open gym	9 Group 2:45-5:30 NEW FLOW PAINTING	10 Teens/Youth Quinsam Fair 2:00-6:00	11
12	13 No Group In Training	14 No Group In Training	15 Garden 3-4 Teen 4-6 Pickleball	16 Youth Group with Keltie egg experiment	17 Group 2:40-5:30	18
19	20 Teen 4-6 Open Gym and Art	21 Youth 2:45-5:30 Nature Walk	22 Teen 4-6 Gym-Open games Volleyball	23 Youth 2:45-5:30 Games Marathon	24 Youth/Teen 2:45 - 5:00 Intro to sketching	25
26	27 Teen 4-6 Badminton	28 Youth 2:45-5:30 Rock Painting	29 Garden 3-4 Teen 4-6 Sushi making	30 Airhouse and lunch Naniamo 10:30-5:00 youth room sign up		

**My notes**

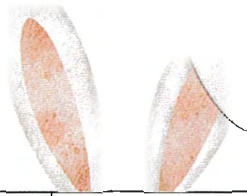
Please sign up for all Highlighted Groups in Yellow or Orange Because the Youth Van will be needing to Transport and space is limited

Thank you for your Continued support of this program. If you have any Questions or Suggestions please let me know

Wednesday Gardening is open to all Community. 3-4 Please help support or drop by for a visit



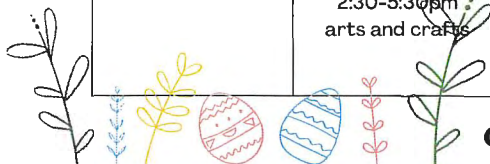
# APRIL 2026



QUINSAM YOUTH/TEEN



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Youth Group 12:00pm-5:00pm Creative Literacy Day and cedar bookmark making	2 Youth Group 12:00pm-5:00pm lands tour with the We Wai Kai Treaty society	3 <b>COMMUNITY EASTER EGG HUNT &amp; BREAKFAST NO YOUTH GROUP</b>	4
5	6 <b>EASTER MONDAY NO YOUTH GROUP</b>	7 Youth Group 12:00pm-5:00pm Manafsi dtu yaxwa (Drum & Dance) with Nalaga	8 Youth Group 2:30-5:30 Beach day	9 Youth Group 2:30-5:30 Rock Painting	10 Youth Group 2:30-5:30 Bowling	11
12	13 Youth Group 2:30-5:30 Lazer Tag	14 Youth Group 2:30-5:30 Health Topic Tuesday	15 Youth Group 2:30-5:30 team Race!	16 Youth Group 2:30-5:30 Teen Night Velocity 6-8pm	17 Youth Group 2:30-5:30 Game day!	18
19	20 Youth Group 2:30-5:30 Lazer Tag	21 Youth Group 2:30-5:30 Health Topic Tuesday	22 Youth Group 2:30-5:30pm BINGO	23 Youth Group 2:30-4:30 Teen Night Escape room 5:00-7:30pm	24 Youth Group 2:30-5:30 Park Trip	25
26	27 Youth Group 2:30-5:30pm arts and crafts	28 Youth Group 2:30-5:30 Health Topic Tuesday	29 Youth Group 2:30-5:30pm Ice Skating	30 Youth Group 2:30-5:30 Teen Night Swimming 6-8pm		



**CONTACT (250)202-6532 FOR SIGN UP (ALL HIGHLIGHTED)**

# April

Call Payton at 250-202-3222 for more information

# Cape Mudge Elders

# 2026


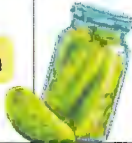
Monday

Tuesday

Wednesday

Thursday

Friday

		1 Easter lunch & Social Group w/ Keltie 1:00-3:00	2 Shopping/Appointments 8:30-4:30	3 <b><u>HOLIDAY</u></b> <b><u>NO PROGRAMS</u></b>
6 <b><u>HOLIDAY</u></b> <b><u>NO PROGRAMS</u></b>	7 Shopping/Appointments 8:30-4:30	8 Shopping/Appointments 8:30-4:30	9 Cedar Hats Registered Elders Cape 9:00am - 5:00pm	10 <b><u>PAYTON OFF</u></b> <b><u>Training</u></b>
13 <b><u>PAYTON OFF</u></b> <b><u>Training</u></b>	14 <b><u>PAYTON OFF</u></b> <b><u>Training</u></b>	15 Shopping/Appointments 8:30-4:30	16 Shopping/Appointments 8:30-2:30 Cape Museum 2:30-4:30	17 Shopping/Appointments 8:30-4:30
20 Office Day 8:30-4:30	21 Bingo & Lunch 12:00 - 3:00	22 Strathcona Gardens 9:30 FERRY Hottub/Sauna & Registered Elders Youth/Elders gathering @ Phoenix middle school	23 Shopping/Appointments 8:30-4:30	24 Shopping/Appointments 8:30-4:30
27 Shopping/Appointments 8:30-4:30	28 Shopping/Appointments 8:30-4:30	29  10:00 am ferry	30 Pickling Workshop w/ Keltie 1:00pm - 3:00pm Registered Elders	

# Quinsam Elders

# April

2026

Katrina Elders Worker  
250-201-7732

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Costco Trip 10am - 2pm	2 Tech Day Call to Book 10am-2pm	3 <b>Good Friday</b> <b>Office Closed</b>	4	5
6 <b>Easter Monday</b> <b>Office Closed</b>	7 Shopping & Appointments 8:30am - 4:30pm	8 Shopping & Appointments 8:30am - 4:30pm	9 Bingo 11:30am-2:00 Quinsam Boardroom	10 Strathcona Gardens Leisure Swim 10am -1pm Hot Tub & Steam Room	11	12
13 Training All Day	14 Training All Day	15 Shopping & Appointments 8:30am - 4:30pm	16 Selfcare / Luncheon Quinsam Hall 11:30am -2:30pm	17 Shopping & Appointments 8:30am - 4:30pm	18	19
20 Shopping & Appointments 8:30am - 4:30pm	21 Shopping & Appointments 8:30am - 4:30pm	22 <b>Katrina Away</b> Phoenix School Gathering 10am-11:30am	23 <b>Katrina Away</b>	24 <b>Katrina Away</b>	25	26
27 <b>Katrina Away</b> LKT Luncheon 12pm-2pm	28 <b>Katrina Away</b>	29 Shopping & Appointments 8:30am - 4:30pm	30 Shopping & Appointments 8:30am - 4:30pm			

**QUINSAM ELDERS & CAPE ELDERS**

# **STRATHCONA GARDENS LEISURE SWIM**

**HOT TUB & STEAM ROOM**



## **QUINSAM ELDERS**

*10:30am - 2:00pm* Friday, March 13th

Katrina 250-201-7732

## **CAPE ELDERS**

*12:00pm-2:00pm* Wednesday, April 22nd

Attending Phoenix middle schools youth/elders gathering beforehand

10:00am-11:30am

**9:30 ferry to CR**

**2:30 ferry Home**

Payton 250-202-3222



**Additional paperwork/ doctors approval may be required. contact Michelle for more info 250-202-0097**

# Elders Youth Gathering

We would be honoured if you,  
**our Community Elders,**  
would come and visit  
with Phoenix Youth

When: Wednesday April 22, 2026  
10:00-11:30 am

Where: École Phoenix Middle School  
in the Gym

Please sign up to attend by April 8, 2026

-  
Parking available in the LOWER lot



# Tutoring

Quinsam Band Office

**\* New Admin Building \***

Mondays & Wednesdays

With Emma 3:30-5:30

middle /high school students

Tuesdays 3:45-5:45

with Stephanie or Audra

elementary students



250-914-1890



Contact Rachel for more info

## MATH TUTORING AT CAPE MUDGE ON MONDAY AFTERNOONS



Do you need help with math? Do you wish that your teacher or your textbook made more sense to you? One-on-one tutoring can be really helpful because everyone has different ways of learning, and we can find a way that works for you. Math tutoring is starting again at the band office on Monday starting on January 12<sup>th</sup>. You don't need to make an appointment or call, just drop in any time between 4 and 6 on Monday and bring your math homework or your questions about math. I can also help with physics and calculus or we can talk about web resources, graphing technology, or how to make your calculator work better for you.

I will be keeping a window open for better ventilation, so bring a sweater or jacket if it's a chilly day, and please stay home if you are ill or have been in close contact with someone who has flu or coronavirus.

Call, text, or email me if you have any questions.

Mary-Ellen 250-895-0519  
maryellenvanlane@gmail.com

I hope to see you there!



# ADHD Workshop

**Saturday April 18/26**

**Quinsam Boardroom**

**10am-3pm**

**Journey of self-discovery  
undiagnosed ADHD while  
facing racism, bullying and  
childhood traumas.**

**Hear how K'odi overcame and  
understands how his brain  
works and strategies to  
manage challenges.**

**Valuable for Parents  
Caregivers, EA's,  
Teachers**

**Lunch provided**



**Please register**



**RACHEL WEST FOR MORE INFO  
250-914-1890**





# We Wai Kai Nation

Quinsam Hall (2005 Eagle Drive, Campbell River )

Friday May 29 - 5:00 - 8:30pm  
Saturday May 30 & Sunday May 31 - 9:30 am- 4:00 pm  
Monday June 1 - 5:00 - 8:30 pm  
(Graduation Ceremony & Dinner)



## REGISTER NOW!

REGISTER TODAY!



Scan the QR Code to register online!

### FREE YOUTH ENTREPRENEURSHIP CAMP (INDIGENOUS YOUTH AGES 11-18)

Explore the basics of business, team building, games & more! Learn how to turn your ideas into reality!

**EACH YOUTH RECEIVES \$100 MASTERCARD  
FOR PARTICIPATING • THE WINNING TEAM  
RECEIVES \$250 EACH!**

**AT THE COMMUNITY CELEBRATION DINNER JUNE 1!**



EMPOWERED BY:



### DREAM CAMP INCLUDES:

Dinner - Friday  
Breakfast & Lunch - Saturday & Sunday  
Graduation Dinner - Monday

Hoodie and other fun Arc'teryx Swag

Team Coaches to help Youth tackle Challenges and develop valuable business, teamwork and life skills such as negotiating, public speaking & budgeting.

Lots of hands-on activities to create a start-up plan and Team Pitch video for YOUR business ideas.

Email: [jay.falkus@bearslairtv.com](mailto:jay.falkus@bearslairtv.com) or  
[rowan@bearslairtv.com](mailto:rowan@bearslairtv.com)

Liḡwıldax<sup>w</sup>  
Health Society



# Run <sup>the</sup> Spit 5Km

**June 19th**

Register at:

[2026 – 14th Annual National Indigenous Day RUN THE SPIT 5K –  
Race Roster – Registration, Marketing, Fundraising](#)  
*On-line registration closes June 16th*

**Race package pick-up: Thursday June 18<sup>th</sup>  
12:00-5:30pm**

**LKT Health Youth & Elders Room**

**Only registered participants are guaranteed to  
receive a t-shirt and race bib**

**Run Starts at 8:00**

**Pancake Breakfast to Follow**



Liḡwıldax<sup>w</sup> Health Society

More Info Contact Dayle at  
250-286-9766



## ***Wewaikai Elders & WWK Youth Big Bingo Fundraising***



Where: Quinsam Hall, February 28<sup>th</sup>, ~~MAY 2~~, June 27th

Doors open 11am

5- zips games \$2.00each booklet of 5 for \$10.00

Zip start time 12:30 regular Bingo starts 1pm

Ticket at Door price \$100 including 12up booklet, includes specials

Concession, door prizes, 50/50 draw

Matt 250.202.6924 or Carla Matilpi 250.204.6442

Thank you for your support to Wewaikai Elders and WWK Youth



**Ligwiltach Elder's & Youth Culture Group**

Quinsam Hall

Culture Practice

Sunday April 19 & 26

1:30 pm

Ladies Only Practice

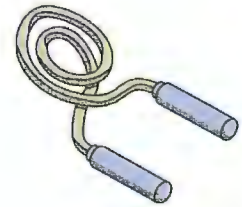
Tuesday April 7 – 6:30 pm

Tuesday April 14 – 6:30 pm

Tuesday April 21 – 6:30 pm

Blanket Making on Thursday's at 6:30 pm





**BEGINNER CLASS**  
**ONE MORE  
REP  
WORKOUT**

WITH ANDREA ALFRED

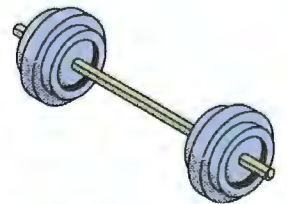
Time: 5:00pm - 6:00pm

Where: Quinsam Hall, 2005 Eagle Drive

When: Tuesdays & Thursday, Starting Jan 6/26

Beginners Introduction Level

**ALL FITNESS LEVEL'S WELCOME**



EARLY PREVENTION - PHYSICAL ACTIVITY PLAYS AN ESSENTIAL ROLE IN QUALITY OF LIFE; IT PROMOTES PHYSICAL, MENTAL AND PSYCHOLOGICAL WELL-BEING: OF DEVELOPING PREMATURE HEALTH PROBLEMS.

REGULAR EXERCISE CAN PLAY A KEY ROLE IN REDUCING YOUR RISK OF MEDICAL PROBLEMS AND HEALTH RELATED ISSUES, THAT CAN BE PARTICULARLY TREATED AND CONTROLLED BY EXERCISE. THE NEED FOR AND VALUE OF EXERCISING ON A REGULAR BASIS IS AN IRREFUTABLE FACT OF LIFE (AND DEATH).

IMPROVE YOUR HEALTH FOR LONGEVITY, MOBILITY, STRENGTH & QUALITY OF LIFE

WEIGHTS + BANDS, CARDIO INTERVALS, BODYWEIGHT

For More Information Call Michelle Davis @ 250-202--0097

# JIU-JITSU

TRAINING

OPEN TO 14 +

ADULTS OF ALL AGES  
ARE ENCOURAGED TO  
JOIN.

NO PRIOR EXPERIENCE  
NEEDED.

BEGINNERS WELCOME!

EVERY

**WEDS**  
**7-8:30PM**



Quinsam Hall  
2005 Eagle Drive

**MORE INFORMATION**  
CONTACT MICHELLE DAVIS  
250-202-0067



# Pickleball Lessons

with Prestige Pickleball - Coaching and Skills Development, Level II Instructor, Lisa Sawatsky



Beginner Lessons for all skill levels, 16+ yrs. old.

*Sunday March 8 & 15 @ 1:00-2:30pm*  
&

*Sunday April 19 & 26 @ 1:00-2:30pm*

Thunderbird Hall

For more info call Diana at 250-200-0700

# FITNESS CLASS

with Andrea Alfred

## MARCH Classes Every THURSDAY

NO CLASS March 12<sup>th</sup>  
March 19 class is MOVED  
to Monday March 16<sup>th</sup>

## 7:00 - 8:00 PM Thunderbird Hall



Everyone Welcome!

Whether you're just starting out or more experienced, this class lets you move at your own pace and adjust the intensity to what feels right for you.

## House for Sale

3Bed 2 Bath House 1488 SQ FT

With 1 Bed 1 Bath Suite 952 SQ FT

~~Asking \$490,000.00~~

Reduced to: \$450,000.00

Call Gail 250 203 2960



**GRIEF & LOSS RETREAT  
PAINTERS LODGE  
1625 MCDONALD RD  
CAMPBELL RIVER BC**

**MAY 4<sup>TH</sup> - 8<sup>TH</sup>, 2026**

We offer invitation to First Nation members 19+ to Join **Yakawidi**, Shawn Decaire and specialized team for this 4.5 day circle to share, support and navigate personal grief and loss journeys .

Clinical, traditional, cultural and elder support provided as well as meals and accommodations.

**TRAVEL COSTS REIMBURSED WITHIN FNHA GUIDELINES  
TO APPLY PLEASE SEND APPLICATION FORMS TO INTAKE:**

intake@Lkthealth.ca  
250 287-0215





Ligw'ildax<sup>™</sup> Health Society



First Nations Health Authority

## Registration Form

### Grief and Loss

with Yakawidi Shawn Decaire

May 4<sup>th</sup> - 8<sup>th</sup>, 2026

Painters Lodge - 1625 McDonald Road

Campbell River, BC

*Meals and accommodations provided (Within FNHA Guidelines)*

During the program, there will be Cultural, Elder and Clinical Supports available if needed.

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Nation: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Contact: Phone #: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

Allergies: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Current medications: \_\_\_\_\_

Medical history: \_\_\_\_\_

**Are you actively using/addiction complications: please detail**

**Please Complete and send to:**

**[Intake@Lkthealth.ca](mailto:Intake@Lkthealth.ca), or call (250)287-0215 to complete over the phone during business hours.**

**Limited participants, those registered will get a confirmation email or phone call**

**\*Please do not contact resort or facilitator for information\***



**INTERACTIVE  
TRADES EXPO  
2026**

**HELP BUILD BC'S TRADES WORKFORCE**

*Today's Students.  
Tomorrow's Apprentices.*

**WHY PARTICIPATE?**

- ✔ Showcase tools & equipment
- ✔ Demo hands-on skills and trades
- ✔ Meet the next generation of apprentices.

**GET INVOLVED. INSPIRE YOUTH. BUILD BC.**

-  Be a hands-on exhibitor
-  Bring tools, simulators & equipment
-  Connect with youth interested in trades

**JOIN THE TRADES EXPO.  
SPOTS ARE LIMITED.**

## Interactive Trades Expo 2026

Timberline Secondary  
School

Friday, May 01, 2026  
10 am to 2 pm

**Register Now To  
Be An Exhibitor**

For information, please contact:  
Employer Services Coordinator  
Serena Gill

Toll free: 1-866-286-6788

Email: [serena.gill@niefs.net](mailto:serena.gill@niefs.net)

Presented in  
partnership  
with:



**SKILLED  
TRADES<sup>BC</sup>**



**Comox Valley Schools**  
A Community of Learners

INNOVATIVE • INQUISITIVE • INCLUSIVE

WorkBC Centre-Campbell River  
920 Alder Street, Campbell River, BC  
(T): 250-286-3441

Toll-free: 1-866-286-6788

[info-campbellriver@workbc.ca](mailto:info-campbellriver@workbc.ca)

Canada

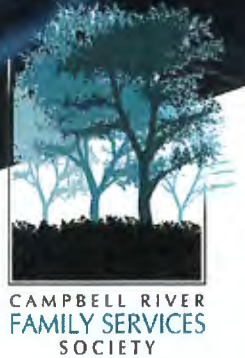


This program is funded by the Government of Canada  
and the Province of British Columbia.

**FREE**

SUPPORTING YOUR

# Anxious Child



**Date: April 15<sup>th</sup> 2026**

**Time: 5:00 - 6:30 PM**

**Location: Campbell River Family  
Services 487-10th ave, Campbell  
River**

**Understand your child's anxiety and learn strategies and tools to help support your child to build their resiliency with Integrated practice clinician at child and youth mental health: Taryn Corrie BA, MOT, NMT certified**

To register or for more information please contact  
Sydnie Nauss at [sydnie.nauss@crfs.ca](mailto:sydnie.nauss@crfs.ca) or 778-346-9324



It is with heavy hearts that we announce the passing of our beloved Geraldine “Jenny” Roberts, a devoted wife, mother, grandmother, and friend to many.

Jenny was known for her kind heart, gentle spirit, and unwavering love for her family. She touched the lives of everyone who knew her and will be remembered for her warmth, strength, and the joy she brought to those around her. She loved to cook, spend time working on her husband’s fishing boat, the odd glass of wine and surrounding herself with her family—these were the moments that meant the most to her. Jenny and her husband Aubrey also shared a deep passion for racehorses, spending many cherished days at the track watching their award-winning horse, Strawberry Morn.

She will be deeply missed by her loving husband, Aubrey Roberts, her children, her cherished grandchildren, and all her extended family and friends. She was predeceased by her sister Sharon, and her brothers Huey and Bill.

A celebration of Jenny’s life will be held on April 17th at the Thunderbird Hall at 1pm, where we will gather to honour and remember the beautiful life she lived.



To our friends and family:

We will be having a celebration of life for Glenda Marshall.

**Sunday, May 3<sup>rd</sup>**

**Quinsam Hall @ 12pm**

Refreshments to follow.

If anyone has any pictures or videos they would like to add to the service, please send them to **[marshallfamily1954@gmail.com](mailto:marshallfamily1954@gmail.com)**

Thank you for your continued love and support.

# EMPOWER. FUND. SUCCEED.

A community gathering for aspiring Indigenous entrepreneurs to learn about funding opportunities, and strategies for building a successful business.



**23 APRIL 2026**  
**1-2:30PM**



**501-2025 EAGLE DRIVE,**  
**CAMPBELL RIVER**

Event co-hosted by NEDC and Wei Wai Kai Nation, with a special presentation by Alissa Assu, Owner of RavenSong Soap & Candles.



**REGISTER NOW! P: 250-914-1890 Ext. 125**



**Raven Song**



**NEDC**



# QAYOLA

**TAKING TURNS TELLING STORIES**  
Indigenous art in Campbell River

**exhibit opening**

We welcome you to join us to spend time with these works, to build understanding, and to gather together for the opening.

**April 17 at 4:00**

Museum at Campbell River  
470 Island Hwy at 5<sup>th</sup> Ave.

This exhibit is a partnership between the Museum at Campbell River and the We Wai Kai and Wei Wai Kum Nations, in collaboration with the Liḡwíłdaǰw Research Centre.



# QAYOLA

**TAKING TURNS TELLING STORIES**  
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**April 17 to November 8**

On at the Museum at Campbell River.



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