

WE WAI KAI NATION



April 22, 2026

Nation Information

Gail Will Be Back April 27th No Status Cards Done
Changes re: Spring Clean Up
Street Parking
Nuyumbalees Culture Centre Information
Marine Plan Partnership
Lands Updates
New Speed Limits Coming
Logo Contests
Tax Prep
Dumpster Reminder
Post Sec Summer Student
Reduced Service Service From Campbell River to Quathiaski Cove.

Elders & Youth

Youth & Elders Calendar
TTutoring at Cape Mudge & Quinsam
HASE breath of Life,
Bears Liars

Events & Other Activities

We Wai Kai Elder's & Youth Big Bingo Fundraiser
Ligwiltach Elder's & Youth Culture Group - Blanket Making
Fitness Opportunities
Home For Sale at Quinsam
Grief And Loss Retreat
Trades Expo
Working together to bring Government service to you
Empower Funds Succeed
Celebration Of Life For Glenda Marshall
Indigenous Entrepreneurs Gathering
Qayola
Prawns from Nathan Chickite
WWK Community Days Member Meeting



UPDATE:

COMMUNITY CLEAN UP

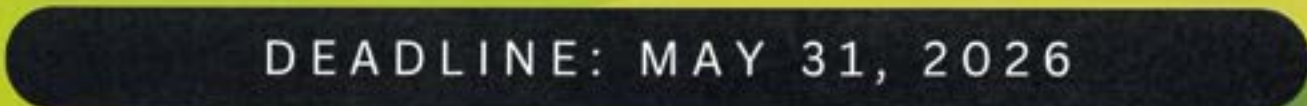
The community clean-up program is being revamped.

A seasonal, large-scale pick-up service will **not** be offered this year.

Instead, on-reserve members may submit receipts for landfill tipping fees and receive a one-time reimbursement of up to \$50 per household. Multiple tipping fee receipts can be included, but the **must be submitted together** in a single request.

All reimbursement requests must be submitted by **May 31, 2026** to jason.price@wewaikai.com

If your banking information has changed since your last distribution, please include a void cheque with your request.



DEADLINE: MAY 31, 2026

PARKING ON ROAD

To help facilitate emergency vehicles and through traffic, please make sure any vehicles that are parked in front of your house are off the road and not impeding traffic.



Please slow down in our community.





We Wai Kai Nation
501-2025 Eagle Drive
Campbell River, BC V9H 1V8
250-914-1890

April 8, 2026

Notification to members re: Nuyumbalees Society.

Dear Members,

We are compelled to inform you of a change in the relationship between the Nuyumbalees Society and the Nation.

As a Nation we have been entangled in a long-standing disagreement over the amount of funds the Nations has expended to the Nuyumbalees Society. We have also expressed concern that there is no lease for the building on We Wai Kai Lands.

After numerous attempts to negotiate with the Society, reducing the amount that we could legally and realistically recover by over half and offer to start negotiating a lease, we have seen no willingness to move forward with our requests. We have also been met with accusatory comments, our name being removed from their letterhead and no recognition of the Nations unequitable share of the Nuyumbalees expenses over the course of many many years.

This leads us to believe that they no longer wish to engage with us a meaningful partner.

Due to this, we are unable to continue with the relationship as we have fiducial responsibility to our members and are only willing to stay in a relationship with partners that respect the Nation and don't take advantage of our members.

As of today, we will be removing access to the building and shutting off services to the Society.

Sincerely,

A handwritten signature in blue ink, appearing to be the name of the Chief and Council member.

Chief and Council



Marine Plan Partnership

Request for Proposals:

GRAPHIC ARTIST for the NORTH VANCOUVER ISLAND MARINE PLAN

The MaPP partners seek to contract an experienced graphic artist to design visual elements for the North Vancouver Island Marine Plan.

Contract Information

Scope of work: The contractor will design new visual elements for the North Vancouver Island Marine Plan, including unique illustrations and works of Kwakwaka'wakw and/or Coast Salish art. The Contractor should be available for regular check-in calls to review status and progress against deliverables.

Deliverables:

1. The following designs will be provided to the MaPP partners, including two rounds of review and edits. Final designs will be provided in .png and .svg formats:
 - a. 1 cover Page, including unique art overlaid on a photograph provided by MaPP
 - b. 1 illustration of social-ecological systems in the plan area
 - c. 17 icons, full list in appendix
 - d. 5 graphics

See sample license agreement below.

Contract Timeline (subject to change): May-June, 2026.

Note: Turnaround time for MaPP Partner review and feedback on materials and reports is 2 weeks.

- **Week of May 4:** Issuance of contract; kick-off meeting with the NVI Technical Team to discuss desired graphics and visual elements.
- **Week of May 4:** Artist reviews the background materials provided including visual identity guides and content of the plan.
- **Week of May 25:** Presentation of draft designs (deliverables 1a-d), seeking input from the partners.
- **May 25-June 19:** Two rounds of review and feedback from NVI MaPP partners.
- **June 30:** Final version graphic elements submitted to the partners.

Contract Remuneration: Up to a contract maximum of \$7,500.00 plus GST, including any expenses.

Background

The Marine Plan Partnership for the North Pacific Coast (MaPP) is a co-led process between 17 First Nations and the Government of the Province of British Columbia (the 'MaPP Partners'). Through a collaborative marine planning process that started in 2011, MaPP developed four sub-regional marine plans and a Regional Action Framework (RAF) for the following sub-regions: North Vancouver Island (NVI), Central Coast, North Coast, and Haida Gwaii (collectively, the 'MaPP Region'). In NVI, the partners are the Province of B.C. (represented by the Ministry of Water, Land and Resource Stewardship) and



Nanwakolas Council. For more information about MaPP please see our [website](#).

Completed in 2015, the [North Vancouver Island Marine Plan](#) includes recommendations for developing and maintaining resilient marine ecosystems and sustainable economies for NVI communities. It provides direction for managing marine areas, uses and activities administered by the provincial government. In 2026, the partners are working to amend the marine plans to be consistent with new policies and emergent priorities—these amendments are nearing completion.

The partners in NVI are seeking an experienced graphic artist to design new visual elements for the updated NVI plan. These graphic elements are intended to improve visual storytelling, enhance the reading experience, and support improved communication of plan content. Given the content and nature of the NVI plan, as well as the geographic area concerned, the partners will prefer applications from First Nations artists, especially those from Kwakwaka'wakw Nations, especially citizens of Nanwakolas member First Nations. The final designs will be consistent with MaPP's existing visual identity and style guides.

MaPP Input

The MaPP Contract Manager(s) will provide the contracted artist with:

- MaPP's visual identity and style guides.
- Detailed descriptions of graphic elements
- Examples of similar artwork and documents

To Apply

By April 27, please submit via e-mail a proposal that includes:

1. Cover letter or statement of qualifications.
2. Resume or Curriculum Vitae.
3. Artist portfolio.

Across these documents, please demonstrate how you meet the criteria described below.

Contract Requirements:

- Experience designing art and graphic story-telling elements
- Identity statement confirming that the art would be produced in good faith by a Kwakwaka'wakw or Coast Salish artist
- Ability to apply visual identity guides and preserve brand identity
- Familiarity with the MaPP initiative, including the North Vancouver Island Marine Plan, considered an asset
- Knowledge of B.C. marine ecosystems considered an asset
- Flexible availability throughout the contract term to accommodate weekly planning meetings

Send proposals to:

Re: MaPP NVI Plan Art and Graphic Design

c/o zander chila, Technical Coordinator | zchila@mappocean.org

cc Sally Cargill, BC WLRS Co-Lead — NVI | Sally.Cargill@gov.bc.ca

cc Scott Harris, Nanwakolas Co-Lead — NVI | ScottHarris@nanwakolas.com

cc Phillip Akins, MaPP Operations Manager | pakins@mappocean.org

Artwork License Agreement (Example)

This Artwork License Agreement ("Agreement") is made between:

Artists Name:

Address:

Email:

and

Organization Name:

Address:

Email:

Grant of Rights

The Artist grants the Marine Plan Partnership an exclusive, royalty-free, perpetual license to use the following pieces of digital art: [LIST OF WORKS]

Use is limited to:

- Publication in the North Vancouver Island Marine Plan
- Use by the Marine Plan Partnership in print and digital materials (for example: newsletters, presentations, social media)

Digital Art Format

The artist will provide the digital art in a format and dimensions specified by the Network partners.

Ownership and Credit

The Artist retains full copyright ownership of the artwork. Credit will be given to the Artist in all usages.

Compensation

A one-time fee will be paid to the Artist to develop, refine (two revisions) and complete the artwork.

Restrictions

Artwork will not be used for any other purposes without the Artist's written consent.

Signed:

Artists Signature

Date: _____

Organization Representative Signature

Date: _____

List of Potential Icons

1. Co-Governance and Collaboration
 - a. Hands shaking
2. Truth and Reconciliation
3. Climate Adaptation and Restoration
4. Research and Monitoring
 - a. Drone
 - b. Magnifying glass
5. Food Security and Sovereignty
 - a. Clams
6. Conservation and Protection
7. Cultural and Heritage Resources
8. Marine Response and Pollution
 - a. Net
9. Regulatory Compliance and Enforcement
10. Education and Training
 - a. Diploma
 - b. Grad hat
11. Marine Economy and Infrastructure
 - a. Vessel?
12. Recreation and Tourism
 - a. Kayak
13. Forestry Operations
 - a. Tree
14. Aquaculture
 - a. Mussels growing on a line?
15. Fisheries Economy
 - a. Fishing boat?
 - b. Fishing rod?
16. Renewable Energy
 - a. Wind turbine?
17. Wild Aquatic Plant Harvest
 - a. Kelp
18. Ecological Health
19. Human Wellbeing



Lands Updates:

1. LAWN MOWING SUPPORT FOR ELDERS

Elders (65+): please get in touch if you'd like to be added to the lawn list. Call 250-914-1890 and ask for Jonathan Mearns, or email jonathan.mearns@wewaikai.com

2. FIREWOOD ROUNDS AVAILABLE AT CAPE MUDGE

Firewood rounds available: **FIRST COME, FIRST SERVE.** Wood is green and un-split. Accessible off Lighthouse Road, 700m before the turn off for the Tsakwa'lutan Healing Centre. Gate will be unlocked.



**Let's keep our community
safe for everyone.**

NEW SPEED LIMITS COMING!!

keep an eye out for new signs

**Thank you for watching your speed
when driving in our residential
and business areas.**

Quinsam Crossing Liquor Store Logo Contest

Eligibility

The Contest is open to current We Wai Kai members and their descendants.

Please read the rules and guidelines carefully.

Submission Guidelines and How to Enter

1. It starts on March 30th, 2026 and closes on April 30th, 2026 at 4:30pm. Late submissions will not be considered.
2. All entries must be submitted electronically to Economic Development simone.lamont@wewaikai.com. Submissions must include the full name of the person who designed the logo, name, email address, postal address, telephone number.
3. Contestants may submit ONE original entry.
4. Each entry should be submitted in TWO formats; one in colour and one in black and white/greyscale.
5. The logo should not carry the name of the artist. The design of the logo must be original.
6. Entries are welcome from artists who have already created previous WWK logos.

Logo Design and Guidelines and Parameters

This contest aims to design a logo to be used by the Quinsam Crossing Liquor Store, that is owned by the We Wai Nation, for all promotional purposes in the future.

The logo's design should have the We Wai Kai artistic style. It should deliver the impression of Professionalism, Ingenuity, Collaboration, and Efficiency. **This logo will be the visual representation of the campground.**

The logo must be appropriate for a liquor store and include "Quinsam Crossing Liquor Store" in its design.

Entries must be submitted as JPEG files. The winning entry must later be submitted in scalable vector graphic format for quality reproduction purposes. The colour must be CMYK, though the logo may also be produced in black and white. Contestants are advised to avoid gradients and half-tones. The logo must be easy to use, handle, resize, and manipulate for all reproduction purposes. In addition, it should be visually appealing on both small (as small as 2cm x 2cm) and large scales.

Intellectual Property

1. The designer is responsible for proving its authenticity, should any complaints arise due to similarities, likeness, or comparison.
2. WWK Nation reserves the right to disqualify any entry based on perceived violations of intellectual property rights.
3. WWK Nation reserves the right to use the winning submission for promotional purposes in the future, including, but not limited to, display on websites, business cards, letterhead, posters, and other materials.
4. If winner is determined to have violated any rules, they will be required to forfeit or return the prize, even if the determination is made after the prize has been awarded.

Determination of Winner and Prize

1. The winning entry will be selected by WWK Chief and Council. Their decision will be final, and no further correspondence shall be entered into.
2. Entries will be judged on their visual appeal, adherence to the concept prompting the contest, quality of design, and ease of reproduction for purposes stated above.
3. **The prize for winning entry is \$1500**
4. The winner will be notified via email and announced on the WWK Nation website and Facebook page (www.facebook.com/wewaikaifirstnation/).

If you have any questions about the rules and guidelines, please email Simone at simone.lamont@wewaikai.com

GOOD LUCK!!

Comox Valley Shake and Shingle Logo Contest

Eligibility

The Contest is open to current We Wai Kai members and their descendants.

Please read the rules and guidelines carefully.

Submission Guidelines and How to Enter

1. It starts on March 30th, 2026 and closes on April 30th, 2026 at 4:30pm. Late submissions will not be considered.
2. All entries must be submitted electronically to Economic Development simone.lamont@wewaikai.com. Submissions must include the full name of the person who designed the logo, name, email address, postal address, telephone number.
3. Contestants may submit ONE original entry.
4. Each entry should be submitted in TWO formats; one in colour and one in black and white/greyscale.
5. The logo should not carry the name of the artist. The design of the logo must be original.
6. Entries are welcome from artists who have already created previous WWK logos.

Logo Design and Guidelines and Parameters

This contest aims to design a logo to be used by Comox Valley Shake and Shingle, that is owned by the We Wai Nation, for all promotional purposes in the future.

The logo's design should have the We Wai Kai artistic style. It should deliver the impression of Professionalism, Ingenuity, Collaboration, and Efficiency. **This logo will be the visual representation of the shake and shingle mill.**

The logo must be appropriate for a shake and shingle mill and include "Comox Valley Shake and Shingle" in its design.

Entries must be submitted as JPEG files. The winning entry must later be submitted in scalable vector graphic format for quality reproduction purposes. The colour must be CMYK, though the logo may also be produced in black and white. Contestants are advised to avoid gradients and half-tones. The logo must be easy to use, handle, resize, and manipulate for all reproduction purposes. In addition, it should be visually appealing on both small (as small as 2cm x 2cm) and large scales.

Intellectual Property

1. The designer is responsible for proving its authenticity, should any complaints arise due to similarities, likeness, or comparison.
2. WWK Nation reserves the right to disqualify any entry based on perceived violations of intellectual property rights.
3. WWK Nation reserves the right to use the winning submission for promotional purposes in the future, including, but not limited to, display on websites, business cards, letterhead, posters, and other materials.
4. If winner is determined to have violated any rules, they will be required to forfeit or return the prize, even if the determination is made after the prize has been awarded.

Determination of Winner and Prize

1. The winning entry will be selected by WWK Chief and Council. Their decision will be final, and no further correspondence shall be entered into.
2. Entries will be judged on their visual appeal, adherence to the concept prompting the contest, quality of design, and ease of reproduction for purposes stated above.
3. **The prize for winning entry is \$1500**
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If you have any questions about the rules and guidelines, please email Simone at simone.lamont@wewaikai.com

GOOD LUCK!!



FREE INCOME TAX PREPARATION



CNB is pleased to offer **FREE** income tax preparation services to lower income residents in your community.

This service is available to those who earn under \$25,000 per individual or \$40,000 for a couple per year **AND** who do not have fishing, business, or rental income.

An appointment is not required to participate in this service – all correspondence will occur via email.

If you are interested in and eligible for this service, please email samantha@cncbcpa.ca to get started.

Why should you file a tax return if you have lower income or do not owe any taxes nor expect a refund back?

If you do not file a tax return you are not eligible to receive GST credits or other provincial tax credits that may become available to you during the year. Filing your tax return ensures that you receive all cash payments and benefits that are available to yourself and your family.

Please note that the CRA has updated the authorization process, if you are interested in CNB preparing your return it is required that you have an active CRA account online **OR** can provide a Notice of Assessment from a previously filed tax year.

If you have accessed CNB's free service in a previous year it is **NOT** required that you possess an online account.



REMINDER:

COMMUNITY DUMPSTERS
ARE NOT INTENDED
FOR YARD WASTE.

PLEASE FOLLOW THE POSTED
SIGNAGE

FOR WHAT IS AND IS NOT
ALLOWED IN THE BINS.

POST SECONDARY SUMMER EMPLOYMENT



HOW TO APPLY:

Employment Period:
May 4 - August 28, 2026

Application Closing Date:
April 22, 2026 @ 4:30pm

Send resumes with cover letter and expression of top 3 areas of interest to:
rachel.west@wewaikai.com

Possible opportunities in:

- Economic Development
- Administration
- Engineering
- Forestry

High School Summer Employment Program Information Coming Soon

Reception

From: Engagement <engagement@bcferries.com>
Sent: April 16, 2026 2:29 PM
Subject: Reduced Service on May 2nd between Campbell River – Quathiaski Cove

Good afternoon,

We are writing to inform you that on **Saturday, May 2, 2026, there will be reduced service between Campbell River and Quathiaski Cove (Quadra Island) as the *Island Nagalis* will be temporarily reassigned to complete required dock fit testing at the Heriot Bay and Whaletown terminals** in preparation for its deployment on this route this summer.

The [Service Notice](#) with the **revised sailing schedule** has been posted on our website. It is also shared on the [Heriot Bay – Whaletown Terminal Projects page](#), where you will find further information about the project, and may subscribe for ongoing project updates.

Purpose of dock fit tests

Prior to entering service between Quadra and Cortes Islands, the *Island Nagalis* must undergo dock fit tests at the new berths at Heriot Bay and Whaletown. This process is crucial to:

- Ensure that the vessel can safely dock, as well as load and unload vehicles without issue.
- Verify that all critical dimensions, such as the overlap between the vessel and the berth's apron, conform to BC Ferries standards and safety requirements.
- Assess terminal infrastructure and confirm that facilities such as shore power, potable water supply, and tie-up lines are properly arranged to support vessel operations.

Ensuring these elements are in place before peak-season is essential for BC Ferries to guarantee safe and efficient operations.

Thank you in advance for your patience and understanding while we complete this required testing.

The Community Relations team

Community Relations

April 2026

Cape Mudge Youth/Teen Group Margot Assu 250-202-6919

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No Group	2 No Group	3 Good Friday No Group	4
5	6 Easter Monday No Group	7 Pro D Bites Workshop Campbell River 2:00-5:30 please sign up	8 Garden 3-4 teens 4-6 open gym	9 Group 2:45-5:30 NEW FLOW PAINTING	10 Teens/Youth Qinson Fair 2:00-6:00	11
12	13 No Group In Training	14 No Group In Training	15 Garden 3-4 Teen 4-6 Pickleball	16 Youth Group with Keltie egg experiment	17 Group 2:40-5:30	18
19	20 Teen 4-6 Open Gym and Art	21 Youth 2:45-5:30 Nature Walk	22 Teen 4-6 Gym-Open games Volleyball	23 Youth 2:45-5:30 Games Marathon	24 Youth/Teen 2:45 - 5:00 Intro to sketching	25
26	27 Teen 4-6 Badminton	28 Youth 2:45-5:30 Rock Painting	29 Garden 3-4 Teen 4-6 Sushi making	30 Airhouse and lunch Nanaimo 10:30-5:00 youth room sign up		

My notes

Please sign up for all Highlighted Groups in Yellow or Orange Because the Youth Van will be needing to Transport and space is limited

Thank you for your Continued support of this program. If you have any Questions or Suggestions please let me know

Wednesday Gardening is open to all Community. 3-4 Please help support or drop by for a visit



APRIL 2026



QUINSAM YOUTH/TEEN



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Youth Group 12:00pm-5:00pm Creative Literacy Day and cedar bookmark making	2 Youth Group 12:00pm-5:00pm lands tour with the We Wai Kai Treaty society	3 COMMUNITY EASTER EGG HUNT & BREAKFAST NO YOUTH GROUP	4
5	6 EASTER MONDAY NO YOUTH GROUP 	7 Youth Group 12:00pm-5:00pm Mgnatsi diu yaxwa (Drum & Dance) with Nalaga	8 Youth Group 2:30-5:30 Beach day	9 Youth Group 2:30-5:30 Rock Painting	10 Youth Group 2:30-5:30 Bowling	11
12	13 Youth Group 2:30-5:30 Lazer Tag	14 Youth Group 2:30-5:30 Health Topic Tuesday	15 Youth Group 2:30-5:30 team Race!	16 Youth Group 2:30-5:30 Teen Night Velocity 6-8pm	17 Youth Group 2:30-5:30 Game day!	18
19	20 Youth Group 2:30-5:30 Lazer Tag	21 Youth Group 2:30-5:30 Health Topic Tuesday	22 Youth Group 2:30-5:30pm BINGO	23 Youth Group 2:30-4:30 Teen Night Escape room 5:00-7:30pm	24 Youth Group 2:30-5:30 Park Trip	25
26	27 Youth Group 2:30-5:30pm arts and crafts	28 Youth Group 2:30-5:30 Health Topic Tuesday	29 Youth Group 2:30-5:30pm Ice Skating	30 Youth Group 2:30-5:30 Teen Night Swimming 6-8pm		



CONTACT (250)202-6532 FOR SIGN UP (ALL HIGHLIGHTED)

April

Call Payton at 250-202-3222 for more information

Cape Mudge Elders

2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Easter Lunch & Social Group w/ Keltie 1:00-3:00	2 Shopping/Appointments 8:30-4:30	3 HOLIDAY NO PROGRAMS
6 HOLIDAY NO PROGRAMS	7 Shopping/Appointments 8:30-4:30	8 Shopping/Appointments 8:30-4:30	9 Cedar Hats Registered Elders 9:00am - 5:00pm	10 PAYTON OFF Training
13 PAYTON OFF Training	14 PAYTON OFF Training	15 Shopping/Appointments 8:30-4:30	16 Shopping/Appointments 8:30-2:30 Cape Museum 2:30-4:30	17 Shopping/Appointments 8:30-4:30
20 Office Day 8:30-4:30	21 Bingo & Lunch 12:00 - 3:00	22 Strohcona Gardens 9:30 FERRY Hottub/Sauna Registered Elders & Youth/Elders gathering @ Phoenix middle school	23 Shopping/Appointments 8:30-4:30	24 Shopping/Appointments 8:30-4:30
27 Shopping/Appointments 8:30-4:30	28 Shopping/Appointments 8:30-4:30	29 COSTCO WHOLESALE 10:00 am ferry	30 Pickling Workshop w/ Keltie 100pm - 3:00pm Registered Elders	

Katrina Elders Worker
250-201-7732

Quinsam Elders April

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6 Easter Monday Office Closed	7 Shopping & Appointments 8:30am - 4:30pm	8 Shopping & Appointments 8:30am - 4:30pm	9 Bingo 11:30am-2:00 Quinsam Boardroom	10 Strathcona Gardens leisure swim 10am -1pm Hot Tub & Steam Room	11	12
13 Training All Day	14 Training All Day	15 Shopping & Appointments 8:30am - 4:30pm	16 Selfcare / Luncheon Quinsam Hall 11:30am -2:30pm	17 Shopping & Appointments 8:30am - 4:30pm	18	19
20 Shopping & Appointments 8:30am - 4:30pm	21 Shopping & Appointments 8:30am - 4:30pm	22 Katrina Away Phoenix School Gathering 10am-11:30am	23 Katrina Away	24 Katrina Away	25	26
27 Katrina Away LKT Luncheon 12pm-2pm	28 Katrina Away	29 Shopping & Appointments 8:30am - 4:30pm	30 Shopping & Appointments 8:30am - 4:30pm			



Tutoring

Quinsam Band Office

*** New Admin Building ***

Mondays & Wednesdays

With Emma 3:30-5:30

middle /high school students

Tuesdays 3:45-5:45

with Stephanie or Audra

elementary students

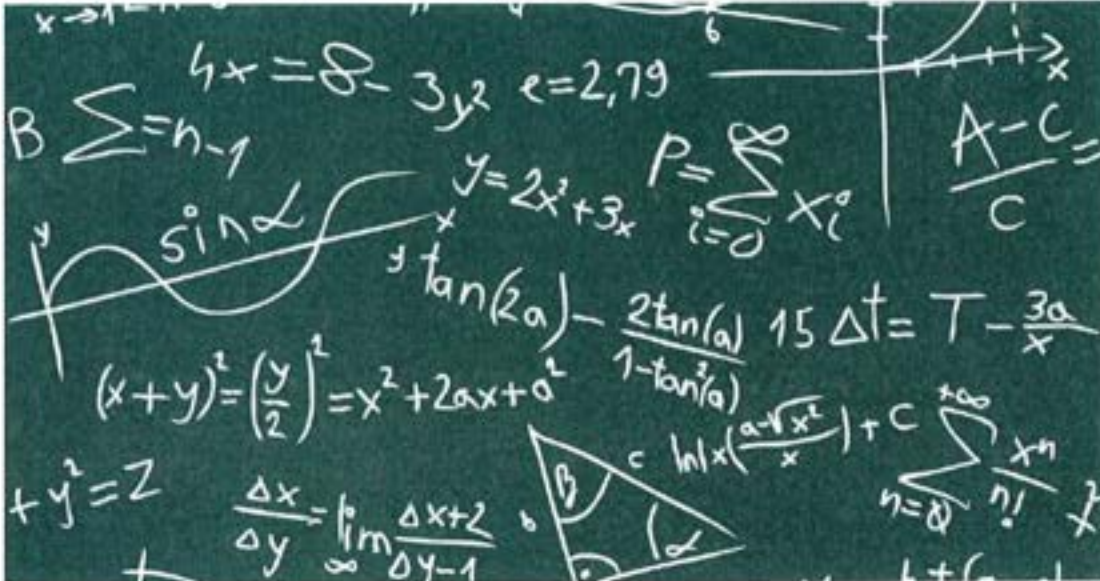


250-914-1890



Contact Rachel for more info

MATH TUTORING AT CAPE MUDGE ON MONDAY AFTERNOONS



Do you need help with math? Do you wish that your teacher or your textbook made more sense to you? One-on-one tutoring can be really helpful because everyone has different ways of learning, and we can find a way that works for you. Math tutoring is starting again at the band office on Monday starting on January 12th. You don't need to make an appointment or call, just drop in any time between 4 and 6 on Monday and bring your math homework or your questions about math. I can also help with physics and calculus or we can talk about web resources, graphing technology, or how to make your calculator work better for you.

I will be keeping a window open for better ventilation, so bring a sweater or jacket if it's a chilly day, and please stay home if you are ill or have been in close contact with someone who has flu or coronavirus.

Call, text, or email me if you have any questions.

Mary-Ellen 250-895-0519
maryellenvanlane@gmail.com

I hope to see you there!



'HASE
Breath of Life

Parent / Caregiver Workshop

Kwakwaka'wakw Land-Based
Culturally Rooted approach to healing
trauma, addictions & suicidality

Friday, May 22, 2026

9:30am - 4pm

2005 Eagle Dr, Campbell River
Quinsam Hall

REGISTER:

rachel.west@wewaikai.com



This workshop supports parents and caregivers of Indigenous children and youth navigating the spirit of suicide through a Kwakwaka'wakw, land-based, culturally rooted approach.



It weaves together Indigenous social justice, embodiment practices, and healing methodologies to support collective healing through culture, identity, and connection to land.



WHO IS THIS FOR?

Parents and caregivers of Indigenous youth who are actively self harming or living with the spirit of suicide



'HASE
Breath of Life

Youth Workshop

Kwakwaka'wakw Land-Based
Culturally Rooted approach to healing
trauma, addictions & suicidality

Tuesday, June 9, 2026

10am - 4pm

2005 Eagle Dr, Campbell River
Quinsam Hall

REGISTER:
rachel.west@wewaikai.com



This 6-hour session supports collective healing from trauma through connection to ceremony, land, and culture. It reframes addiction and suicidality as responses to trauma and colonial harm, and brings together Kwakwaka'wakw land-based healing practices, Kwakwaka'wakw language reclamation, breath, movement, co-regulation, and collective healing.



WHO IS THIS FOR?

Indigenous youth aged 14-18. Priority will be given to Liḡw'idaḡw youth, with registration open to Indigenous youth more broadly.

WE WAI KAI NATION TEENS

5K FOAM FEST!!

MAY 30 | 11+

WE WAI KAI NATION YOUTH TEAM IS
TAKING OUR TEENS TO VANCOUVER
ISLANDS 5K FOAM FEST @ LAKETOWN
RANCH!

PUT YOUR SKILLS TO THE TEST! SIGN
UP TODAY! DEADLINE FOR SIGN UP IS
APRIL 27TH AGES 11+

PLEASE CALL OR TEXT 250-202-6532 TO SIGN UP!





We Wai Kai Nation

Quinsam Hall (2005 Eagle Drive, Campbell River)

Friday May 29 - 5:00 - 8:30pm
Saturday May 30 & Sunday May 31 - 9:30 am- 4:00 pm
Monday June 1 - 5:00 - 8:30 pm
(Graduation Ceremony & Dinner)



REGISTER NOW!

REGISTER TODAY!



Scan the QR Code to register online!

FREE YOUTH ENTREPRENEURSHIP CAMP (INDIGENOUS YOUTH AGES 11-18)

Explore the basics of business, team building, games & more! Learn how to turn your ideas into reality!

EACH YOUTH RECEIVES \$100 MASTERCARD FOR PARTICIPATING • THE WINNING TEAM RECEIVES \$250 EACH!

AT THE COMMUNITY CELEBRATION DINNER JUNE 1!



EMPOWERED BY:



DREAM CAMP INCLUDES:

Dinner - Friday
Breakfast & Lunch - Saturday & Sunday
Graduation Dinner - Monday

Hoodie and other fun Arc'teryx Swag

Team Coaches to help Youth tackle Challenges and develop valuable business, teamwork and life skills such as negotiating, public speaking & budgeting.

Lots of hands-on activities to create a start-up plan and Team Pitch video for YOUR business ideas.

Email: jay.falkus@bearslairtv.com or rowan@bearslairtv.com

Wewaikai Elders & WWK Youth Big Bingo Fundraising



Where- Quinsam Hall, February 28th, ~~MAY 2~~, June 27th

Doors open 11am

5- zips games \$2.00each booklet of 5 for \$10.00

Zip start time 12:30 regular Bingo starts 1pm

Ticket at Door price \$100 including 12up booklet, includes specials

Concession, door prizes, 50/50 draw

Matt 250.202.6924 or Carla Matilpi 250.204.6442

Thank you for your support to Wewaikai Elders and WWK Youth



Ligwiltach Elder's & Youth Culture Group

Quinsam Hall

Culture Practice

Sunday April 19 & 26

1:30 pm

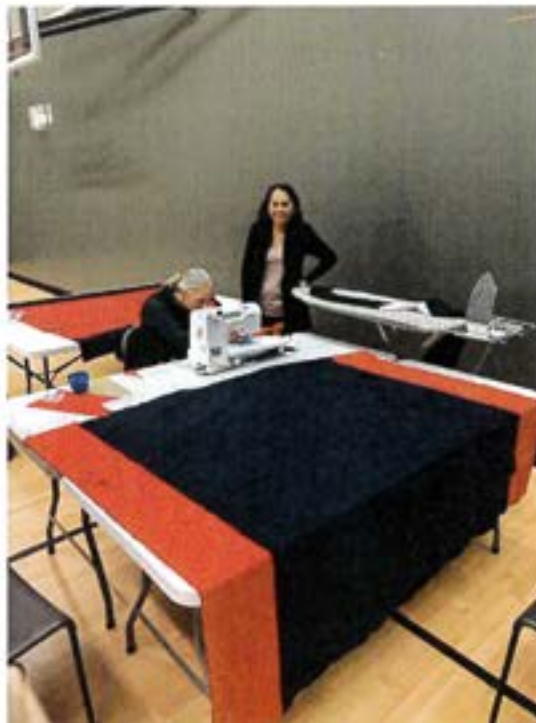
Ladies Only Practice

Tuesday April 7 – 6:30 pm

Tuesday April 14 – 6:30 pm

Tuesday April 21 – 6:30 pm

Blanket Making on Thursday's at 6:30 pm





BEGINNER CLASS
**ONE MORE
REP
WORKOUT**



WITH ANDREA ALFRED

Time: 5:00pm - 6:00pm

Where: Quinsam Hall, 2005 Eagle Drive

When: Tuesdays & Thursday, Starting Jan 6/26

Beginners Introduction Level

ALL FITNESS LEVEL'S WELCOME



EARLY PREVENTION - PHYSICAL ACTIVITY PLAYS AN ESSENTIAL ROLE IN QUALITY OF LIFE; IT PROMOTES PHYSICAL, MENTAL AND PSYCHOLOGICAL WELL-BEING: OF DEVELOPING PREMATURE HEALTH PROBLEMS.

REGULAR EXERCISE CAN PLAY A KEY ROLE IN REDUCING YOUR RISK OF MEDICAL PROBLEMS AND HEALTH RELATED ISSUES, THAT CAN BE PARTICULARLY TREATED AND CONTROLLED BY EXERCISE. THE NEED FOR AND VALUE OF EXERCISING ON A REGULAR BASIS IS AN IRREFUTABLE FACT OF LIFE (AND DEATH).

IMPROVE YOUR HEALTH FOR LONGEVITY, MOBILITY, STRENGTH & QUALITY OF LIFE

WEIGHTS + BANDS, CARDIO INTERVALS, BODYWEIGHT

For More Information Call Michelle Davis @ 250-202--0097

Liḡwıldax^w
Health Society



Run ^{the} Spit **5K**

June 19th

Register at:

[2026 – 14th Annual National Indigenous Day RUN THE SPIT 5K –
Race Roster – Registration, Marketing, Fundraising](#)

On-line registration closes June 16th


**Race package pick-up: Thursday June 18th
12:00-5:30pm**

LKT Health Youth & Elders Room

**Only registered participants are guaranteed to
receive a t-shirt and race bib**


Run Starts at 8:00

Pancake Breakfast to Follow



Liḡwıldax^w Health Society

More Info Contact Dayle at
250-286-9766



Pickleball Lessons

with Prestige Pickleball - Coaching and Skills Development, Level II Instructor, Lisa Sawatsky



Beginner Lessons for all skill levels, 16+ yrs. old.

Sunday March 8 & 15 @ 1:00-2:30pm

&

Sunday April 19 & 26 @ 1:00-2:30pm

Thunderbird Hall

FITNESS CLASS

with Andrea Alfred

MARCH Classes Every THURSDAY

NO CLASS March 12th

**March 19 class is MOVED
to Monday March 16th**

7:00 - 8:00 PM Thunderbird Hall



Everyone Welcome!

Whether you're just starting out or more experienced, this class lets you move at your own pace and adjust the intensity to what feels right for you.

JIU-JITSU

TRAINING

OPEN TO 14 +

ADULTS OF ALL AGES
ARE ENCOURAGED TO
JOIN.

NO PRIOR EXPERIENCE
NEEDED.

BEGINNERS WELCOME!

EVERY

WEDS
7-8:30PM



Quinsam Hall
2005 Eagle Drive

MORE INFORMATION
CONTACT MICHELLE DAVIS
250-202-0067



House for Sale

3Bed 2 Bath House 1488 SQ FT

With 1 Bed 1 Bath Suite 952 SQ FT

~~Asking \$490,000.00~~

Reduced to: \$450,000.00

Call Gail 250 203 2960



**GRIEF & LOSS RETREAT
PAINTERS LODGE
1625 MCDONALD RD
CAMPBELL RIVER BC**

MAY 4TH - 8TH, 2026

We offer invitation to First Nation members 19+ to Join **Yakawidi**, Shawn Decaire and specialized team for this 4.5 day circle to share, support and navigate personal grief and loss journeys .

Clinical, traditional, cultural and elder support provided as well as meals and accommodations.

**TRAVEL COSTS REIMBURSED WITHIN FNHA GUIDELINES
TO APPLY PLEASE SEND APPLICATION FORMS TO INTAKE:**

intake@lkthealth.ca
250 287-0215



Liḡwildax[™] Health Society



First Nations Health Authority
Health through wellness



First Nations Health Authority

Registration Form

Grief and Loss

with Yakawidi Shawn Decaire

May 4th - 8th, 2026

Painters Lodge - 1625 McDonald Road

Campbell River, BC

Meals and accommodations provided (Within FNHA Guidelines)

During the program, there will be Cultural, Elder and Clinical Supports available if needed.

Name: _____ Age: _____

Nation: _____ Date of Birth: _____

Contact: Phone #: _____ Email: _____

Address: _____

Allergies: _____

Emergency Contact: _____

Current medications: _____

Medical history: _____

Are you actively using/addiction complications: please detail

Please Complete and send to:

Intake@Lkthealth.ca, or call (250)287-0215 to complete over the phone during business hours.

Limited participants, those registered will get a confirmation email or phone call

Please do not contact resort or facilitator for information



**INTERACTIVE
TRADES EXPO
2026**

HELP BUILD BC'S TRADES WORKFORCE

*Today's Students.
Tomorrow's Apprentices.*

WHY PARTICIPATE?

- ✓ Showcase tools & equipment
- ✓ Demo hands-on skills and trades
- ✓ Meet the next generation of apprentices.

GET INVOLVED. INSPIRE YOUTH. BUILD BC.

-  Be a hands-on exhibitor
-  Bring tools, simulators & equipment
-  Connect with youth interested in trades

JOIN THE TRADES EXPO.
SPOTS ARE LIMITED.

Interactive Trades Expo 2026

Timberline Secondary
School

Friday, May 01, 2026
10 am to 2 pm

**Register Now To
Be An Exhibitor**

For information, please contact:
Employer Services Coordinator
Serena Gill

Toll free: 1-866-286-6788

Email: serena.gill@niefs.net

Presented in
partnership
with:



CAMPBELL RIVER
School District 72

**SKILLED
TRADES** BC



Comox Valley Schools

A Community of Learners
Independent • Inspiring • Inclusive

WorkBC Centre-Campbell River
920 Alder Street, Campbell River, BC

(T): 250-286-3441

Toll-free: 1-866-286-6788

info-campbellriver@workbc.ca

Canada



This program is funded by the Government of Canada
and the Province of British Columbia.



Working together to bring Government services to you.

Representatives will be in your community:

DATE

Friday May 29, 2026

TIME

10:00 to 2:00

LOCATION

2005 Eagle Dr

Please come in during the date and times listed above to ask questions about any of our programs.

Canada Revenue Agency (CRA)

- Tax Slip information (T4, T5007, T4A -Pension, T4A- OAS and more)
- Notice of Assessments (NOAs) and Assistance with CRA correspondence
- Benefits and Credits information: Disability Tax Credit (DTC), Canada Child Benefit (CCB), GST/HST credit, Canada Worker's Benefit (CWB)
- Account updates (address, contact number, etc.)

Service Canada

- Pension information on Old Age Security and Canada Pension Plan
- Get a Social Insurance Number (birth certificate in most cases will be required)
- Receive an access code to sign up for online My Service Canada
- Canadian Dental Care Plan – Information and Application/Attestation
- New Canada Disability Benefit
- General Government of Canada information

Please bring any ID you have as what is required will depend on what services you are accessing.

Presented by: Service Canada and the Canada Revenue Agency.



Government of Canada

Gouvernement du Canada

Canada

EMPOWER. FUND. SUCCEED.

A community gathering for aspiring Indigenous entrepreneurs to learn about funding opportunities, and strategies for building a successful business.



23 APRIL 2026
1-2:30PM



501-2025 EAGLE DRIVE,
CAMPBELL RIVER

Event co-hosted by NEDC and Wei Wai Kai Nation, with a special presentation by Alissa Assu, Owner of RavenSong Soap & Candles.



REGISTER NOW! P: 250-914-1890 Ext. 125



Raven Song



NEDC



To our friends and family:

We will be having a celebration of life for Glenda Marshall.

Sunday, May 3rd

Quinsam Hall @ 12pm

Refreshments to follow.

If anyone has any pictures or videos they would like to add to the service, please send them to **marshallfamily1954@gmail.com**

Thank you for your continued love and support.

Prawns provided by Nathan Chickite for members.

Prawn delivery this weekend!

Quinsam — Saturday

Cape — Sunday

10:00 AM – 1:00 PM

All prawns were caught by Nathan Chickite and crew. A big thank you to Walcan Seafoods for generously donating the processing, and to all the volunteers from the Nation who helped with distribution.



Be sure to add these dates in your calendars:

✓ **We Wai Kai Community Day:**

Sat. July 11, 2026

11am-5pm

FOOD, GAMES, CULTURAL EVENTS

✓ **Members Meeting:**

Sun. July 12, 2026

10AM-1:30PM

COMMUNITY WELLNESS FOCUSED
LUNCH PROVIDED