

# WE WAI KAI NATION

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**April 29, 2026**

## **Nation Information**

Celebration of Life for the late Glenda Marshall - Sunday May 3  
Volunteers Wanted: Sandwich Prep for Celebration of Life for Glenda Marshall  
Changes re: Spring Clean Up  
Quinsam Shell - Celebrates 20 years of Service - May 6  
Save the Date - WWK Community Day & Meeting - July 11/12, 2026  
Call for Creators - Show/Share/Sell Your Art at Community Day  
Clam Information & Story Telling Session - May 11  
Status Card Information  
Prawn Distribution - Thursday May 7  
K'Omoks Treaty Update

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## **Elders & Youth**

Youth & Elders Calendar  
Youth Activities  
Tutoring at Cape Mudge & Quinsam  
Bears Lair Dream Camps

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## **Events & Other**

We Wai Kai Elder's & Youth Big Bingo Fundraiser - May 2  
Reminder of Reduced BC Ferry Service - May 2  
Fitness Class at Quinsam  
Home For Sale at Quinsam  
Run the Spit - 5 K June 19  
ICLD - Keys to Employment Construction Program  
Meet with CRA/Service Canada - May 29  
National Day of Remembrance - May 5  
Indian Hospital Settlement Information  
Soccer Camp - May 23 & 24  
Hase - Breath of Life - May 22  
Neon Vibes - BC Child & Youth in Care Week



To our friends and family:

We will be having a celebration of life for Glenda Marshall.

**Sunday, May 3<sup>rd</sup>**

**Quinsam Hall @ 12pm**

Refreshments to follow.

If anyone has any pictures or videos they would like to add to the service, please send them to **[marshallfamily1954@gmail.com](mailto:marshallfamily1954@gmail.com)**

Thank you for your continued love and support.

# VOLUNTEERS NEEDED

*Sandwich preparation for the Celebration  
of Life for the late Glenda Marshall*

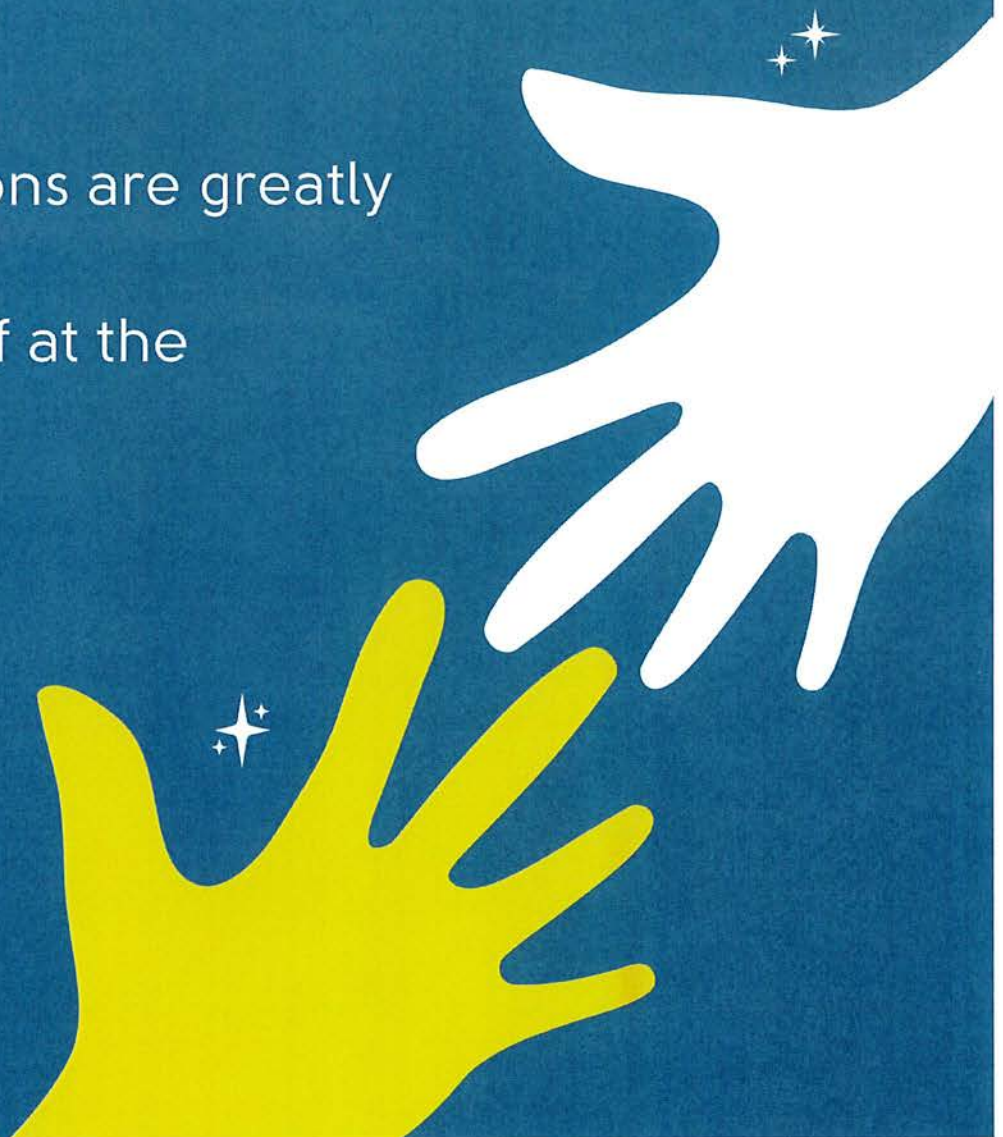
Sunday May 3, 2026

9:00 am

Quinsam Hall

Baking donations are greatly  
appreciated.

Please drop off at the  
Quinsam Hall





**UPDATE:**

## **COMMUNITY CLEAN UP**


The community clean-up program is being revamped.

A seasonal, large-scale pick-up service will **not** be offered this year.

Instead, on-reserve members may submit receipts for landfill tipping fees and receive a one-time reimbursement of up to \$50 per household. Multiple tipping fee receipts can be included, but the **must be submitted together** in a single request.

All reimbursement requests must be submitted by **May 31, 2026** to [jason.price@wewaikai.com](mailto:jason.price@wewaikai.com)

If your banking information has changed since your last distribution, please include a void cheque with your request.



**DEADLINE: MAY 31, 2026**

SHELL CELEBRATES

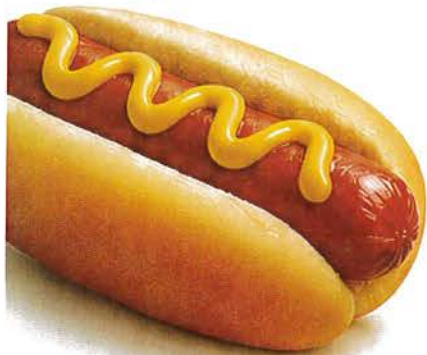
20 Years

OF SERVICE

Thank you for 20 amazing years! ❤️



MAY 6, 2026



ENJOY  
**FREE**  
HOT DOGS  
11AM – 2PM

\*While supplies last.



ENJOY  
**FREE**  
CAKE  
11AM – 2PM

\*While supplies last.



OPTIONS TO  
ENTER FOR  
**DOOR PRIZES**  
THROUGHOUT THE DAY!



IN STORE  
**SALES**



RECEIVE AN  
**EXTRA ENTRY**  
FOR V-POWER®  
FUEL PURCHASES

Thank you to our amazing customers and community  
for 20 incredible years! ❤️



Be sure to add these dates in your calendars:

✓ **We Wai Kai Community Day:**

**Sat. July 11, 2026**

**11am-5pm**

FOOD, GAMES, CULTURAL EVENTS

✓ **Members Meeting:**

**Sun. July 12, 2026**

**10AM-1:30PM**

COMMUNITY WELLNESS FOCUSED  
LUNCH PROVIDED

# CALL FOR CREATORS!

**SHOW - SHARE - SELL YOUR ART  
AT WE WAI KAI COMMUNITY DAY**

**CALL GAIL TO BOOK A SPOT  
250-914-1890**



**Sat. July 11, 2026 11am-5pm**

- this opportunity is open to WWK Nation members only
- set your own prices, manage your own sales
- bring everything you need to set up your station, including table(s) & chair(s)
- take everything home with you afterward

*We Wai Kai Nation is  
not responsible for any lost,  
damaged, or stolen goods.*

**deadline to book: Tues. July 7, 2026**



## **We Wai Kai Guardians & A-Tlegay Fisheries**

**Would like to invite members to participate in a  
Clam Information and Story Telling Session**

**Monday May 11<sup>th</sup>, 2026 from 10:30am – 1pm**

**At the Quinsam Hall**

**Lunch will be provided and a chance to win door prizes!**

We are looking to connect with community members who have past experience, traditional knowledge, or current observations about clam harvesting areas. This includes stories, teachings, or information shared by Elders and knowledge holders about beaches that were historically harvested or are known to have supported healthy clam populations.

We also welcome anyone who would like to learn about testing requirements, where to dig and if you're wanting to see a beach opened for future harvest.

# STATUS CARD DAYS

**THURSDAYS & FRIDAYS**

**8:30-12**

**1:00 - 4:30**

**BY APPOINTMENT**

**SCIS CARDS (10 YR CARD)**

**I RECEIVED DAS (DIGITAL APPLICATION SERVICE) FROM ISC THAT  
ALLOWS ME TO PROCESS SCIS CARDS ELECTRONICALLY**

**PRICES:**

**WWK NATION MEMBERS - \$5**

**OTHER NATIONS:**

**SCIS - \$25**

**LAMINATE CARDS - \$30**

**CIS STATUS CARD RENEWALS**

**SCIS APPLICATIONS**

**REGISTRATION**

**Contact Gail :**

**250-914-1890**

Email:

[membership@wewaikai.com](mailto:membership@wewaikai.com)

**REGISTRATION OF:**

**MARRIAGES, DIVORCES,**

**DEATHS**

**501-2025 Eagle Drive**



## ***A - TLEGAY FISHERIES SOCIETY***

*(representing Wei Wai Kum First Nation; We Wai Kai First Nation;  
Comox First Nation; Kwiakah First Nation; Tlowitsis First Nation)*

*1441 - A Old Island Hwy., Campbell River, BC V9W 2E4*

*Telephone #: (250) 287-8868 Fax #: (250) 287-8414*

*e-mail: atlegay@shawcable.com*

### **Prawn Distribution – Per Household- No Pick-Ups**

**Date:** Thursday, May 7<sup>th</sup>

**Location:** A-Tlegay Office

**Elders (Wei Wai Kum, Tlowitsis, Kwiakah, We Wai Kai):**

1:00 PM – 3:30 PM

Elders who would like delivery are asked to please contact their Elders Worker.

**All Other Members:**

4:00 PM – 7:00 PM – First Come First Serve

**Cape Mudge Distribution:**

**Date:** Friday, May 8<sup>th</sup> - 9:30 AM

**Location:** Cape Mudge Hall Parking Lot

**K'ómoks Members:**

Prawns will be distributed by your Nation- please watch for notice

**Anyone with question's please call A-Tlegay @ 250-287-8868**



# K'ÓMOKS TREATY UPDATE

The treaty is not final – and nothing is changing immediately.

## What You May Be Hearing

There are claims being shared about:

- Loss of territory
- Loss of access to lands
- Other Nations gaining control
- Projects being blocked

These claims are based on **misunderstandings of how treaties work**

## Where The Treaty Is At

The K'ómoks Treaty has reached **First Reading** in the B.C. Legislature. It is:

- Not finalized
- Not in effect

There are still multiple steps remaining, including approvals, consultation, and final decisions.

**Nothing is changing right now.**

**The treaty confirms existing rights – it does not create new control.**

## What This Means

- It has no impact on We Wai Kai access to cultural or historical sites
- It does not give other Nations authority over We Wai Kai lands, decisions, or governance. These areas continue to be protected through We Wai Kai governance and existing protections
- It does not impact We Wai Kai's own treaty negotiations, land



# IMPORTANT FOR MEMBERS TO KNOW

## What We Wai Kai Is Doing

We Wai Kai is actively engaged in the following efforts:

- Establishing a protocol agreement with K'ómoks
- Developing an accommodation package with BC and Canada

**This work ensures:**

- Our **rights remain intact**
- Our **access to lands and cultural areas is protected**
- Our **decision-making authority is maintained**
- **No other Nation gains control over We Wai Kai territory**

We are addressing these issues now—before final decisions are made.

This is not a temporary measure—the protocol will continue to guide how shared areas are managed into the future.

## Why This Matters

This approach:

- Protects We Wai Kai's core areas and interests
- Creates clarity and certainty
- Reduces future conflict and risk
- Supports future generations

The protocol guides how areas of shared history and mutual interest are managed and ensures We Wai Kai's rights, access, and decision-making are protected.

### This work DOES:

- Define roles in shared areas
- Support coordination and planning
- Strengthen We Wai Kai's position

### This work DOES NOT:

- Restrict economic opportunities
- Require permission from other Nations
- Limit We Wai Kai governance



# WHAT MEMBERS ARE ASKING

## FAQs on the K'ómoks Treaty and We Wai Kai Initiatives

### Is The K'ómoks Treaty Happening Right Now?

No. The treaty has only reached an early step (**First Reading in the B.C. Legislature**).

It is:

- **Not finalized**
- **Not in effect**

There are still multiple steps required before anything is implemented, including approvals, signing, and further consultation.

### Does this affect We Wai Kai's rights or decisions?

No. We Wai Kai is actively working to ensure our rights, interests, and future are clearly protected before the treaty is finalized. This work strengthens clarity and protects our role—it does not reduce it.

### Does This Limit Economic Opportunities?

No. **This work does not:**

- Restrict economic opportunities
- Require permission from other Nations
- Limit We Wai Kai decision-making

It is focused on clarity, coordination, and protecting We Wai Kai's position.

### What is a Protocol Agreement?

A protocol agreement is a Nation-to-Nation understanding that helps:

- Clarify roles and expectations
- Support coordination in shared areas
- Reduce conflict and uncertainty

**It strengthens how these rights are applied and protected in**



# STAY INFORMED

## Member Access

More information will be available in the **Members-Only section** of the Treaty website.

### To register:

[wewaikaitreaty.com/member-registration/](http://wewaikaitreaty.com/member-registration/)

## Contact

If you have questions or would like to be added to the Treaty email list, **please contact:**  
[manager@wewaikaitreaty.com](mailto:manager@wewaikaitreaty.com)

## Looking Ahead

**A detailed member session will be held (anticipated June)**, where full information will be shared and members will have the opportunity to ask questions.

This will ensure members have:

- Clear information
- Full context
- Opportunity to ask questions

**We Wai Kai is working to ensure our Nation is informed, protected, and prepared for the future.**

# April 2026

**Cape Mudge Youth/Teen Group Margot Assu 250-202-6919**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 No Group	2 No Group	3 Good Friday No Group	4
5	6 Easter Monday No Group	7 Pro D Drum Workshop Campbell River 2:00-5:30 pleas sign up	8 Garden 3-4 teens 4-6 open gym	9 Group 2:45-5:30 NEW FLOW PAINTING	10 Teens/Youth Quinsam Fair 2:00-6:00	11
12	13 No Group In Training	14 No Group In Training	15 Garden 3-4 Teen 4-6 Pickleball	16 Youth Group with Keltie egg experiment	17 Group 2:40-5:30	18
19	20 Teen 4-6 Open Gym and Art	21 Youth 2:45-5:30 Nature Walk	22 Teen 4-6 Gym-Open games Volleyball	23 Youth 2:45-5:30 Games Marathon	24 Youth/Teen 2:45 - 5:00 Intro to sketching	25
26	27 Teen 4-6 Badminton	28 Youth 2:45-5:30 Rock Painting	29 Garden 3-4 Teen 4-6 Sushi making	30 Airhouse and lunch Naniamo 10:30-5:00 youth room sign up		

### My notes

Please sign up for all Highlighted Groups in Yellow or Orange Because the Youth Van will be needing to Transport and space is limited

Thank you for your Continued support of this program. If you have any Questions or Suggestions please let me know

Wednesday Gardening is open to all Community.

3-4 Please help support or drop by for a visit



# MAY 2026

CAPE MUDGE YOUTH  
Margot (250) 202-6919



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1  Youth Group 2:45-5:30 Mothers day craft	2	3
4  Teens 4:00-7:00 Emlers Game Movie	5 Youth/Teens 2:45-5:30 Nacho Party	6  Teens part 1 4:00-6:00 14+ adulting skills (meals) QCC	7  NEW location Group held by Keltie at cm band office 2:45-5:00	8 No Group	9	10
11 No Group	12  Youth/Teens 2:45-5:30 Making Sprouts	13  Teens part 2 4:00-6:00 14+ Adulting skills Qcc	14  2:45-5:30 Walk the spit to honour Moose hide campaign	15  Youth Group 2:45-5:30 Pizza Party Laser tag	16	17
18 <b>Victoria day Holiday</b>	19  Youth Group 2:45-5:30 make flat bread	20  Teens/youth 2:30-6:00 Cedar Bark pulling	21  Health w/ Keltie 2:45-5:30 plasma car races	22  Youth Group 2:45-5:30 open crafts	23  Soccer Camp tbd	24  Soccer Camp tbd
25  Teens 4:00-6:00 Slime	26  Youth Group 2:45-5:30 air hockey	27  Youth/Teen 2:45-4:00 garden 4:00-6:00 open gym	28  Youth/Teen 2:45-5:30 National Burger day	29  Youth Group 2:45-5:30 Earing making	30 <b>Foam Party</b> 5K Obstical 11+ Course Naniamo	31

**\*\*Highlighted events require prior SIGN UP\*\***

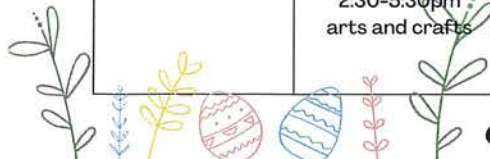
# APRIL 2026



QUINSAM YOUTH/TEEN



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Youth Group 12:00pm-5:00pm Creative Literacy Day and cedar bookmark making	2 Youth Group 12:00pm-5:00pm lands tour with the We Wai Kai Treaty society	3 <b>COMMUNITY EASTER EGG HUNT &amp; BREAKFAST NO YOUTH GROUP</b>	4
5	6 <b>EASTER MONDAY NO YOUTH GROUP</b> 	7 Youth Group 12:00pm-5:00pm Manatsi dtu yaxwa (Drum & Dance) with Nalaga	8 Youth Group 2:30-5:30 Beach day	9 Youth Group 2:30-5:30 Rock Painting	10 Youth Group 2:30-5:30 Bowling	11
12	13 Youth Group 2:30-5:30 Lazer Tag	14 Youth Group 2:30-5:30 Health Topic Tuesday	15 Youth Group 2:30-5:30 team Race!	16 Youth Group 2:30-5:30 Teen Night Velocity 6-8pm	17 Youth Group 2:30-5:30 Game day!	18
19	20 Youth Group 2:30-5:30 Lazer Tag	21 Youth Group 2:30-5:30 Health Topic Tuesday	22 Youth Group 2:30-5:30pm BINGO	23 Youth Group 2:30-4:30 Teen Night Escape room 5:00-7:30pm	24 Youth Group 2:30-5:30 Park Trip	25
26	27 Youth Group 2:30-5:30pm arts and crafts	28 Youth Group 2:30-5:30 Health Topic Tuesday	29 Youth Group 2:30-5:30pm Ice Skating	30 Youth Group 2:30-5:30 Teen Night Swimming 6-8pm		



**CONTACT (250)202-6532 FOR SIGN UP (ALL HIGHLIGHTED)**

# May 2026




Quinsam Youth/Teen

Monday      Tuesday      Wednesday      Thursday      Friday      Saturday      Sunday

<b>CONTACT (250) 202-6532 FOR SIGN UP ( ALL HIGHLIGHTED )</b>					1 YOUTH GROUP 2:30-5:30 <b>Gym games</b>	2	3
4 YOUTH GROUP 2:30-5:30 <b>Slime Making</b>	5 YOUTH GROUP 2:30-5:30 Health Topic Tuesday & language	6 YOUTH GROUP 2:30-5:30 <b>MOTHERS DAY CRAFT!</b>	7 YOUTH GROUP 2:30-5:30 <b>TEEN NIGHT LAKE FISHING! 6-8PM</b>	8 YOUTH GROUP 2:30-5:30 <b>SPORTSPLEX</b>	9	10	
11 YOUTH GROUP 2:30-5:30 <b>PARK DAY</b>	12 YOUTH GROUP 2:30-5:30 Health Topic Tuesday & language	13 YOUTH GROUP 2:30-5:30 <b>RELAY RACES</b>	14 YOUTH GROUP 2:30-5:30 <b>Teen Night Velocity 6-8</b>	15 YOUTH GROUP 2:30-5:30 <b>Walk the spit</b>	<b>may long weeked</b>		
18 <b>Group closed Victoria Day</b>	19 YOUTH GROUP 2:30-5:30 Health Topic Tuesday & language	20 YOUTH GROUP 2:30-5:30 <b>Cedar Bark Harvesting with Avis</b>	21 YOUTH GROUP 2:30-5:30 <b>TEEN NIGHT BEACH FIRE/ HOTDOG ROAST 6-8PM</b>	22 YOUTH GROUP 2:30-5:30 <b>BASKETBALL</b>	23	24	
25 YOUTH GROUP 2:30-5:30 <b>BEACH DAY</b>	26 YOUTH GROUP 2:30-5:30 Health Topic Tuesday & language	27 YOUTH GROUP 2:30-5:30 <b>VOLLEYBALL</b>	28 YOUTH GROUP 2:30-5:30 <b>Nation Burger Day!</b>	29 YOUTH GROUP 2:30-5:30 <b>MAN TRACKER</b>	30	31	

# April

# Cape Mudge Elders

Call Payton at 250-202-3222 for more information

# 2026

Monday	Tuesday	Wednesday	Thursday	Friday
6 <b>HOLIDAY</b> <b>NO PROGRAMS</b>	7 Shopping/Appointments 8:30-4:30	8 Shopping/Appointments 8:30-4:30	9 Cedar Hats Registered Elders Cape 9:00am - 5:00pm	10 <b>PAYTON OFF</b> <b>Training</b>
13 <b>PAYTON OFF</b> <b>Training</b>	14 <b>PAYTON OFF</b> <b>Training</b>	15 Shopping/Appointments 8:30-4:30	16 Shopping/Appointments 8:30-2:30 Cape Museum 2:30-4:30	17 Shopping/Appointments 8:30-4:30
20 Office Day 8:30-4:30	21 Bingo & Lunch 12:00 - 3:00	22 Strathcona Gardens 9:30 FERRY Hottub/Sauna Registered Elders & Youth/Elders gathering @ Phoenix middle school	23 Shopping/Appointments 8:30-4:30	24 Shopping/Appointments 8:30-4:30
27 Shopping/Appointments 8:30-4:30	28 Shopping/Appointments 8:30-4:30	29 <b>COSTCO</b> <b>WHOLESALE</b> 10:00 am ferry	30 Pickling Workshop w/ Keltie 1:00pm - 3:00pm Registered Elders	31 <b>HOLIDAY</b> <b>NO PROGRAMS</b>




# May

## Cape Mudge Elders Calendar

Payton 250-201-7299

# 2026

Monday	Tuesday	Wednesday	Thursday	Friday
4 Office Day 8:30-4:30	5 Shopping/Appointments 8:30-4:30	6 Making Hanging baskets for mothers day 1:00-3:00	7 Shopping/Appointments 8:30-4:30	8 Mothers Day Lunch Times TBA
11 Office Day 8:30-4:30	12 Shopping/Appointments 8:30-4:30	13 Shopping/Appointments 8:30-4:30	14 Shopping/Appointments 8:30-4:30	15 Shopping/Appointments 8:30-4:30
18 HOLIDAY	19 Cape Band Office LKT community Lunch 12:00 Bingo 1:00-3:00	20 Shopping/Appointments 8:30-4:30	21 Shopping/Appointments 8:30-4:30	22 Shopping/Appointments 8:30-4:30
25 Office Day 8:30-4:30	26 PLEASE REGISTER Self care Day 12:00 - 3:00	27 Shopping/Appointments 8:30-4:30	28 Island Wide Luncheon Duncan 8:00 am ferry	29  10:00 Ferry

# April

Katrina Elders Worker  
250-201-7732

## Quinsam Elders

2026

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 Costco Trip 10am - 2pm	2 Tech Day Call to Book 10am-2pm	3 <b>Good Friday Office Closed</b>	4	5
6 <b>Easter Monday Office Closed</b>	7 Shopping & Appointments 8:30am - 4:30pm	8 Shopping & Appointments 8:30am - 4:30pm	9 Bingo 11:30am-2:00 Quinsam Boardroom	10 Strathcona Gardens Leisure Swim 10am -1pm Hot Tub & Steam Room	11	12
13 Training All Day	14 Training All Day	15 Shopping & Appointments 8:30am - 4:30pm	16 Selfcare / Luncheon Quinsam Hall 11:30am -2:30pm	17 Shopping & Appointments 8:30am - 4:30pm	18	19
20 Shopping & Appointments 8:30am - 4:30pm	21 Shopping & Appointments 8:30am - 4:30pm	22 <b>Katrina Away</b> Phoenix School Gathering 10am-11:30am	23 <b>Katrina Away</b>	24	25	26
27 <b>Katrina Away</b> LKT Luncheon 12pm-2pm	28 <b>Katrina Away</b>	29 Shopping & Appointments 8:30am - 4:30pm	30 Shopping & Appointments 8:30am - 4:30pm			

# Quinsam Elders

May 2026

**Katrina Elders Worker**  
250-201-7732

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Tech Day Call to Book 9-3pm	2 Elders Bingo Q Hall Doors Open 11am	3
4 Shopping & Appointments 8:30-4:30pm	5 Shopping & Appointments 8:30-4:30pm	6 Luncheon / Meeting Fundraising/ Trip 12pm Q Hall	7 Musuem Visit 10-2pm	8 Mother's Day Baskets Q Hall 10-2pm	9	10
11 Shopping & Appointments 8:30-4:30	12 Shopping & Appointments 8:30-4:30pm	13 Costco Shopping 10-2	14 Bingo Boardroom 11:30-2pm	15 Walking Group Meet at Q Hall 1:30-3:30pm	16	17
18 <b>Victoria Day Office Closed</b>	19 Shopping & Appointments 8:30-4:30pm	20 Shopping & Appointments 8:30-4:30pm	21 Elders Selfcare/ Luncheon 11:30-2:30pm Quinsam Hall	22 Walking Group Meet at Q Hall 1:30-3:30pm	23	24
25 Shopping & Appointments 8:30-4:30pm	26 Shopping & Appointments 8:30-4:30pm	27 <b>Katrina Away</b>	28 <b>Katrina Away</b>	29 Service Canada Boardroom 10-2pm	30	31

WE WAI KAI NATION TEENS

# 5K FOAM FEST!!

MAY 30 | 11+

WE WAI KAI NATION YOUTH TEAM IS  
TAKING OUR TEENS TO VANCOUVER  
ISLANDS 5K FOAM FEST @ LAKETOWN  
RANCH!

PUT YOUR SKILLS TO THE TEST! SIGN  
UP TODAY! DEADLINE FOR SIGN UP IS  
APRIL 27TH AGES 11+

PLEASE CALL OR TEXT 250-202-6532 TO SIGN UP!



# JIU-JITSU

T R A I N I N G

OPEN TO 14 +

ADULTS OF ALL AGES  
ARE ENCOURAGED TO  
JOIN.

NO PRIOR EXPERIENCE  
NEEDED.

BEGINNERS WELCOME!

EVERY

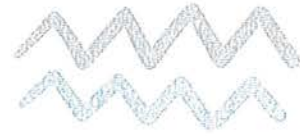
**WEDS**  
**7-8:30PM**



Quinsam Hall  
2005 Eagle Drive

**MORE INFORMATION**  
CONTACT MICHELLE DAVIS  
250-202-0067





# Tutoring

Quinsam Band Office

**\* New Admin Building \***

Mondays & Wednesdays

With Emma 3:30-5:30

middle /high school students

Tuesdays 3:45-5:45

with Stephanie or Audra  
elementary students

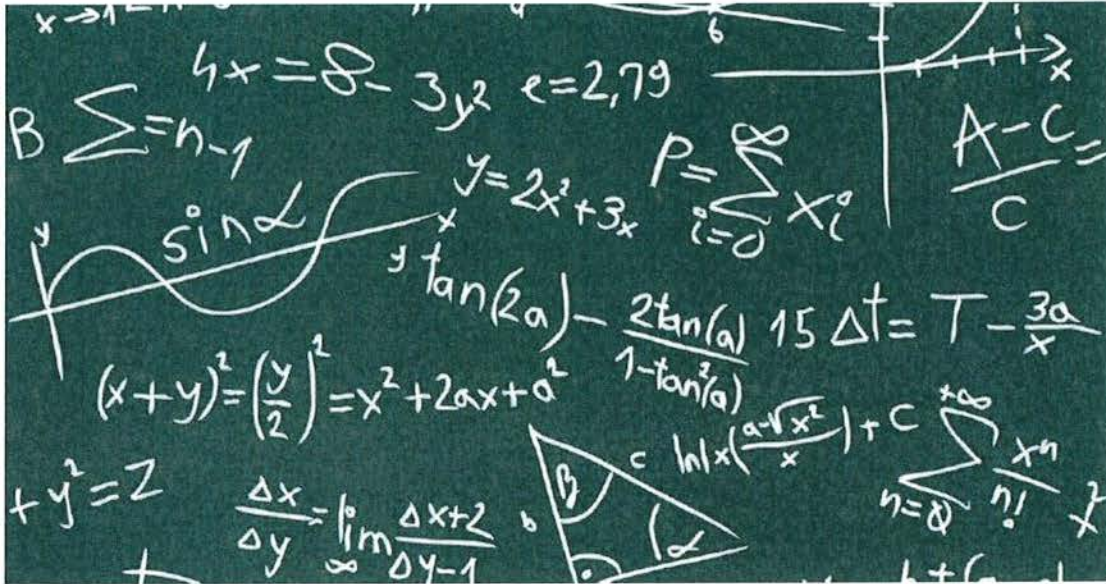


250-914-1890



Contact Rachel for more info

## MATH TUTORING AT CAPE MUDGE ON MONDAY AFTERNOONS



Do you need help with math? Do you wish that your teacher or your textbook made more sense to you? One-on-one tutoring can be really helpful because everyone has different ways of learning, and we can find a way that works for you. Math tutoring is starting again at the band office on Monday starting on January 12<sup>th</sup>. You don't need to make an appointment or call, just drop in any time between 4 and 6 on Monday and bring your math homework or your questions about math. I can also help with physics and calculus or we can talk about web resources, graphing technology, or how to make your calculator work better for you.

I will be keeping a window open for better ventilation, so bring a sweater or jacket if it's a chilly day, and please stay home if you are ill or have been in close contact with someone who has flu or coronavirus.

Call, text, or email me if you have any questions.

Mary-Ellen 250-895-0519  
maryellenvanlane@gmail.com

I hope to see you there!



# We Wai Kai Nation

Quinsam Hall (2005 Eagle Drive, Campbell River)

Friday May 29 - 5:00 - 8:30pm  
Saturday May 30 & Sunday May 31 - 9:30 am- 4:00 pm  
Monday June 1 - 5:00 - 8:30 pm  
(Graduation Ceremony & Dinner)



## 1 MONTH AWAY! REGISTER NOW!

REGISTER TODAY!



Scan the QR Code to register online!

### FREE YOUTH ENTREPRENEURSHIP CAMP (INDIGENOUS YOUTH AGES 11-18)

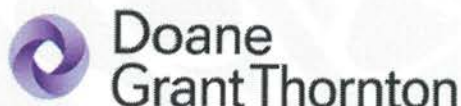
Explore the basics of business, team building, games & more! Learn how to turn your ideas into reality!

**EACH YOUTH RECEIVES \$100 MASTERCARD  
FOR PARTICIPATING • THE WINNING TEAM  
RECEIVES \$250 EACH!**

**AT THE COMMUNITY CELEBRATION DINNER JUNE 1!**



EMPOWERED BY:



### DREAM CAMP INCLUDES:

Dinner - Friday  
Breakfast & Lunch - Saturday & Sunday  
Graduation Dinner - Monday

Hoodie and other fun Arc'teryx Swag

Team Coaches to help Youth tackle Challenges and develop valuable business, teamwork and life skills such as negotiating, public speaking & budgeting.

Lots of hands-on activities to create a start-up plan and Team Pitch video for YOUR business ideas.

Email: [jay.falkus@bearslairtv.com](mailto:jay.falkus@bearslairtv.com) or  
[rowan@bearslairtv.com](mailto:rowan@bearslairtv.com)

# We Wai Kai Fundraiser



**SATURDAY | 02 MAY 2026**

Come play bingo and support our elders!  
Doors open at 11:00 am. Bingo starts at 12:00 pm.  
Regular booklet price.



**Quinsam Hall**

Contact Payton or Michelle for more  
information  
250-202-3222 or 250-202-0097

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BC Ferries – Reminder of Reduced Service – This Saturday May 2, 2026

We are writing to inform you that on **Saturday, May 2, 2026, there will be reduced service between Campbell River and Quathiaski Cove (Quadra Island) as the *Island Nagalis* will be temporarily reassigned to complete required dock fit testing at the Heriot Bay and Whaletown terminals** in preparation for its deployment on this route this summer.

The [Service Notice](#) with the **revised sailing schedule** has been posted on our website. It is also shared on the [Heriot Bay – Whaletown Terminal Projects page](#), where you will find further information about the project, and may subscribe for ongoing project updates.

### **Purpose of dock fit tests**

Prior to entering service between Quadra and Cortes Islands, the *Island Nagalis* must undergo dock fit tests at the new berths at Heriot Bay and Whaletown. This process is crucial to:

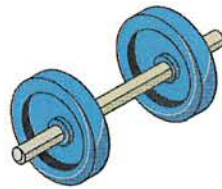
- Ensure that the vessel can safely dock, as well as load and unload vehicles without issue.
- Verify that all critical dimensions, such as the overlap between the vessel and the berth's apron, conform to BC Ferries standards and safety requirements.
- Assess terminal infrastructure and confirm that facilities such as shore power, potable water supply, and tie-up lines are properly arranged to support vessel operations.

Ensuring these elements are in place before peak-season is essential for BC Ferries to guarantee safe and efficient operations.

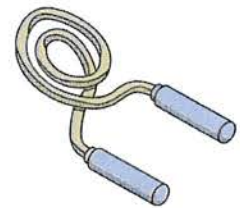
Thank you in advance for your patience and understanding while we complete this required testing.

The Community Relations team

**Community Relations**  
**British Columbia Ferry Services Inc.**  
[bcferries.com](http://bcferries.com) | [Facebook](#) | [Twitter](#)



**BEGINNER CLASS**  
**ONE MORE  
REP  
WORKOUT**



WITH ANDREA ALFRED

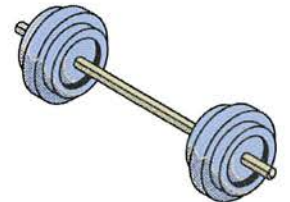
Time: 5:00pm - 6:00pm

Where: Quinsam Hall, 2005 Eagle Drive

When: Tuesdays & Thursday, Starting Jan 6/26

Beginners Introduction Level

**ALL FITNESS LEVEL'S WELCOME**



EARLY PREVENTION - PHYSICAL ACTIVITY PLAYS AN ESSENTIAL ROLE IN QUALITY OF LIFE; IT PROMOTES PHYSICAL, MENTAL AND PSYCHOLOGICAL WELL-BEING: OF DEVELOPING PREMATURE HEALTH PROBLEMS.

REGULAR EXERCISE CAN PLAY A KEY ROLE IN REDUCING YOUR RISK OF MEDICAL PROBLEMS AND HEALTH RELATED ISSUES, THAT CAN BE PARTICULARLY TREATED AND CONTROLLED BY EXERCISE. THE NEED FOR AND VALUE OF EXERCISING ON A REGULAR BASIS IS AN IRREFUTABLE FACT OF LIFE (AND DEATH).

IMPROVE YOUR HEALTH FOR LONGEVITY, MOBILITY, STRENGTH & QUALITY OF LIFE

WEIGHTS + BANDS, CARDIO INTERVALS, BODYWEIGHT

For More Information Call Michelle Davis @ 250-202--0097

## House for Sale

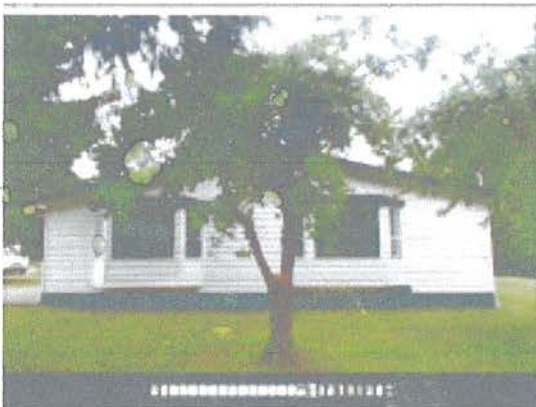
3Bed 2 Bath House 1488 SQ FT

With 1 Bed 1 Bath Suite 952 SQ FT

~~Asking \$490,000.00~~

Reduced to: \$450,000.00

Call Gail 250 203 2960



Liḡwıldax<sup>w</sup>  
Health Society

# Run <sup>the</sup> Spit 5Km

**June 19th**

Register at:

[2026 – 14th Annual National Indigenous Day RUN THE SPIT 5K –  
Race Roster – Registration, Marketing, Fundraising](#)

*On-line registration closes June 16th*

**Race package pick-up: Thursday June 18<sup>th</sup>  
12:00-5:30pm**

**LKT Health Youth & Elders Room**

**Only registered participants are guaranteed to  
receive a t-shirt and race bib**

**Run Starts at 8:00**  
**Pancake Breakfast to Follow**



Liḡwıldax<sup>w</sup> Health Society

More Info Contact Dayle at  
250-286-9766



## KEYS TO EMPLOYMENT CONSTRUCTION PROGRAM

### PROGRAM INCLUDES:

- Resume Writing and Job Search Skills
- Igniting Healing Workshop
- Trauma Informed Practice Workshop
- Job Readiness Training
- Basic Computer Skills Training
- Bi-Weekly Stipend
- Construction Certificates
  - TCP
  - AFAD
  - Forklift
  - Skid Steer
  - Boom Lift
  - Scissor Lift
  - Fall Protection
  - Confined Space
  - OFA Level 1
  - Transport Endorsement



**START DATE**  
June 1, 2026



**START TIME**  
9 AM TO 4 PM  
Monday to Friday



**LOCATION**  
Campbell River

**LOCATION: CAMPBELL RIVER**  
**DATE : JUNE 1**

**scan  
ME!**



REGISTER NOW BY SCANNING THIS  
QR CODE OR CONTACTING US!



**604 899 2400**



**INFO@ICLDGROUP.COM**



# Working together to bring Government services to **you.**



Representatives will be in your community:

**DATE**

**Friday May 29, 2026**

**TIME**

**10:00 to 2:00**

**LOCATION**

**2005 Eagle Dr**

Please come in during the date and times listed above to ask questions about any of our programs.

## **Canada Revenue Agency (CRA)**

- Tax Slip information (T4, T5007, T4A -Pension, T4A- OAS and more)
- Notice of Assessments (NOAs) and Assistance with CRA correspondence
- Benefits and Credits information: Disability Tax Credit (DTC), Canada Child Benefit (CCB), GST/HST credit, Canada Worker's Benefit (CWB)
- Account updates (address, contact number, etc.)

## **Service Canada**

- Pension information on Old Age Security and Canada Pension Plan
- Get a Social Insurance Number (birth certificate in most cases will be required)
- Receive an access code to sign up for online My Service Canada
- Canadian Dental Care Plan – Information and Application/Attestation
- New Canada Disability Benefit
- General Government of Canada information

***Please bring any ID you have as what is required will depend on what services you are accessing.***

**Presented by: Service Canada and the Canada Revenue Agency.**



Government of Canada

Gouvernement du Canada

**Canada**



NATIONAL DAY OF REMEMBRANCE  
MISSING AND MURDERED INDIGENOUS WOMEN

LAICHWILTACH FAMILY LIFE SOCIETY  
INVITES YOU TO OUR DAY OF REMEMBRANCE,  
TO HONOR AND ACKNOWLEDGE OUR MISSING AND MURDERED  
INDIGENOUS WOMEN

MAY 5, 2026  
11-2 HELD AT  
SPIRIT SQUARE  
CULTURAL SHARING  
GUEST SPEAKERS  
EVERYONE WELCOME  
ANY QUESTIONS? CALL NADINE MCGEE 250 203 2485



FEDERAL  
**Indian Hospitals**  
SETTLEMENT

# Submit your Claim today

If you experienced harm while admitted to a Federal Indian Hospital between 1936 and 1981, you may be eligible for compensation.



Free resources and support are available, including Claims Helpers who can help you complete your Claim.

Learn more at [www.IHSettlement.ca](http://www.IHSettlement.ca) or call **1-888-592-9101** today.

**Mental health and wellness support**

Hope for Wellness Helpline **1-855-242-3310** | [www.HopeForWellness.ca](http://www.HopeForWellness.ca)

Support is free, confidential and offered in English, French, Cree, Ojibway, and Inuktitut.



# You may be eligible for compensation.

## Who can submit?

You may be eligible for compensation if:

- You were admitted to a Federal Indian Hospital during the period it was operated by the Government of Canada, between 1936 and 1981; and
- You experienced psychological, verbal, physical, and/or sexual abuse while admitted to a Federal Indian Hospital.

If an eligible Claimant passed away on or after January 25, 2016, a Claim may be submitted on their behalf through the Estates process.

The Settlement does not include compensation for medical malpractice or claims connected to medical treatment.

Claims can be submitted until  
**July 27, 2028**

## Free supports are available

### Claims Administrator

The Claims Administrator can answer questions about the Claim Form, online Claims Portal and provide status updates on submitted Claims.

### Claims Helpers

Claims Helpers are available to answer your questions about the Settlement, help you complete your Claim Form and understand ID requirements.

### Legal support

You can choose to speak with Class Counsel at no cost or hire your own lawyer.

If you receive compensation, a lawyer who helped you can ask the Government of Canada to pay their legal fees. These fees are not taken from your compensation.

Free, confidential, mental health and wellness support is available 24 hours a day.

**Hope for Wellness Helpline** | Call 1-855-242-3310 | Visit [www.HopeForWellness.ca](http://www.HopeForWellness.ca)

Counselling is available in English, French, Cree, Ojibway and Inuktitut, upon request.



Learn more  
or get help

Visit: [www.IHSettlement.ca](http://www.IHSettlement.ca)  
Call the Info Line: 1-888-592-9101



# IAA X WVK SOCCER CAMP

MAY 23<sup>RD</sup> & 24<sup>TH</sup> 2026

QUINSAM GRASS FIELDS 2005 EAGLE DRIVE

**AGES 4-10**

10:00AM - 11:30AM  
BOTH DAYS



**AGES 11-19**

12:30PM - 2:30PM  
BOTH DAYS

## EXTRA SKILLS SESSION

MAY 23<sup>RD</sup> 2:30PM - 3:30PM (**Advanced**)

Please arrive 15 minutes early the first day  
to sign in and receive t-shirt

## REGISTRATION

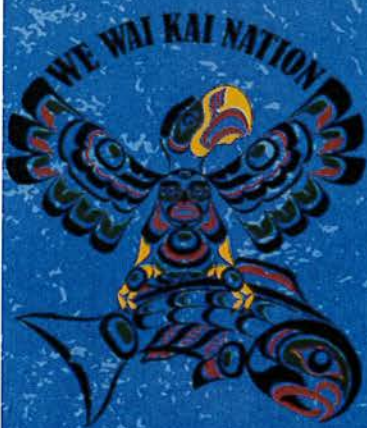
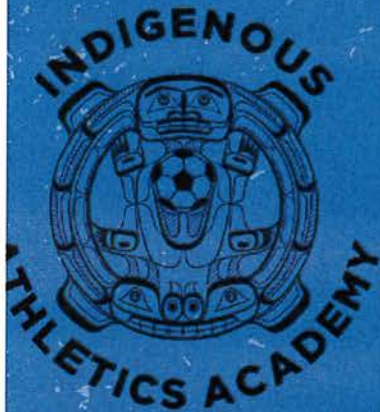
PLEASE REGISTER BY: WEDNESDAY MAY 20<sup>TH</sup> 2026

### CONTACTS:

WEI WAI KUM  
TERRI HENDERSON  
250-203-7191

WE WAI KAI  
MICHELLE DAVIS  
250-202-0097

TERRI\_H@LIVE.CA MICHELLE.DAVIS@WEWAIKAI.COM





**'HASE**  
Breath of Life

## Parent / Caregiver Workshop

Kwakwaka'wakw Land-Based  
Culturally Rooted approach to healing  
trauma, addictions & suicidality

**Friday, May 22, 2026**

**9:30am - 4pm**

2005 Eagle Dr, Campbell River  
Quinsam Hall

**REGISTER:**

[rachel.west@wewaikai.com](mailto:rachel.west@wewaikai.com)



This workshop supports parents and caregivers of Indigenous children and youth navigating the spirit of suicide through a Kwakwaka'wakw, land-based, culturally rooted approach.



It weaves together Indigenous social justice, embodiment practices, and healing methodologies to support collective healing through culture, identity, and connection to land.



### **WHO IS THIS FOR?**

Parents and caregivers of Indigenous youth who are actively self harming or living with the spirit of suicide

**CR YOUTH IN CARE NETWORK AND  
FOUNDRY CR PRESENTS**

**BC CHILD & YOUTH IN CARE WEEK**

# NEON VIBES

**EVERYONE IS WELCOME  
CELEBRATE THOSE IN AND FROM MCFD CARE**

**Prizes, food, games, crafts, music, balloon  
animals, resource tables, and more!**

**COLOURFUL COSTUME  
CONTEST**

**JUNE 3RD, 2026 3-6PM**

**CR COMMUNITY CENTRE**

**CONTACT: MONICA AT SASAMANS SOCIETY  
(250)202-7229 MONICAW@SASAMANS.CA**