

# WE WAI KAI NATION

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**May 6, 2026**

## **Nation Information**

Award of Excellence for New Admin Building  
New Logo for the Quinsam Liquor Store  
Changes re: Spring Clean Up  
Save the Date - WWK Community Day & Meeting - July 11/12, 2026  
Call for Creators - Show/Share/Sell Your Art at Community Day  
Clam Information & Story Telling Session - May 11  
Status Card Information  
Prawn Distribution - Thursday May 7  
K'Omoks Treaty Update  
Tales From the Vault  
High School Summer Employment Program  
Liqwildaxw Family Plant Walk  
Ligwiltach Elders & Youth Culture Group - Dance Practice & Blanket Making  
CMB Head Start Sports Day

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## **Elders & Youth**

Youth & Elders Calendar  
Youth Activities  
Tutoring at Cape Mudge & Quinsam  
Bears Lair Dream Camps

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## **Events & Other**

Census Collection in Indigenous Communities  
Fitness Class at Quinsam  
Homes For Sale at Quinsam  
LKT Programs - Run the Spit, Pickle Ball & Fitness Class  
ICLD - Keys to Employment Construction Program  
Meet with CRA/Service Canada - May 29  
Indian Hospital Settlement Information  
Soccer Camp - May 23 & 24  
Hase - Breath of Life - May 22  
Neon Vibes - BC Child & Youth in Care Week

## 🏆 Award of Excellence Winners! 🏆

We're proud to share that We Wai Kai Nation, WA Architects, and Ketzka Pacific Contracting have received the Award of Excellence in the Office category at the *Vancouver Island Commercial Building Awards* held on April 30th!

This recognition celebrates the collaboration, innovation, and dedication that went into creating an inspiring office space for our community. 🌱 ✨



### **Quinsam Liquor Store has a New Logo!**

Gilakas'la to all We Wai Kai members and descendants who participated in the Quinsam Liquor Store Logo Contest. We were honoured to receive submissions that reflected We Wai Kai artistic style, creativity, and care.

The new logo has been selected and will become the official logo for the Quinsam Liquor Store, to be used across future materials and promotions.

Congratulations to Jessica Chickite, whose design was selected.

“This design represents our Nation by using the sea worm, created to resemble a wine bottle and corkscrew. The sea worm represents us as Laich-Kwil-Tach people—strong and resilient. The circular design reflects the ocean where the sea worm lives and the coast we are from.” Jessica Chickite

Thank you again to everyone who took the time to share their work and support this initiative.

— Economic Development, We Wai Kai Nation





**UPDATE:**

# COMMUNITY CLEAN UP

The community clean-up program is being revamped.

A seasonal, large-scale pick-up service will **not** be offered this year.

Instead, on-reserve members may submit receipts for landfill tipping fees and receive a one-time reimbursement of up to \$50 per household. Multiple tipping fee receipts can be included, but the **must be submitted together** in a single request.

All reimbursement requests must be submitted by **May 31, 2026** to [jason.price@wewaikai.com](mailto:jason.price@wewaikai.com)

If your banking information has changed since your last distribution, please include a void cheque with your request.

**DEADLINE: MAY 31, 2026**





**Be sure to add these dates in your calendars:**

✓ **We Wai Kai Community Day:**

**Sat. July 11, 2026**

**11am-5pm**

**FOOD, GAMES, CULTURAL EVENTS**

✓ **Members Meeting:**

**Sun. July 12, 2026**

**10AM-1:30PM**

**COMMUNITY WELLNESS FOCUSED**

**LUNCH PROVIDED**

# CALL FOR CREATORS!

**SHOW - SHARE - SELL YOUR ART  
AT WE WAI KAI COMMUNITY DAY**

**CALL GAIL TO BOOK A SPOT  
250-914-1890**



**Sat. July 11, 2026 11am-5pm**

- this opportunity is open to WWK Nation members only
- set your own prices, manage your own sales
- bring everything you need to set up your station, including table(s) & chair(s)
- take everything home with you afterward

*We Wai Kai Nation is  
not responsible for any lost,  
damaged, or stolen goods.*

**deadline to book: Tues. July 7, 2026**



## **We Wai Kai Guardians & A-Tlegay Fisheries**

**Would like to invite members to participate in a  
Clam Information and Story Telling Session**

**Monday May 11<sup>th</sup>, 2026 from 10:30am – 1pm**

**At the Quinsam Hall**

**Lunch will be provided and a chance to win door prizes!**

We are looking to connect with community members who have past experience, traditional knowledge, or current observations about clam harvesting areas. This includes stories, teachings, or information shared by Elders and knowledge holders about beaches that were historically harvested or are known to have supported healthy clam populations.

We also welcome anyone who would like to learn about testing requirements, where to dig and if you're wanting to see a beach opened for future harvest.

# STATUS CARD DAYS

**THURSDAYS & FRIDAYS**

**8:30-12**

**1:00 - 4:30**

**BY APPOINTMENT**

**SCIS CARDS (10 YR CARD)**

**I RECEIVED DAS (DIGITAL APPLICATION SERVICE) FROM ISC THAT  
ALLOWS ME TO PROCESS SCIS CARDS ELECTRONICALLY**

**PRICES:**

**WWK NATION MEMBERS - \$5**

**OTHER NATIONS:**

**SCIS - \$25**

**LAMINATE CARDS - \$30**

**CIS STATUS CARD RENEWALS**

**SCIS APPLICATIONS**

**REGISTRATION**

**Contact Gail :**

**250-914-1890**

Email:

[membership@wewaikai.com](mailto:membership@wewaikai.com)

**REGISTRATION OF:  
MARRIAGES, DIVORCES,  
DEATHS**

**501-2025 Eagle Drive**



## ***A - TLEGAY FISHERIES SOCIETY***

*(representing Wei Wai Kum First Nation; We Wai Kai First Nation;  
Comox First Nation; Kwiakah First Nation; Tlowitsis First Nation)*

*1441 - A Old Island Hwy., Campbell River, BC V9W 2E4*

*Telephone #: (250) 287-8868 Fax #: (250) 287-8414*

*e-mail: atlegay@shawcable.com*

### **Prawn Distribution – Per Household- No Pick-Ups**

**Date:** Thursday, May 7<sup>th</sup>

**Location:** A-Tlegay Office

**Elders (Wei Wai Kum, Tlowitsis, Kwiakah, We Wai Kai):**

1:00 PM – 3:30 PM

Elders who would like delivery are asked to please contact their Elders Worker.

**All Other Members:**

4:00 PM – 7:00 PM – First Come First Serve

**Cape Mudge Distribution:**

**Date:** Friday, May 8<sup>th</sup> - 9:30 AM

**Location:** Cape Mudge Hall Parking Lot

**K'ómoks Members:**

Prawns will be distributed by your Nation- please watch for notice

**Anyone with question's please call A-Tlegay @ 250-287-8868**



# K'ÓMOKS TREATY UPDATE

The treaty is not final – and nothing is changing immediately.

## What You May Be Hearing

There are claims being shared about:

- Loss of territory
- Loss of access to lands
- Other Nations gaining control
- Projects being blocked

These claims are based on **misunderstandings of how treaties work**

## Where The Treaty Is At

The K'ómoks Treaty has reached **First Reading** in the B.C. Legislature. It is:

- Not finalized
- Not in effect

There are still multiple steps remaining, including approvals, consultation, and final decisions.

**Nothing is changing right now.**

**The treaty confirms existing rights – it does not create new control.**

## What This Means

- It has no impact on We Wai Kai access to cultural or historical sites
- It does not give other Nations authority over We Wai Kai lands, decisions, or governance. These areas continue to be protected through We Wai Kai governance and existing protections
- It does not impact We Wai Kai's own treaty negotiations and



# IMPORTANT FOR MEMBERS TO KNOW

## What We Wai Kai Is Doing

We Wai Kai is actively engaged in the following efforts:

- Establishing a protocol agreement with K'ómoks
- Developing an accommodation package with BC and Canada

**This work ensures:**

- Our **rights remain intact**
- Our **access to lands and cultural areas is protected**
- Our **decision-making authority is maintained**
- **No other Nation gains control over We Wai Kai territory**

We are addressing these issues now—before final decisions are made. This is not a temporary measure—the protocol will continue to guide how shared areas are managed into the future.

## Why This Matters

This approach:

- Protects We Wai Kai's core areas and interests
- Creates clarity and certainty
- Reduces future conflict and risk
- Supports future generations

The protocol guides how areas of shared history and mutual interest are managed and ensures We Wai Kai's rights, access, and decision-making are protected.

### This work DOES:

- Define roles in shared areas
- Support coordination and planning
- Strengthen We Wai Kai's position

### This work DOES NOT:

- Restrict economic opportunities
- Require permission from other Nations
- Limit We Wai Kai governance



# WHAT MEMBERS ARE ASKING

## FAQs on the K'ómoks Treaty and We Wai Kai Initiatives

### Is The K'ómoks Treaty Happening Right Now?

No. The treaty has only reached an early step (**First Reading in the B.C. Legislature**).

It is:

- **Not finalized**
- **Not in effect**

There are still multiple steps required before anything is implemented, including approvals, signing, and further consultation.

### Does this affect We Wai Kai's rights or decisions?

No. We Wai Kai is actively working to ensure our rights, interests, and future are clearly protected before the treaty is finalized. This work strengthens clarity and protects our role—it does not reduce it.

### Does This Limit Economic Opportunities?

No. **This work does not:**

- Restrict economic opportunities
- Require permission from other Nations
- Limit We Wai Kai decision-making

It is focused on clarity, coordination, and protecting We Wai Kai's position.

### What is a Protocol Agreement?

A protocol agreement is a Nation-to-Nation understanding that helps:

- Clarify roles and expectations
- Support coordination in shared areas
- Reduce conflict and uncertainty

**It strengthens how these rights are applied and protected in**



# STAY INFORMED

## Member Access

More information will be available in the **Members-Only section** of the Treaty website.

**To register:**

[www.waikaitreaty.com/member-registration/](http://www.waikaitreaty.com/member-registration/)

## Contact

If you have questions or would like to be added to the Treaty email list, **please contact:** [manager@weaikaitreaty.com](mailto:manager@weaikaitreaty.com)

## Looking Ahead

**A detailed member session will be held (anticipated June)**, where full information will be shared and members will have the opportunity to ask questions. This will ensure members have:

- Clear information
- Full context
- Opportunity to ask questions

**We Wai Kai is working to ensure our Nation is informed, protected, and prepared for the future.**



## LIĠ<sup>w</sup>ILDAĠ<sup>w</sup> RESEARCH CENTRE

We are continuing regular newsletter updates to share exciting history from the Archives with the communities. Some of you may be familiar with this story, but others are not, so it is my pleasure to introduce V.3, Edition three; **Tales from the Vault.**

### Q̇anēq̇?lak<sup>w</sup> and Ẋatē?ċən

*This story comes from the Q̇ô'm?ēnoxu [Qomēnox<sup>w</sup>], a Clan of the Lê'gwilda?xu [Liġ<sup>w</sup>ildaġ<sup>w</sup>], as told by Wa'nuku and recorded by Franz Boas in 1910.*



MOUNTAINS IN HOMAYNO (LOUGHBOROUGH INLET), JUNE 2024

Long ago, our Liġ<sup>w</sup>ildaġ<sup>w</sup> ancestor Ẋatē?ċən was sitting quietly in his house when his attendant came rushing in.

“Do not stay here,” they warned. “Someone is coming to the beach.”

Ẋatē?ċən answered calmly, “Perhaps this is what I have been waiting for, something to set things right.”

He went out to meet his visitor and welcomed his friend, Q̇anēq̇?lak<sup>w</sup>, into his home. Inside, he offered him dried salmon, prepared from the double-headed serpent. As Q̇anēq̇?lak<sup>w</sup> ate, his body began to twist and contort from its power.

“Do not rush, friend,” Ẋatē?ċən cautioned.

When they stepped outside, Ẋatē?ċən turned his gaze toward his salmon-weir. In that moment, Q̇anēq̇?lak<sup>w</sup> struck first, transforming him into stone. But just as quickly, Ẋatē?ċən returned to human form.

“Take care, friend,” he said. “Now it is my turn.”



## LIŦWILDAŦW RESEARCH CENTRE

He transformed Qanēqē?lak<sup>w</sup> into stone, yet he too rose again, unharmed.

They continued, testing one another. They seized each other and lifted high into the air, turning to fog and back again. Qanēqē?lak<sup>w</sup> cast Ŧatē?cən upward, transforming him into a crane that circled the sky before returning to human form. Ŧatē?cən answered in kind, sending Qanēqē?lak<sup>w</sup> into the air as a crane, then back again.

At last, Ŧatē?cən spoke. “You are powerful, friend. Come, let us go to my playground.”

They climbed into his canoe and paddled together. Both wore belts adorned with double-headed serpents, and even their canoes carried the same designs. When they arrived, Ŧatē?cən gave a warning.

“Be careful here. No one who has come to play on this ground has ever succeeded. The surface is made slippery by the blood of those who tried before.”

He offered Qanēqē?lak<sup>w</sup> the first turn, but his friend refused. “It is your place. You go first.”

So Ŧatē?cən ran. He moved straight up the steep slope without stopping, without even pausing at the resting place. At the top he turned, came back down in one motion, and landed cleanly in his canoe.

“Now you go,” he said. “And take care, fasten your belt well.”

Qanēqē?lak<sup>w</sup> ran with strength and determination. He climbed nearly to the top, but at the last moment he slipped. His belt came loose, and he fell, tumbling down into the water below.

Ŧatē?cən overturned his friend’s canoe. “Perhaps you are not as powerful as you claimed,” he said.

But Qanēqē?lak<sup>w</sup> was not finished. Unseen, he moved through Ŧatē?cən’s lands. He turned a beaver by the river into stone. He saw the watchman at the salmon-weir and transformed him, along with his pole, into stone as well.

In the end, it was Qanēqē?lak<sup>w</sup> who prevailed, not through the playground challenge, but through his actions beyond it, where Ŧatē?cən could not see.

This story reminds us that power is not always shown in the same way. Even among friends, there are tests of strength, skill, and spirit. Qanēqē?lak<sup>w</sup> and Ŧatē?cən challenge one another, but they also warn, respect, and recognize each other’s abilities.

It teaches that true strength is carried not only in what we show openly, but in how we act, how we respond, and how we honour one another’s gifts.

# HIGH SCHOOL SUMMER EMPLOYMENT PROGRAM



## HOW TO APPLY:

**Employment Period:**  
July 6 - August 28, 2026

**Application Closing Date:**  
June 15, 2026 @ 4:30pm

Send resumes with cover letter and expression of top 3 areas of interest to:  
[rachel.west@wewaikai.com](mailto:rachel.west@wewaikai.com)

## Possible opportunities in (but not limited to):

- Quinsam Shell
- Starbucks
- We Wai Kai Campground
- Community Wellness
- Public Works

**Open to students 15 - 18 years old.  
Must be returning to school in Sept.**



## Ligwít dax<sup>w</sup> Family Plant Walk

This workshop offers a safe and welcoming space for Ligwít dax<sup>w</sup> people to build connection through learning about our traditional plant medicines. Participants will be guided through a sharing circle, grounding practices, and reflections on the importance of connecting to Ligwít dax<sup>w</sup> identity, land, medicines, wellness, and community.

Together, we will take part in a plant walk to identify medicines that grow in our territory, learn about their uses, and explore embodiment practices on the land.

Who: Open to Wewaikai families (children must be accompanied by an adult caregiver)

What: Land-Based Healing practice

When: May 25<sup>th</sup> @ 6:00- 7:30pm

Where: Meet at Quinsam Hall to walk wewaikai trails behind BC Hydro



To sign up for a spot please email: [socialdevelopment@wewaikai.com](mailto:socialdevelopment@wewaikai.com)

or text [250-201-7730](tel:250-201-7730) with your name and #.

# LIGWILTACH ELDERS & YOUTH CULTURE GROUP

## LADIES DANCE PRACTICE & BLANKET MAKING

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LADIES ONLY DANCE PRACTICE  
TUESDAYS  
6:30 pm  
Quinsam Hall

BLANKET MAKING CLASSES  
THURSDAYS  
6:30 PM  
QUINSAM HALL



# CAPE MUDGE BAND HEAD START SPORTS DAY

THURSDAY  
MAY 21<sup>ST</sup>

EVERYONE WELCOME  
11:00 AM - 1:30 PM  
WE WAI KAI  
CHILDCARE CENTRE

FUN RACES, DRAWS,  
BBQ LUNCH PROVIDED, AND  
MORE

Come out and join  
the fun.  
Hope to see you  
there.





# MAY 2026

CAPE MUDGE YOUTH  
Margot (250) 202-6919



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 Youth Group 2:45-5:30 Mothers day craft	2	3
Teens 4:00-7:00 Enders Game Movie	5 Youth/Teens 2:45-5:30 Nacho Party	6 Teens part 1 4:00-6:00 14+ adulting skills (meals) QCC	7 NEW location Group held by Keltie at cm band office 2:45-5:00	8 No Group	9	10
11 No Group	12 Youth/Teens 2:45-5:30 Making Sprouts	13 Teens part 2 4:00-6:00 14+ Adulting skills Qcc	14 2:45-5:30 Walk the spit to honour Moose hide campaign	15 Youth Group 2:45-5:30 Pizza Party Laser tag	16	17
18 Victoria day Holiday	19 Youth Group 2:45-5:30 make flat bread	20 Teens/youth 2:30-6:00 Cedar Bark pulling	21 Health w/ Keltie 2:45-5:30 plasma car races	22 Youth Group 2:45-5:30 open crafts	23 Soccer Camp tbd	24 Soccer Camp tbd
25 Teens 4:00-6:00 Slime	26 Youth Group 2:45-5:30 air hockey	27 Youth/Teen 2:45-4:00 garden 4:00-6:00 open gym	28 Youth/Teen 2:45-5:30 National Burger day	29 Youth Group 2:45-5:30 Earing making	30 Foam Party 5K Obstacle 11+ Course Naniamo	31



**\*\*Highlighted events require prior SIGN UP\*\***



# May 2026



Quinsam Youth/Teen

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Sunday

CONTACT (250) 202-6532 FOR SIGN UP ( ALL HIGHLIGHTED)

					1 YOUTH GROUP 2:30-5:30 <i>Gym games</i>	2	3
4 YOUTH GROUP 2:30-5:30 <i>Slime Making</i>	5 YOUTH GROUP 2:30-5:30 <i>Health Topic Tuesday &amp; language</i>	6 YOUTH GROUP 2:30-5:30 <i>MOTHERS DAY CRAFT!</i>	7 YOUTH GROUP 2:30-5:30 <i>TEEN NIGHT LAKE FISHING! 6-8PM</i>	8 YOUTH GROUP 2:30-5:30 <i>SPORTSPLEX</i>		9	10
11 YOUTH GROUP 2:30-5:30 <i>PARK DAY</i>	12 YOUTH GROUP 2:30-5:30 <i>Health Topic Tuesday &amp; language</i>	13 YOUTH GROUP 2:30-5:30 <i>RELAY RACES</i>	14 YOUTH GROUP 2:30-5:30 <i>Teen Night Velocity 6-8</i>	15 YOUTH GROUP 2:30-5:30 <i>Walk the spit</i>		16	17 <i>may long weeked</i>
18 <i>Group closed Victoria Day</i>	19 YOUTH GROUP 2:30-5:30 <i>Health Topic Tuesday &amp; language</i>	20 YOUTH GROUP 2:30-5:30 <i>Cedar Bark Harvesting with Avis</i>	21 YOUTH GROUP 2:30-5:30 <i>TEEN NIGHT BEACH FIRE/ HOTDOG ROAST 6-8PM</i>	22 YOUTH GROUP 2:30-5:30 <i>BASKETBALL</i>		23	24
25 YOUTH GROUP 2:30-5:30 <i>BEACH DAY</i>	26 YOUTH GROUP 2:30-5:30 <i>Health Topic Tuesday &amp; language</i>	27 YOUTH GROUP 2:30-5:30 <i>VOLLEYBALL</i>	28 YOUTH GROUP 2:30-5:30 <i>Nation Burger Day!</i>	29 YOUTH GROUP 2:30-5:30 <i>MAN TRACKER</i>		30	31

# May

## Cape Mudge Elders Calendar

Payton 250-201-7299

# 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4 <b>qá'yola Museum Exhibit</b> CR Museum 10:00 - 12:00</p> <p>11 Storytelling &amp; Clam info session/Lunch w/ A'legay Quinsam Hall 10:30 - 1:00</p> <p>16 <b>HOLIDAY</b></p> <p>25 <b>Office Day</b> 8:30-4:30</p>	<p>5 Shopping/Appointments 8:30-4:30</p> <p>12 Shopping/Appointments 8:30-4:30</p> <p>19 Shopping/Appointments 8:30-4:30</p> <p>26 <b>PLEASE REGISTER</b> <b>Self care Day</b> 12:00 - 3:00</p>	<p>6 <b>Elders Luncheon</b> &amp; Meeting on fundraising Quinsam Hall 12:00pm</p> <p>13 <b>Island Wide Luncheon</b> Duncan 8:00 am ferry</p> <p>20 Shopping/Appointments 8:30-4:30</p> <p>27 Shopping/Appointments 8:30-4:30</p>	<p>7 <b>Mothers Day</b> Hanging baskets Community Garden 12:00 - 3:00</p> <p>14 Shopping/Appointments 8:30-4:30</p> <p>21 <b>Community Lunch &amp; bingo</b> 8:30-4:30</p> <p>28 <b>Service Canada &amp; CRA</b> Quinsam Hall 10:00-2:00</p>	<p>1 Shopping/Appointments 8:30-4:30</p> <p>8 <b>Prawn Distro on Cape</b> Cape Mudge Hall 9:30am</p> <p>15 Shopping/Appointments 8:30-4:30</p> <p>22 Shopping/Appointments 8:30-4:30</p> <p>29 <b>COSTCO WHOLESALE</b> 10:00 Ferry</p>

# Quinsam Elders

May 2026

Katrina Elders Worker  
250-201-7732

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				1 <b>Costco Shopping 10-2pm</b>	2 <b>Elders Bingo Q Hall Doors Open 11am</b>	3
4 <b>Museum Visit Qáyola Exhibit 9:30am-12:30-pm</b>	5 <u>Shopping &amp; Appointments 8:30-4:30pm</u>	6 <b>Luncheon / Meeting Fundraising/ Trip 12pm Q Hall</b>	7 <b>Prawn Distribution 1-4pm Atlegay Office</b>	8 <b>Mother's Day Baskets Q Hall 10-2pm</b>	9	10
11 <b>Clam Information Story Telling with Atlegay Quinsam Hall 10:30-1pm</b>	12 <u>Shopping &amp; Appointments 8:30-4:30pm</u>	13 <b>Elders Wide Luncheon Cowichan</b>	14 <b>Bingo Boardroom 11:30-2pm</b>	15 <b>Walking Group Meet at Q Hall 1:30-3:30pm</b>	16	17
18 <b>Victoria Day Office Closed</b>	19 <u>Shopping &amp; Appointments 8:30-4:30pm</u>	20 <u>Shopping &amp; Appointments 8:30-4:30pm</u>	21 <b>Elders Selfcare/ Luncheon 11:30-230pm Quinsam Hall</b>	22 <b>Walking Group Meet at Q Hall 1:30-3:30pm</b>	23	24
25 <u>Shopping &amp; Appointments 8:30-4:30pm</u>	26 <u>Shopping &amp; Appointments 8:30-4:30pm</u>	27 <b>Katrina Away</b>	28 <b>Katrina Away</b>	29 <b>Service Canada Q Boardroom 10-2pm</b>	30	31

WE WAI KAI NATION TEENS

# 5K FOAM FEST!!

MAY 30 | 11+

WE WAI KAI NATION YOUTH TEAM IS  
TAKING OUR TEENS TO VANCOUVER  
ISLANDS 5K FOAM FEST @ LAKETOWN  
RANCH!

PUT YOUR SKILLS TO THE TEST! SIGN  
UP TODAY! DEADLINE FOR SIGN UP IS  
APRIL 27TH AGES 11+

PLEASE CALL OR TEXT 250-202-6532 TO SIGN UP!



# JIU-JITSU

TRAINING

OPEN TO 14 +

ADULTS OF ALL AGES  
ARE ENCOURAGED TO  
JOIN.

NO PRIOR EXPERIENCE  
NEEDED.

BEGINNERS WELCOME!

EVERY

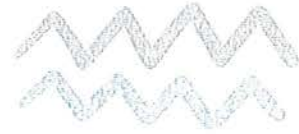
**WEDS**  
**7-8:30PM**



Quinsam Hall  
2005 Eagle Drive

**MORE INFORMATION**  
CONTACT MICHELLE DAVIS  
250-202-0067





# Tutoring

Quinsam Band Office

**\* New Admin Building \***

Mondays & Wednesdays

With Emma 3:30-5:30

middle /high school students

Tuesdays 3:45-5:45

with Stephanie or Audra

elementary students



250-914-1890



Contact Rachel for more info





# WE WAI KAI NATION DREAM CAMP

*REGISTER NOW!*

**BEARS' LAIR  
DREAM CAMPS**

YOUTH  
AGES 11- 18

May 29 - June 1,  
2026



SCAN CODE TO REGISTER →



**Quinsam Hall  
(2005 Eagle Dr, Campbell  
River )**



**May 29  
5pm-8:30pm**

**May 30 & 31  
9:30am-4pm**

**June 1  
5pm-8:30pm**

- **\$100 GIFT CARD FOR PARTICIPATING**
- **THE WINNING TEAM WINS \$250 EACH**
- **FREE HOODIE & SWAG FOR EVERYONE!**



**FREE**





## **Statistics Canada**

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has received permission from  
Chief and Council to be on  
We Wai Kai lands to complete the  
2026 Census.

The Census is being conducted  
during the month of May.

# CENSUS COLLECTION IN INDIGENOUS COMMUNITIES

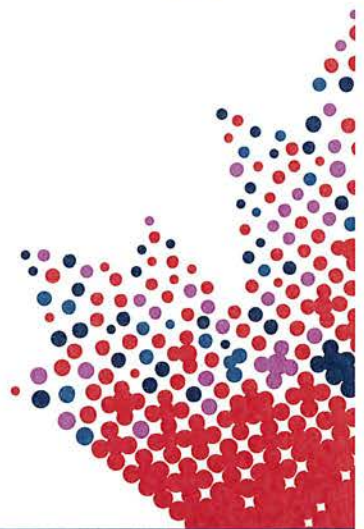
## The 2026 Census has begun!

- Collection has begun in Indigenous communities across Canada.
- Census information is important and can help communities plan services such as child care, education, and health care.
- Households in Indigenous communities will receive a census invitation letter that provides instructions on completing the questionnaire online.
- Census employees will be in communities to help households complete their questionnaire.
- The census questions are available in **15 Indigenous languages** for reference purposes.
- All information is collected under the authority of the *Statistics Act* and will be kept strictly confidential.



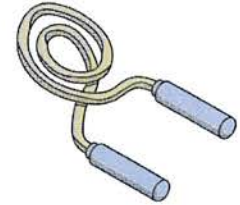
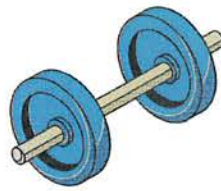
### Need assistance?

If you are unable to complete the 2026 Census questionnaire online, or do not complete it before follow-up begins, a census enumerator will be available in your community to help you complete it.



Complete the census questionnaire online today!  
**[census.gc.ca](https://census.gc.ca)**

If you require additional assistance, please contact the Census Help Line.  
Toll-free number: **1-833-852-2026**  
Teletypewriter (TTY): **1-833-830-3109**



**BEGINNER CLASS**  
**ONE MORE**  
**REP**  
**WORKOUT**

WITH ANDREA ALFRED

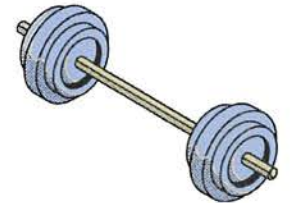
Time: 5:00pm - 6:00pm

Where: Quinsam Hall, 2005 Eagle Drive

When: Tuesdays & Thursday, Starting Jan 6/26

Beginners Introduction Level

**ALL FITNESS LEVEL'S WELCOME**



EARLY PREVENTION - PHYSICAL ACTIVITY PLAYS AN ESSENTIAL ROLE IN QUALITY OF LIFE; IT PROMOTES PHYSICAL, MENTAL AND PSYCHOLOGICAL WELL-BEING: OF DEVELOPING PREMATURE HEALTH PROBLEMS.

REGULAR EXERCISE CAN PLAY A KEY ROLE IN REDUCING YOUR RISK OF MEDICAL PROBLEMS AND HEALTH RELATED ISSUES, THAT CAN BE PARTICULARLY TREATED AND CONTROLLED BY EXERCISE. THE NEED FOR AND VALUE OF EXERCISING ON A REGULAR BASIS IS AN IRREFUTABLE FACT OF LIFE (AND DEATH).

IMPROVE YOUR HEALTH FOR LONGEVITY, MOBILITY, STRENGTH & QUALITY OF LIFE

WEIGHTS + BANDS, CARDIO INTERVALS, BODYWEIGHT

For More Information Call Michelle Davis @ 250-202--0097

## House for Sale

3Bed 2 Bath House 1488 SQ FT

With 1 Bed 1 Bath Suite 952 SQ FT

~~Asking \$490,000.00~~

Reduced to: \$450,000.00

Call Gail 250 203 2960



# HOUSE FOR SALE



- 1550 sq ft
- 3 Bedroom with den could be 4<sup>th</sup> bedroom.
- Fenced yard+garden
- 2 Bathroom
- Kitchen
- Dining room

Price: \$400,000



📍 746 Falcon Drive

☎ 250-830-7072. \*please call if you're interested in a viewing.



Liḡwıldax<sup>w</sup>  
Health Society

# Run the Spit 5Km

June 19th

Register at:

[2026 – 14th Annual National Indigenous Day RUN THE SPIT 5K – Race Roster – Registration, Marketing, Fundraising](#)  
On-line registration closes June 16th

Race package pick-up: Thursday June 18<sup>th</sup>  
12:00-5:30pm

LKT Health Youth & Elders Room

Only registered participants are guaranteed to receive a t-shirt and race bib

Run Starts at 8:00  
Pancake Breakfast to Follow



Liḡwıldax<sup>w</sup> Health Society

More Info Contact Dayle at  
250-286-9766

# FITNESS CLASS

Everyone Welcome!

with Andrea Alfred

## May Classes Every TUESDAY

7:00 - 8:00 PM  
Thunderbird Hall

JOIN THE FUN!

# PICKLE BALL

LESSONS

TRY YOUR FIRST CLASS FREE!

THUNDERBIRD HALL  
MAY 24TH  
1:00-2:30

For More Information contact  
Dianna at LKT Health

Liḡwıldax<sup>w</sup>  
Health Society

## KEYS TO EMPLOYMENT CONSTRUCTION PROGRAM

### PROGRAM INCLUDES:

- Resume Writing and Job Search Skills
- Igniting Healing Workshop
- Trauma Informed Practice Workshop
- Job Readiness Training
- Basic Computer Skills Training
- Bi-Weekly Stipend
- Construction Certificates
  - TCP
  - AFAD
  - Forklift
  - Skid Steer
  - Boom Lift
  - Scissor Lift
  - Fall Protection
  - Confined Space
  - OFA Level 1
  - Transport Endorsement



**START DATE**  
June 1, 2026



**START TIME**  
9 AM TO 4 PM  
Monday to Friday



**LOCATION**  
Campbell River

**LOCATION: CAMPBELL RIVER**  
**DATE : JUNE 1**

**scan  
ME!**



REGISTER NOW BY SCANNING THIS  
QR CODE OR CONTACTING US!



**604 899 2400**



**INFO@ICLDGROUP.COM**

# Working together to bring Government services to **you.**



Representatives will be in your community:

## DATE

Friday May 29, 2026

## TIME

10:00 to 2:00

## LOCATION

2005 Eagle Dr

Please come in during the date and times listed above to ask questions about any of our programs.

## Canada Revenue Agency (CRA)

- Tax Slip information (T4, T5007, T4A -Pension, T4A- OAS and more)
- Notice of Assessments (NOAs) and Assistance with CRA correspondence
- Benefits and Credits information: Disability Tax Credit (DTC), Canada Child Benefit (CCB), GST/HST credit, Canada Worker's Benefit (CWB)
- Account updates (address, contact number, etc.)

## Service Canada

- Pension information on Old Age Security and Canada Pension Plan
- Get a Social Insurance Number (birth certificate in most cases will be required)
- Receive an access code to sign up for online My Service Canada
- Canadian Dental Care Plan – Information and Application/Attestation
- New Canada Disability Benefit
- General Government of Canada information

***Please bring any ID you have as what is required will depend on what services you are accessing.***

Presented by: Service Canada and the Canada Revenue Agency.



Government of Canada

Gouvernement du Canada

Canada

# You may be eligible for compensation.

## Who can submit?

You may be eligible for compensation if:

- You were admitted to a Federal Indian Hospital during the period it was operated by the Government of Canada, between 1936 and 1981; and
- You experienced psychological, verbal, physical, and/or sexual abuse while admitted to a Federal Indian Hospital.

If an eligible Claimant passed away on or after January 25, 2016, a Claim may be submitted on their behalf through the Estates process.

The Settlement does not include compensation for medical malpractice or claims connected to medical treatment.

Claims can be submitted until  
**July 27, 2028**

## Free supports are available

### Claims Administrator

The Claims Administrator can answer questions about the Claim Form, online Claims Portal and provide status updates on submitted Claims.

### Claims Helpers

Claims Helpers are available to answer your questions about the Settlement, help you complete your Claim Form and understand ID requirements.

### Legal support

You can choose to speak with Class Counsel at no cost or hire your own lawyer.

If you receive compensation, a lawyer who helped you can ask the Government of Canada to pay their legal fees. These fees are not taken from your compensation.

Free, confidential, mental health and wellness support is available 24 hours a day.

**Hope for Wellness Helpline** | Call 1-855-242-3310 | Visit [www.HopeForWellness.ca](http://www.HopeForWellness.ca)

Counselling is available in English, French, Cree, Ojibway and Inuktitut, upon request.



Learn more  
or get help

Visit: [www.IHSettlement.ca](http://www.IHSettlement.ca)  
Call the Info Line: 1-888-592-9101



# IAA X WWK SOCCER CAMP

MAY 23<sup>RD</sup> & 24<sup>TH</sup> 2026

QUINSAM GRASS FIELDS 2005 EAGLE DRIVE

**AGES 4-10**

10:00AM - 11:30AM  
BOTH DAYS



**AGES 11-19**

12:30PM - 2:30PM  
BOTH DAYS

**EXTRA SKILLS SESSION**

MAY 23<sup>RD</sup> 2:30PM - 3:30PM (*Advanced*)

Please arrive 15 minutes early the first day  
to sign in and receive t-shirt

## REGISTRATION

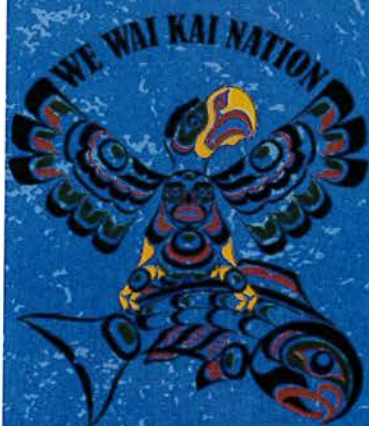
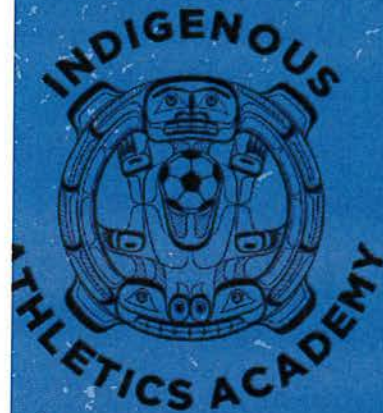
PLEASE REGISTER BY: WEDNESDAY MAY 20<sup>TH</sup> 2026

CONTACTS:

WEI WAI KUM  
TERRI HENDERSON  
250-203-7191

WE WAI KAI  
MICHELLE DAVIS  
250-202-0097

TERRI\_H@LIVE.CA MICHELLE.DAVIS@WEWAIKAI.COM





**'HASE**  
Breath of Life

## Parent / Caregiver Workshop

Kwakwaka'wakw Land-Based  
Culturally Rooted approach to healing  
trauma, addictions & suicidality

**Friday, May 22, 2026**

**9:30am - 4pm**

2005 Eagle Dr, Campbell River  
Quinsam Hall

**REGISTER:**

[rachel.west@wewaikai.com](mailto:rachel.west@wewaikai.com)



This workshop supports parents and caregivers of Indigenous children and youth navigating the spirit of suicide through a Kwakwaka'wakw, land-based, culturally rooted approach.



It weaves together Indigenous social justice, embodiment practices, and healing methodologies to support collective healing through culture, identity, and connection to land.



### WHO IS THIS FOR?

Parents and caregivers of Indigenous youth who are actively self harming or living with the spirit of suicide

**CR YOUTH IN CARE NETWORK AND  
FOUNDRY CR PRESENTS**

**BC CHILD & YOUTH IN CARE WEEK**

# NEON VIBES

**EVERYONE IS WELCOME  
CELEBRATE THOSE IN AND FROM MCFD CARE**

**Prizes, food, games, crafts, music, balloon  
animals, resource tables, and more!**

**COLOURFUL COSTUME  
CONTEST**

**JUNE 3RD, 2026 3-6PM**

**CR COMMUNITY CENTRE**

**CONTACT: MONICA AT SASAMANS SOCIETY  
(250)202-7229 MONICAW@SASAMANS.CA**