



15 July 2026



IN THIS ISSUE

- Newsletter Availability
- We Wai Kai Day Photos
- Thank You To Our Sponsors
- [Sockeye Distribution Information](#)
- Citizenship Transfer Information
- Important Citizenship Information
- [Cape Mudge Infrastructure Update](#)
- [Cape Mudge Elders Calendar](#)
- [Quinsam Elders Calendar](#)
- [Cape Mudge Youth Calendar](#)
- [Cape Mudge Youth - Highlights](#)
- [Quinsam Youth Calendar](#)
- [Home Alone Youth Course](#)
- [Children's Programs](#)
- BC Ferries Artist Call
- Employment & Training Assistance
- Indigenous Leadership Certificate
- Crisis Intervention Training
- Health Career Access Program
- Want to Receive the Newsletter?

WORD OF THE WEEK

qasa (qa-sa)
“to walk”

COMMUNITY SPOTLIGHT

Coming soon

Katie Green
Communications Officer
katie.green@wewaikai.com

For your information or to be considered for the newsletter, please contact Katie.

THE NEWSLETTER IS NOW AVAILABLE AT:

Quinsam Hall
The Quinsam Band Office
Cape Mudge Band Office





WE WAI KAI DAY 2026

SO MANY SMILING FACES!



A HUGE THANK YOU TO OUR SPONSORS

gilakas'la – We Are Grateful





We Wai Kai First Nation

2025 Eagle Drive
Campbell River, BC
V9H 1P9

Sockeye Distribution – 2026

Each Member is eligible to receive 25 sockeye salmon.

Distribution Options

Members may choose to receive their 25 sockeye:

1. Fresh
2. Processed

Processed Sockeye

Members who would like their fish processed will be responsible for the processing costs.

- Deadline to request to have your fish processed will be: July 27th, 2026
- Cost: \$190.00 per Member (for 25 sockeye)
- Once processing is complete, a notice will be posted with pickup dates and times.
- Payment must be received no later than July 31st, 2026.
- Payment can be made to the band office or by e-transfer to receivables@wewaikai.com
- If you are e-transferring, please include member name so we are able to verify your payment and put **"Fish Processing"** in the subject line.

To request processed fish, please email:

FSC@wewaikai.com

Fresh Sockeye

Members who choose to receive their fish fresh will be notified of pickup dates and times.

Pickup Locations:

- Quinsam Reserve & Cape Mudge Reserve

Member Pickup Authorization

- Distribution is available to both on-reserve and off-reserve Members.
- If you are unable to pick up your fish yourself, you must email authorization identifying the person designated to pick up on your behalf. Fish will not be released to anyone without prior permission from the Member. Authorization must be given before July 31st, 2026

To grant pickup authorization, please email:

FSC@wewaikai.com

Distribution Dates

Fresh sockeye distribution is anticipated to take place between:

August 1st, 2026 – August 11, 2026

As we get closer to the fishery, more specific pickup dates and times will be announced. Thank you for your cooperation. We look forward to providing Members with this year's sockeye distribution.

WE ARE ACCEPTING TRANSFERS FROM OTHER NATIONS INTO THE WE WAI KAI NATION

TO APPLY YOU MUST HAVE: Ancestral Connection

**Ancestral Connection Means:
You have at least one Parent who:**

- i) is, or was at some point in time, listed or eligible
to be listed on the Citizenship Roll;**
- ii) is, or was at some point in time, listed or eligible
to be listed on the former Citizenship Roll;**
- iii) is, or was at some point in time, listed or eligible
to be listed on the Cape Mudge Indian Band list
maintained under the Indian Act R.S.C. 1985, c-1-5.**

Deadline to Apply: SEPTEMBER 11, 2026

PLEASE CONTACT GAIL SMITH FOR AN APPLICATION FORM



IMPORTANT **CITIZENSHIP INFORMATION**

**IF YOU RECENTLY RECEIVED A 623 NUMBER FROM
INDIGENOUS SERVICES CANADA, PLEASE CONTACT GAIL
SO SHE CAN GET THE CITIZENSHIP APPLICATION TO YOU!**

**THE DEADLINE FOR ADULT APPLICATIONS IS SEPTEMBER 11,
26.**

**A VOTE WILL BE HELD NOVEMBER 14TH AT THE UPCOMING
AGM.**

Gail's Contact Information:

Gail.smith@wewaikai.com

250-914-1890

CAPE MUDGE BOOSTER PUMP UPGRADE

Temporary Water Pressure Reduction During Pump Station Upgrades

These upgrades are being undertaken to improve the reliability and performance of the water supply system.

Water service will remain available throughout the construction period; however, pressure may be lower than normal.

How You Can Help

To help maintain as much pressure in the system as possible, we kindly ask you to conserve water during this period by limiting non-essential water use such as:

- **Lawn watering**
- **Vehicle washing**
- **Other high-volume activities**

We appreciate your patience and cooperation while this important work is completed.





Cape Mudge Elders July 2026

Payton Berg 250-202-3222

If emergency support is needed while Payton is away please contact Michelle Davis at 250-202-0097

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1	2	3	4	5
		← PAYTON GONE →				
6	7	8	9	10	 WE WAI KAI Day 11:00 – 5:00	12
← PAYTON GONE →						Community Wellness Meeting/Lunch Quinsam Hall 10:00-1:00
13	14	15	16	17	18	19
Shopping/Appts 8:30-4:30	Walking Group 10:00-11:00 Shopping/Appts 8:30-4:30	Shopping/Appts LKT Elders Social Group 2:00-3:00	Shopping/Appts 8:30-4:30	Lunch & Bingo 12:00-3:00		
20	21	22	23	24	25	26
Shopping/Appts 8:30-4:30	Walking Group 10:00-11:00 LKT Community Lunch 12:00-1:00	Whale Watching Aboriginal Journeys Sign-up required 11:00am	Shopping/Appts 8:30-4:30	LKT HIV Awareness Lunch LKT Main Office 12:00		
27	28	29	30	31		
COSTCO WHOLESALE	Walking Group 10:00-11:00 Shopping/Appts 8:30-4:30	Island wide Lunch Songhees Victoria Times TBA	Shopping/Appts 8:30-4:30	Atlegay Luncheon Quinsam Hall 12:00		

Elders's Update

QUINSAM ELDERS							KATRINA 250-201-7732	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	NOTES CALL KATRINA TO SIGN UP FOR -COSTCO TRIP -WHALE WATCHING -WALKING GROUP -PIER FOR ICECREAM -VICTORIA ISLAND WIDE LUNCHEON -ANY SHOPPING OR APPOINTMENTS OR IF YOU HAVE ANY QUESTIONS	
			1 CANADA DAY CLOSED	2 KATRINA OFF	3 KATRINA OFF	4		
5	6 SHOPPING & APPOINTMENTS 8:30-4:30	7 SHOPPING & APPOINTMENTS 8:30-4:30	8 COSTCO 10AM CALL TO SIGN UP	9 BINGO BOARDROOM 11:30AM ZIP GAMES	10 PREP FOR WE WAI KAI COMMUNITY DAY	11 WE WAI KAI COMMUNITY DAY 11AM-5PM		
12 COMMUNITY MEETING QUINSAM HALL 9:30AM -1PM	13 KATRINA OFF IN LIEU COMMUNITY DAY	14 KATRINA OFF IN LIEU COMMUNITY MEETING	15 SHOPPING & APPOINTMENTS 8:30-4:30	16 SHOPPING & APPOINTMENTS 8:30-4:30	17 WALKING GROUP 10AM-12PM MEET QUINSAM HALL	18		
19	20 SHOPPING & APPOINTMENTS 8:30-4:30	21 SHOPPING & APPOINTMENTS 8:30-4:30	22 WHALE WATCHING 10:30AM CALL TO SIGN UP LIMITED SPACES	23 PIER FOR ICECREAM 1PM	24 CARING FOR YOUSELF BBQ LKT MAIN OFFICE 12PM-3PM	25		
26	27 LKT LUNCHEON 12PM-2PM Q HALL	28 SHOPPING & APPOINTMENTS 8:30-4:30	29 VICTORIA ISLAND WIDE LUNCHEON TIME TBD CALL TO SIGN UP	30 SHOPPING & APPOINTMENTS 8:30-4:30	31 ATLEGAY BBQ LUNCHEON QUINSAM HALL			

July 2026

CM YOUTH
MARGOT 250.202.6919
CALL OR TEXT TO SIGN UP

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Holiday No Group	2 Pool Opening 11-7 Group w/ Keltie	3 No Group	4
5	6 Snacks and games at the pool 1-3 Golf camp 4-6 Meet 3:30 Youth Room	7 11-4 Taco Tuesday Youth Room followed by Pool	8 11-4 Garden Harvest Pickelball	9 Healthy topics with Keltie 11-4	10 NO GROUP WWK DAYS SET UP	11 WWK DAYS 11-5
12 Community Wellness Meeting Quinsam 11-2	13 Cedar weaving Cr 1-3 Golf Camp 4-6	14 A-Tlegay Boat ride to Clam beds time tbd 3 spots	15 11-4 Paint/Pickelball Garden	16 Pool Party All Youth Hotdogs games 12-4	17 Movie night Teens 11+ Cr theater	18
19	20 Bears Lair camp meet youth room 8:30	21 Bears Lair camp meet youth room 8:30	22 Bears Lair Camp Meet youth room 8:30	23 Bears Lair Meet at youth room 4:00pm- 8pm	24 LKT Health BBQ 1-4 meet 10:30	25
26 	27 Water Balloons 1-3 Golf Camp 4-6	28 11-4 tie dye tshirts Dodge ball	29 Miracle Beach Mini Golf meet @ 9+ youth room 1pm	30 Pool Party BBQ 2:30-6:30	31 Walk the spit 1-4 meet at youth room	

NOTES Please Sign up for all
Excursions &
Golf camps Margot

Bears Lair: bearslairdreamcamps.com
Camps (We Wai Kai Nation Logo)
 for Online Registration



CAPE MUDGE TEENS/YOUTH

JULY / AUG

2026

TEXT OR CALL MARGOT TO SIGN UP

250-202-6919

July
Golf

GOLFING SKILLS- LESSONS

JULY 6,13,&27

4-5

MEET AT YOUTH ROOM 3:30

A-TLEGAY OUTING

TIME TO BE DETERMINED

July 14th
time TBD

July 13
1-3

CEDAR Bracelet WEAIVING

leave at 10:30 am youth room

July
17th

CR MOVIES NIGHT TEENS

11+ MOVIE & TIME TBD

Bears Lair Camp

Camp days 8:30-4:00(20-22)

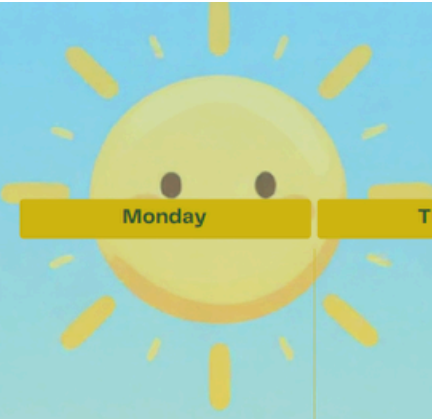
Dinner 4:00-8:30 (23)

July
20-23

AUGUST SAVE THE DATE:

AUG 10-12 VOLLEYBALL(CR)

AUG:17&18TH BAND CAMP (Qi)



JULY 2026

QUINSAM YOUTH & TEEN

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
		1 CANADA DAY CLOSED	2 SPORTS DAY ! 11:00AM-4:00PM 📍 SPORTS FEILD	3 TEEN GROUP ; SPORTSPLEX/ SKATEPARK/ FROLFING 12:30PM-3:30PM YOUTH GROUP CLOSED	4	5
6 CAPE MUDGE GOLF CAMP TIME : 2:00PM-6:00PM (9+) PLEASE SIGN UP!	7 MINUTE TO WIN IT GAME DAY! 11:00AM-4:00PM 📍 QUINSAM FEILD	8 WATER PARK 11:00AM-4:00PM PLEASE SIGN UP!	9 SPIT WALK & BEACH DAY 11:00AM-4:00PM PLEASE SIGN UP!	10 CLOSED FOR WE WAI KAI DAY PREP	11 WE WAI KAI COMMUNITY DAY!	12
13 CEDAR BRACELET WEAVING WITH AVIS 11:00AM-4:00PM	14 CLAM GARDEN RESTORATION WITH A-TLEGAY TIME TBD (8+) PLEASE SIGN UP!	15 MAKE YOUR OWN SUNDAE! FUN IN THE SUN 11:00AM-4:00PM 📍 QUINSAM HALL SIDE YARD	16 CAPE POOL DAY (7+) 11:00AM-4:00PM PLEASE SIGN UP!	17 TEEN GROUP ; BLACK CREEK MINI GOLF 12:30PM-3:30PM YOUTH GROUP CLOSED	18	19
20	21	22	23	24 LKT BBQ 11:00AM-4:00PM 📍 DOWNTOWN LOCATION PLEASE SIGN UP!	25	26
BEARS' LAIR DREAM CAMP						
YOUTH GROUP CLOSED TO SUPPORT EVENT						
27 CAPE MUDGE GOLF CAMP TIME: 2:00PM-6:00PM (9+) PLEASE SIGN UP!	28 WATER GUN TIEDYE **BRING SOMETHING WHITE** 11:00AM-4:00PM	29 WATER GAMES! 11:00AM-4:00PM • QUINSAM HALL	30 OBSTACLE COURSE 11:00AM-4:00PM 📍 QUINSAM HALL	31 PARK DAY! 11:00AM-4:00PM 📍 QUINSAM PARK	CONTACT (250)-202-6532 TO SIGN UP NOTE : LIMITED SEATS AVAILBLE FOR OFF RESERVE ACTIVITES!	

HOMEALONE

YOUTH COURSE

Saturday, July 25th 9am-3pm
Quinsam lkt health office
Ages 9-13



IS YOUR CHILD ALMOST READY TO STAY HOME ALONE ? THIS COURSE HELPS YOUR CHILD BECOME PREPARED AND CONFIDENT IN HOME AND PERSONAL SAFETY, HANDLING EMERGENCIES, AND DEALING WITH STRANGERS. SPOTS FILL FAST SO REGISTER EARLY TO SECURE YOUR CHILD'S SPOT!



to register call
Jocelyn Whyte
250-203-2701
Jocelyn.whyte@lkthealth.ca





SIGNING UP!

Growing Our Future, Together



Q'ALLAYUW HEAD START



Gattli

"Watching Over Our Children"

Join our caring,
culture-based programs
where little learners grow,
play, and belong
every day!



LITTLE FRY

Child Care Center

QWALLAYUW
HEAD START PROGRAM



Children aged
3 to 4 years



LITTLE FRY
CHILD CARE CENTER



Children aged 30 months to
school age (up to Grade 1)

ELIGIBILITY CRITERIA



PROGRAM ELIGIBILITY

- Little Fry Child Care Centre: Children aged 30 months to school age (up to Grade 1)
- Qwallayuw Head Start Program: Children aged 3 to 4 years



ANCESTRY REQUIREMENT

All children must
have First Nations,
Métis, or Inuit
ancestry.



PRIORITY PLACEMENT

(For Little Fry Program)

Priority will be given
to families where
parents/guardians
are working or
attending school.



OUR PROMISE

We provide a safe,
nurturing, and
culturally rich
environment where
children learn,
explore, and
celebrate who
they are.

SPACES ARE LIMITED – ENROLL TODAY!

Give your child a strong start, rooted in culture,
care, and community.

For more information or to register, please contact:



Noreen
crahs@lfls.ca



Maylene
ascd_daycare@lfls.ca



BC FERRIES

Calling We Wai Kai Nation Artists!

BC Ferries hopes to display Indigenous artwork on the Starboard and Port Side of their ferry, The Island Gwa'yam. We are looking for We Wai Kai Nation artists to participate and submit their pieces for consideration.

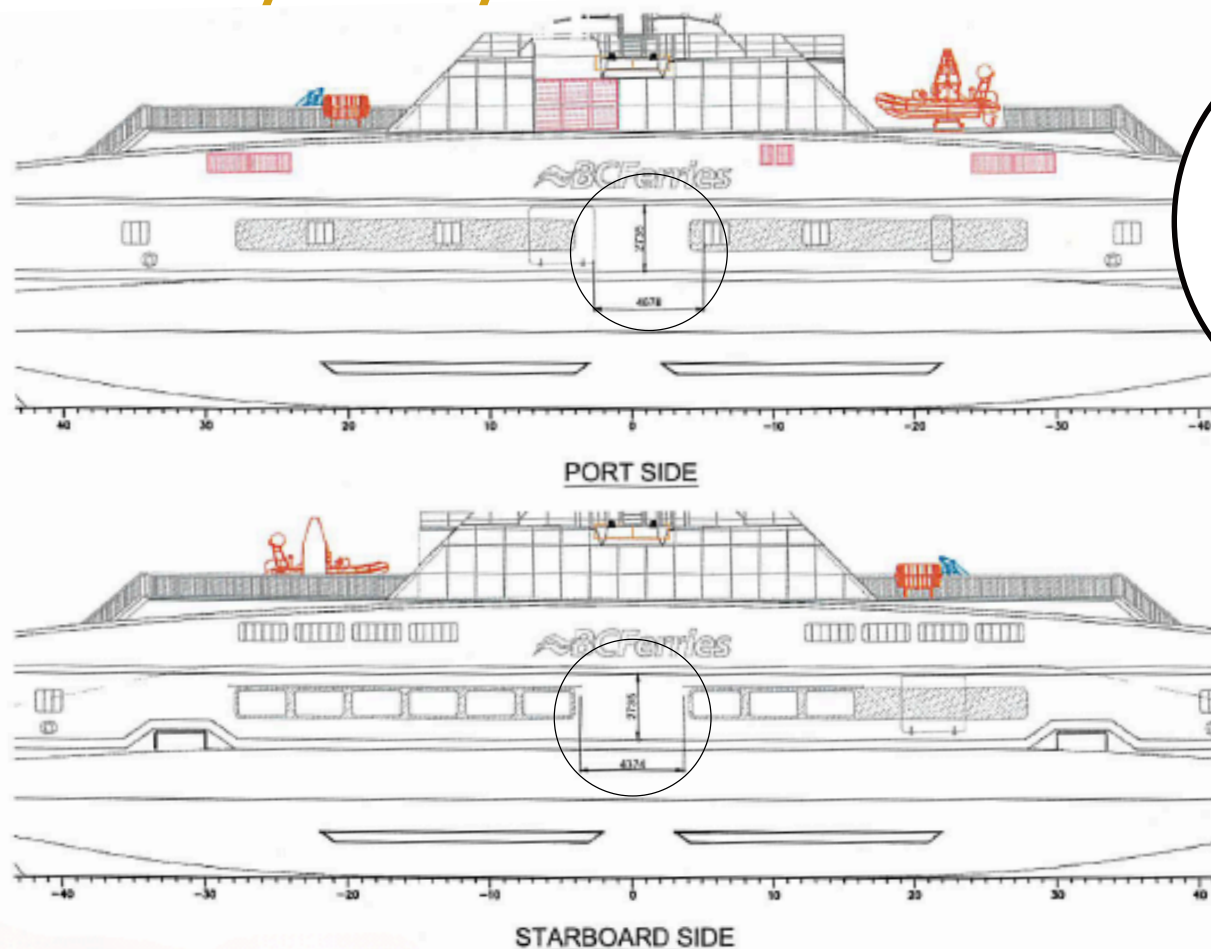
How to Submit

 Send your creation to: executivedirector@wewaikai.com

 Deadline: **July 17, 2026** by **2:00pm**

WHERE ART WOULD BE FEATURED

The Island Gwa'yam Ferry



ART AREA

Port: 15 ft

Starboard: 14 ft

Height: 9 ft



NVIATS

NORTH VANCOUVER ISLAND
ABORIGINAL TRAINING SOCIETY

DROP-IN DATES

EMPLOYMENT & TRAINING ASSISTANCE

JULY DATES:

TUESDAY, JULY 14

10:00 AM – 3:30 PM

TUESDAY, JULY 21

10:00 AM – 3:30 PM

TUESDAY, JULY 28

10:00 AM – 3:30 PM

LOCATION:

Community Centre
401-11th Avenue
Campbell River, BC

WE PROVIDE ASSISTANCE WITH:

Job Search & Applications | Resume & Cover Letters
Interview Preparation | Skills Training Information
Funding Options | Career Planning

**NO APPOINTMENT NECESSARY
DROP IN AND MEET WITH A TEAM MEMBER**

INDIGENOUS LEADERSHIP CERTIFICATE

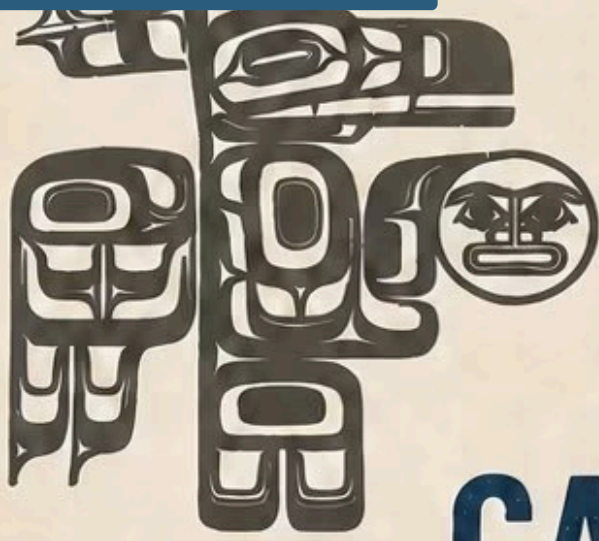
Learn the Past. Lead the Present.
Shape the Future.

Build practical knowledge in Indigenous history, governance, policy, leadership, community development, human resources and finance.

Delivery: Online, with in-person gatherings.

Runs: September 2026 to December 2027.

Schedule: Tuesday, Wednesday, and Thursday (6-9pm).



NORTH VANCOUVER ISLAND ABORIGINAL TRAINING SOCIETY

CALL FOR INTEREST CRISIS INTERVENTION TRAINING

TO BE DELIVERED IN
CAMPBELL RIVER, BC

SEPTEMBER 2026

THIS 4 WEEK PROGRAM COVERS:



**MENTAL HEALTH
AWARENESS**



**RECOGNIZING AND
RESPONDING TO
MENTAL DISTRESS**



**SUICIDE AWARENESS
AND RESPONSE**



AND MUCH MORE



**IF YOU ARE INTERESTED
CALL BARB AT
250-830-4171**



**LEAVE YOUR NAME,
TELEPHONE NUMBER
AND A TEAM MEMBER
WILL CONTACT YOU.**



Photo taken on the traditional lands of the Kwakiutl People.

Health Career Access Program

The Health Career Access Program (HCAP) helps people with little or no healthcare experience start a career in health care by training to become a health care assistant.

Through HCAP, you can get hired while you train, have your education paid for, and receive a weekly stipend while you learn.

HCAP Pre-Requisites

- Completion of Grade 10 including English 10 or equivalency Canadian
- Citizenship or permanent residency
- Completion of Criminal Record
- Check Record of vaccinations
- Transcript

Getting Started with HCAP

- Please review the contacts below and reach out to the appropriate person for assistance
- Get hired as an employee
- Complete paid training and post-secondary education
- Graduate and continue working in your role

Connect with us:

Please reach out to our Indigenous Employee Experience Advisor for support with your application if you identify as Indigenous at:

Ryan Van Haastert - ryan.vanhaastert@islandhealth.ca

Get in touch with a HCAP recruiter:

Candi Horne - candi.horne@islandhealth.ca



More information:

Scan the QR code or visit:

<https://careers.islandhealth.ca>





**IF YOU ARE A COMMUNITY
MEMBER & WANT THE
NEWSLETTER EMAILED TO
YOU, PLEASE CONTACT:**

Katie Green
Katie.Green@wewaikai.com