



WellBeing Retreats & Training

Painters Lodge, 1625 McDonald Rd Campbell River BC



October:

Womans Wellbeing Retreat

facilitated by Tammie Myles & team



November:

Mens Wellbeing Retreat with Shawn Decaire & Team

Hase' addictions & Trauma retreat with Avis O'brien & team



December:

Grief and Loss Retreat

facilitated by Shawn Decaire & team

Coordinated by Kwakwakawa'kw Family Trauma Healing
Program, through LKT Health

We have coordinated retreats for self-identifying First Nation
members to disconnect and focus on their healing journey with
experienced facilitators and a specialized team of supports.

Attendance is limited, please be kind to our team while
enquiring as there is a large demand and we are doing our best to
accommodate. Abuse will not be tolerated.

Meals and accommodation provided and travel costs are
reimbursed within the guideline policy.

Scan code to watch for updates and registration forms
contact: intake@lkthealth.ca (250)204-4454 during business hours

DO NOT CONTACT RESORT OR FACILITATORS FOR INFO

